

Inside View

For the next few months, members from the Leadership Team will use this column to share their thoughts and vision for Westminster Towers



Baker's By-Line

I hope each and every one of you is having a blessed day!

As you know we have a lovely campus to be proud of and Plant Operations works diligently to keep it clean, fresh, and operating smoothly.

Currently we are working hard to save energy which will ultimately be beneficial to you as well as Mother Nature by installing light-emitting diode (LED) bulbs that use a fraction of the electricity that the current bulbs use. You will see us changing them in common areas of the building as often as the budget permits.

Because LEDs have many advantages over incandescent light sources including lower energy consumption, longer lifetime, more resilient smaller size, and faster switching, you might consider changing the lighting in your apartment. Your small investment to convert to LED along with our efforts campus-wide would have a significant impact on our expenses.

LED's can be found at your local home improvement store and as time permits Plant Operations will be glad to assist you with this cost-saving project.

Other areas we are trying to monitor are the heating and air conditioning systems. The U.S. Department of Energy suggests that all thermostats be set at 78 ° cooling and 72° heating. One degree of cooling or heating can save hundreds of dollars. Your power bill is around \$30,000 a month. Is that a shocker or what?

Would you please consider adjusting your thermostat just one degree in your apartment? The financial impact would be significant.

Thanks for taking the time to read and share this information. Feel free to contact me if you have questions or comments @ ext. 5011.

And remember, "Where there is no vision the people perish."



Bobby Baker
Director of Plant
Operations

Spring Fling



Betty Rudd, 5th Floor



Ed McPoland, 6th Floor



**Dorothy and Robert Southwell,
5th Floor**



May Williams, 2nd Floor



Gloria Cody, 3rd Floor



Margaret Henson, 4th Floor



Fredricka, 5th Floor

The Spring Fling Fashion Show was a part of Spring Fling Week(s). A pie eating contest, a walk-a-thon, mascots and cheers filled Heritage Hall in March and April.

The friendly competition between floors had a dual purpose — besides discovering which floor had the most spirit and spunk, Towers residents donated 667 pounds of non-perishable food items for Pilgrims' Inn.

Pilgrims' Inn is a non-profit agency that provides short-term assistance for people in our community who have found themselves in a crisis situation.



**Pinky Funderburk, Ed and Pat FitzGerald, Robert and Dorothy Southwell,
Don Hunt**

Come See Me



Bus Driver, Bug (Odell) Hope



Senior Life/Activities Coordinator,
Jennifer Allen



Kathy Jones, Jason Basile, Odell Hope, Bette Christensen

Melanie Evans, Sherry Cook, Jennifer Allen

Allison Matthews, Wes Hayes, Bernice (Ruth Burgin), Bernie (Dawn Martineau), Amy Laughlin, Jim Bright



Bernice, WRHI Radio Host—Chuck Boozer, Bernie



Kathy St. Clair, John Harris, Louise Clark

3 Gloria Cody, Sara Rooks, Margaret Howe



Meet Your Neighbor



Bev and Dave Henriquez,
Apt. 226

One of the interesting things about living at the Towers is learning about new residents as they move in down the hall or around the corner. This time it is **Dave and Bev Henriquez**, who moved into Apt. 226. They proved that it takes all kinds because they moved south to

north—not the usual route for retirees.

They come to us from Miami. Although **Dave** and **Bev** both grew up in the Miami area, they didn't meet until they were teenagers. The meeting took place at a summer church youth group meeting and they seemed to know rather quickly that this was "special."

Dave was leaving for college at the University of Florida but **Bev** still had to finish high school. The relationship grew over the next four years and **Bev** joined **Dave** there for one year of college and they married immediately after he graduated.

Now it was off for 13 years in the Air Force, where **Dave** was commissioned as a pilot and flew large transport planes to supply bases all over the world. These were interesting years of moving and living in many places—stateside as well as the Philippines and Hawaii.

The **Henriquez's** are parents of three adopted children, two sons and a daughter.

Sons, **Brian** and **John** joined their family while they lived in Hawaii and daughter **Brenda** arrived when they lived in Virginia. These babies were one year apart in age and were all adopted as days old infants. Busy days for both parents.

When **Dave** was ready for discharge from the military, he started looking for a new career. As a pilot, **Dave** decided air traffic control suited his qualifications so he applied, was trained and assigned to the Miami Traffic Control Center which routed planes over a large area encompassing many airports—not just Miami. He retired from this Center after 19 years and now the fun begins.

