

Inside View

For the next few months, members from the Leadership Team will use this column to share their thoughts and vision for Westminster Towers

Keeping Up with Jones

As a Licensed Master Social Worker (LMSW), my journey began many years ago as a bachelor's level social worker. I worked for several years before having children but decided to stay home with them for a season.

Though I thought I would never reenter the work force again, to my surprise I began dreaming of working in social work once more. I knew that it would take getting my master's degree to open up doors of new opportunity so I chose to attend Winthrop University.

Little did I know then that the Social Work program at Winthrop was considered one of the best in the country. I gained so much knowledge and experience through my time at Winthrop and through my internships at Catawba Area Agency on Aging, The Advanced Illness Management Program through Carolina's Healthcare System, and Interim Healthcare and Hospice.

Each of these experiences gave me the tools I needed to work as the social work case manager and now the Manager of HomeBridge Community Services at Westminster Towers.

I get the privilege of working with clients and their families as they seek to find ways of aging in place. I knew through my education at Winthrop that I wanted to work with the older adult population yet grew to focus more on the caregiving relationship of family caregivers and the loved one they care for. As the Manager of HomeBridge, my goal is to support seniors as they seek to safely age in place while also providing family caregivers with the respite they need.

I am fulfilling my role as a social worker by walking alongside seniors as they are empowered to make choices to maintain independence.

I am thankful to Winthrop University for giving me the education and experience needed to fulfill my role at HomeBridge.



Michele Jones

HomeBridge Manager

Leadership Directory

Title	Name	Telephone
President/CEO	Jim Thomason	328-5123
CFO	Deb Pedersen	328-5120
Campus Administrator	Jason Basile	326-3114
Director of Health Services	Debbie Rose	326-3107
Director of Resident Services	Amy Laughlin	328-5014
Director of Plant Operations	Bobby Baker	328-5011
Director of Environmental Services	Cindy Ashworth	328-5010
Director of Dining Services	Diana Trout	328-5131
Towers Dining Manager/Chef	Alan Cohn	328-5119
Director of Life Enrichment/Wellness	Patrice Hinnant	328-5077
Director of Sales and Marketing	Allison Matthews	328-5587
Assisted Living Supervisor	Amanda Oakes	328-5121
HomeBridge Services Manager	Michele Jones	328-5148
Director of Human Resources	Kathy Jones	328-5124
Executive Support Manager	Bette Christensen	328-5125

They will help you carry the burden of the people so that you will not have to carry it alone. Numbers 11:17

FIFTY YEARS OF WINTHROP MEMORIES

By Louise Pettus



Louise Pettus

Apt. 414

I first came to the campus of Winthrop College, The South Carolina College for Women (its official title), in the fall of 1942 as a freshman. In those days Winthrop had an all-girl student body uniformed in navy blue and white (no stripes or polka dots allowed). Except for the “town girls” nearly all of the students were

undergraduates who lived in dorms.

Freshman lived in either Breazeale or Roddey, sometimes three to a room. Every dorm hall had its upperclassmen, called monitors, who were there to get us adjusted to college life, answer questions, interpret the rules, keep us quiet during compulsory study hours—that sort of thing. Some of you know my freshman year monitor in Breazeale: Helen Loftis, who later became a professor in the School of Home Economics. Believe me, with Helen, later Dr. Loftis, you “toed the line.”

Looking back, I’m not sure how to classify the daily regimen. It had some elements of the military and some of the monastic but, while it sounds restrictive, life on the Winthrop campus was not really harsh or unreasonable. After the first six weeks of homesickness I adjusted to the routine of classes (Monday until noon on Saturday), recreation (physical

education was required the first two years), starchy meals (I gained ten pounds the first year), quit worrying about room inspections, and spent my weekends studying and making new friends.

Each student was allowed to be away from the college on two weekends of the semester. The “short weekend” started after the last class on Saturday; the “long weekend” allowed one cut in each class. Otherwise, you had to be in the infirmary to cut a class. Parents could give or withhold permission for such things as card playing, smoking, visiting certain designated people in town or on weekends, etc.