These people are adventurers! They sold their home, bought an RV, purchased a permanent resident's lot and started their new life.

Traveling was a high priority! Just one of their trips was a six-month's jaunt across the northern U.S. into Canada and on to Alaska. This was a 20,000 mile trip which included a 150 mile stretch above the Arctic Circle where they visited an Eskimo village.

Now, when they aren't traveling much, they list their interests as watching sports, reading, wood working and crafts. You will also sense a deep commitment to their family and church. They are a delightful couple and you'll enjoy getting to know them.

Now a late breaking News Flash. **Bev** is the great-granddaughter of **Julia Sturdevant Tuttle**, an American businesswoman who was largely responsible for, and the original owner of, the land upon which Miami, Florida, was built. For this reason, **Tuttle** is called the "Mother of Miami." She is the only woman to found a major American city. This is an amazing story and *Windows* hopes to be featuring it in an upcoming issue. Watch for it!

~ Ginny Dunn ✍

In his hand are the depths of the earth, and the mountain peaks belong to him. The sea is his, for he made it, and his hands formed the dry land.
Psalm 95:4-5

Do you think you are having a bad day?

Fire authorities in California found a corpse in a burned-out section of forest while assessing the damage done by a forest fire. The deceased male was dressed in a full wet suit, complete with scuba tanks on his back, flippers, and a face mask.

A post-mortem test revealed that the man died not from burns, but from massive internal injuries. Dental records provided a positive identification. Investigators then set about to determine how a fully clothed diver ended up in the middle of a forest fire.

It was revealed that on the day of the fire, the man went diving off the coast, some 20 miles from the forest. The fire fighters, seeking to control the fire as quickly as possible, had called in a fleet of helicopters with very large dip buckets. Water was dipped from the ocean and emptied at the site of the forest fire.

You guessed it. One minute our diver was making like Flipper in the Pacific, the next minute he was doing the breast stroke in a fire dip bucket 300 feet in the air.

Some days it just doesn't pay to get out of bed—but keep reading...

Still think you're having a bad day?

A man was working on his motorcycle on the patio, his wife nearby in the kitchen. While racing the engine, the motorcycle accidentally slipped into gear. The man, still holding onto the handlebars, was dragged along as it burst through the glass patio doors.

His wife hearing the crash, ran in the room to find her husband cut and bleeding, the motorcycle, and the shattered patio door. She called for an ambulance and, because the house sat on a fairly large hill, went down the several flights of stairs to meet the paramedics and escort them to her husband.

While the attendants were loading her husband, the wife managed to right the motorcycle and push it outside. She also quickly blotted up the spilled petrol with some paper towels and tossed

them into the toilet.

After being treated and released, the man returned home, looked at the shattered patio door and the damage done to his motorcycle. He went into the bathroom and consoled himself with a cigarette, while attending to his business. About to stand, he flipped the cigarette butt between his legs.

The wife, who was in the kitchen, heard a loud explosion and her husband screaming. Finding him lying on the bathroom floor with his trousers blown away and burns on his buttocks, legs and groin, she once again phoned for an ambulance. The same paramedic crew was dispatched.

As the paramedics carried the man down the stairs to the ambulance they asked the wife how he had come to burn himself. She told them. They started laughing so hard, one slipped, the stretcher dumping the husband out. He fell down the remaining stairs, breaking his arm.

Still having a bad day?

The average cost of rehabilitating a seal after the Exxon Valdez oil spill in Alaska was \$80,000. At a special ceremony, two of the most expensively saved animals were being released back into the wild, amid cheers and applause from onlookers. A minute later, in full view of the crowd, a killer whale ate them both.

Still having a bad day?

Iraqi terrorist Khay Rahnajet didn't pay enough postage on a letter bomb. It came back with "Return to Sender" stamped on it. Forgetting it was the bomb, he opened it and was blown to bits.

Sometimes our days aren't so bad after all. Each day is a special gift from God—spend it wisely.

~ **Don Hunt**, President of the
Resident's Association



Don Hunt



Kristen Davis Rhyne

Ministry Partner

Kristen Davis Rhyne is the Executive Director of Westminster Ministries Foundation. She is a Certified Financial Planner and Qualified Kingdom Advisor. **Kristen** retired from Founders Federal Credit Union in 2014 before assuming her current position. Before becoming Executive Director of the Foundation, she served on the Foundation Board for four years. **Kristen** serves on the Board of Keystone Substance Abuse Services as well as ex-officio on the Boards of Westminster Catawba Christian School and Westminster Towers. Her prior working experience includes teaching in public and Christian schools as well as co-owning and managing of a NASCAR sports marketing business. **Kristen** has been a member of Westminster Presbyterian Church since 1978 and formerly served as the Administrator of Westminster Christian School (1986-1992). She has two grown children and five grandchildren. **Kristen** and her husband, **Bruce**, live in Sharon, S.C.

Kristen can be reached at the Westminster Foundation office in the Administration Building of Westminster Presbyterian Church. She serves as a valuable resource to any who seek counsel or have questions about financial planning, retirement planning, or estate design. There is no cost or obligation for the time she spends with you as you come to understand and carry out the plan for stewardship God has given you.

Phone: 803-366-8880

Email: krhyne@westminsterfoundation.com

Westminster Presbyterian Church

1320 India Hook Road, Rock Hill, SC 29732

Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal.

Matthew 6:19-20

Yes, you can choose your neighbors!
And choosing a new neighbor can be very rewarding.



Get details at the
Marketing Office.

Riverview @ The Towers

Urgent and Primary Care Clinic
Located in the Lower Level

HOURS

8—noon

Monday • Wednesday • Friday
803-328-WELL (9355)



Contributions

Capital Campaign

In honor of **May Williams**
Rachel Roberts

Endowment Fund

In loving memory of **'Becca Dalton**
Jean Barnes
Gene and Imogene Blackmon
Gloria Cody
Pix Drennan
Sig and Judy Huitt
Vernon Sumwalt
Forrest and Totty Wilkerson

In loving memory of **Nancy Smith**
Sig and Judy Huitt

In loving memory of Mildred Engleman's son, **Bill Engleman**
Joe Everett Bible Class
Don and Nancy O'Neal

In loving memory of **Bill Holley**
Anonymous

*Any gift to the
Endowment, Capital
Campaign or
Employee Assistance
Fund can be made in
honor or in memory
of a loved one or
neighbor.*

In Memory

'Becca Dalton
Mary Page Killian



May Williams celebrated her
105th birthday in April.

Her family hosted a grand party in
Heritage Hall.

Photo Courtesy of The Herald

*Thank
You*

Sharing the Love

A Volunteer Appreciation
Brunch was held in April to
celebrate Community and Resident
Volunteers who served countless
hours on our campus this past year.

Westminster Towers is blessed
because of folks like these who give
freely of their time and talent.

~ **Connie Byers**
Volunteer Coordinator



To trust God in the light is nothing,
But trust him in the dark ~

That is faith.

C.H. Spurgeon

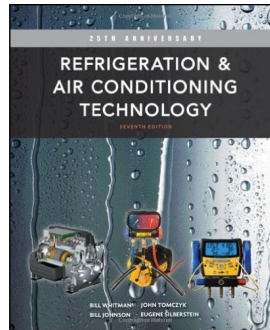
Whitman Writes for *Windows*

Bill Whitman, a co-author of a text book in it's 7th edition, has joined the *Windows* Newsletter Committee.



Bill Whitman, Apt. 425

While it's doubtful that he will be writing about the theory of heat or chilled water A/C systems, he will be looking for hot topics to write about in our *Windows*. If you have a story idea or a memory to share, contact Whitman or any other of the Committee members ~ it would be cool to hear from you!



Westminster Towers, an extension of the ministry of Westminster Presbyterian Church, was founded on the theological principles and values of the Presbyterian Church in America. Our mission is to provide services that inspire, encourage, and empower seniors, while demonstrating the love of Christ to support individual well-being.

Don't Miss Out!

Keep up with what's going on at the Towers. Tune into channel 99 for the latest and greatest information about special events, announcements, café specials and everyday reminders.

The channel will offer golden oldies and what's trending on the internet, inspiring words, riddles, music, the temperature and even a pun or two for good measure

It's mighty fine ~
When you watch 99!



Westminster Windows is published monthly for the residents, staff and friends of Westminster Towers continuing care retirement community.

Submissions and column ideas are welcomed in writing to the following members of the newsletter committee (submissions will not be returned, and they will be used according to space availability and content appropriateness).

Editor, **Bette Christensen**; Newsletter Committee — **Ginny Dunn**, *Chair*, **Louise Clark**, **Vernon Sumwalt**, **Bob Benson**, **Pinky Funderburk**, **Gaylon Syrett**, **Bill Whitman**; Residents' Association President, **Don Hunt**; Interim President and CEO, **Jim Bright**; Director of Life Enrichment, **Amy Laughlin**.