Naturally, the more puritanical the rule, the

more fun it was to see if one could break it and get away with it, but most of us didn’t dare do much — the penalty for serious transgressions was to be “shipped.” In spite of the lack of freedom (in today’s terms) most of us accepted the rules and lived happily within the constraints.

The U.S. War Department and Winthrop made a contract to train air cadets on campus for five months for each group. The boys arrived in March 1943 and lived in Bancroft. They took classes in math, physics, history and English taught by Winthrop faculty. One group’s surnames all started with “M’s” and another with “D’s.” Years later I was in a shop in Underground Atlanta and the proprietor asked where I was from. I answered, “Rock Hill, S.C.” He said, “Oh, I was a student at Winthrop College,” It was Georgia’s ex-governor Lester Maddox who had been an air cadet at Winthrop — one of the “M’s.” The air

The U.S. War Department and Winthrop made a contract to train air cadets

...CONTINUED ~ FIFTY YEARS

cadets livened up social life on campus and several Winthrop students I knew married cadets after the war's end.

One of the most enduring memories of Winthrop old-timers is the dining hall with its sit-down family style meals at large tables with tablecloths that seated ten comfortably. After the blessing was sung by a student with a music scholarship, the food was passed by the senior who sat at the head of the table. Much of the food was grown on the college farm which is now the site of the Winthrop lake and the Winthrop Coliseum. Best of all were the huge circular slabs of ice cream made from milk produced by the college dairy. Try cutting it in ten equal portions!

When I returned to Winthrop as a faculty member in 1967 there had been many changes. Uniforms had been voted out in 1954, the same year seniors were allowed to have cars on campus. I was amazed to come back and note how casually students cut classes and that some went home every weekend. It was the Vietnam War era and, not only was social life in general

much more permissive, but there was grade inflation to contend with. I have been told that the first student to graduate with all A's was in the class of 1940. Now there might be a half dozen undergraduates with all A's at graduation time. I am still convinced we studied harder—but will concede that we had

few opportunities to do otherwise.

When the drive began in the early 1970s to become coeducational, I wasn't so sure it was a good idea. Like many of my generation I had treasured memories of how it had been and

was skeptical that coeducation was necessary for the survival of the college. But after having taught some of the fine young men who came, I soon changed my mind and was grateful that the "The South Carolina College for Women" was dropped from the college name.

Now, the name has been changed from Winthrop College to Winthrop University. I suppose in due time I will get used to the name change but pardon me if, for at least a little while longer, I just refer to my alma mater as "Winthrop."

**Much of the food
was grown on the
college farm.**

EXCERPTS FROM WINTHROP COLLEGE STUDENT HANDBOOK, 1943

Dress Regulations

Only navy and white may be worn on the campus. (No stripes, checks, prints, or polka dots.)

Only kerchiefs, collars, cuffs, belts, and socks are exceptions to the above rule.

Any kind of shoes may be worn.

Full uniform shall be worn to Sunday night vespers, to artist concerts, and on other formal occasions.

Pajamas, leotards, or shorts are not to be worn in the dining room, classrooms, or the post office.

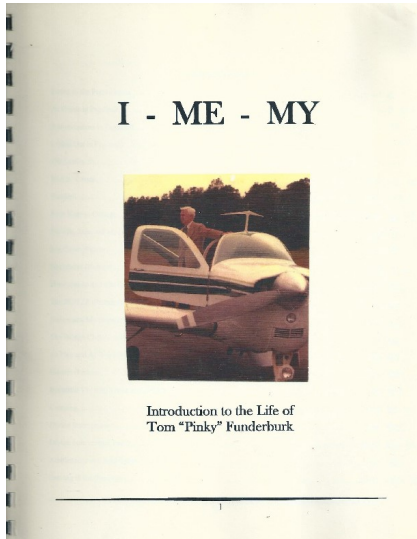
Black is considered out of uniform. Reversibles may be worn on the raincoat side only on rainy days.

Fur on coats is out of uniform.

Hose or socks must be worn at all times.

HISTORY IN THE MAKING

In 2007 **Lee Q. Miller**, an adjunct professor for the Department of Sociology and Anthropology at Winthrop University collaborated with (then) Life Enrichment Director, **Amy Laughlin** and Wellness Director, **Johnathan Kimball** to create a unique opportunity for Towers residents to work with Winthrop students to write their personal histories.



Ten residents took advantage of the project, three of which are still part of the Towers community: **Ernie Howard**, **Hugh Barnett** and **Tom "Pinky" Funderburk**. The Winthrop students received a semester credit for their effort and the Towers residents were able to create a special memoir.

~ **Pinky Funderburk**

Throughout the years, I have continued to add chapters to my book, "I-Me-My" as I recall events/stories of my youth for posterity. My book is available for purchase —\$500 for a single copy; \$499 per copy for 5 copies or more. Shipping and handling are free.

SINKHOLE UPDATE

The 'Sinkhole' Is No More

After weeks of locating and digging out all of the crushed drainage pipes between Westminster Presbyterian Church and the Towers the project is nearing its end.

The drainage pipes have been replaced, the manhole has been installed at the stop sign area and a guard rail on the service road is in place.

A third-party engineer will complete a 'proof roll' on the areas to be paved to determine if the soil is suitable before the paving begins.

Some of the street lights and the irrigation system were damaged during the project and will need to be reinstalled/replaced.

The entire project should be completed before Thanksgiving, pending good weather and no unforeseen issues.



Westminster Presbyterian Church and the Towers contracted with Matthews Construction Company to repair the growing sinkhole several weeks ago. And just like all home repair projects, this one turned out to be bigger, take longer and cost more than originally projected but Matthews Construction has done an excellent job on the project thus far.

~ **Bobby Baker**, Project Manager

An Atheist View on Life

I will live my life according to these beliefs
God does not exist
It is just foolish to think
That there is a God with a cosmic plan
That an all-powerful God brings redemption and healing to the
Pain and the suffering in the world
Is a comforting thought, however
It
Is only wishful thinking
People can do as they please without eternal consequences
The idea that
I am deserving of Hell
Because of sin
Is a lie meant to make me a slave to those in power
"The more you have, the happier you will be"
Our existence has no grand meaning or purpose
In a world with no God
There is freedom to be who I want to be
But with God
Everything is fine
It is ridiculous to think
I am lost and in need of saving.

A Christian's View on Life

(Read this from bottom to top)



Don Hunt

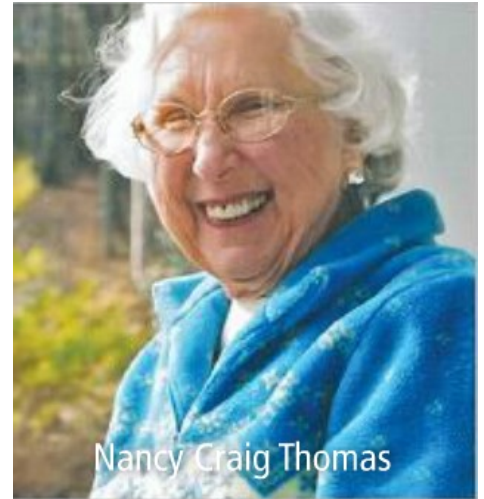
Please give some serious thought to the presidential election this month and pray for wisdom and guidance as you exercise your freedom to vote. The outcome is not to be taken lightly or disregarded totally. The above was shared with me and I thought it was worthy to pass along to you.

~ Don Hunt, Resident Association President

Get your Flu Shot!



Winthrop Legacy



Nancy Craig Thomas, class of '41 was recently honored with two scholarships — an annual restricted scholarship and an endowed scholarship — in her name.

Thomas graduated in '37 from the Winthrop Training School and earned a degree in early childhood education and history from then Winthrop College in '41. After years as a full-time kindergarten teacher in area churches, she served as head staff member for Macfeat Nursery for 25 years.

Her daughter, **Nancy Thomas Wofford**, class of 1967 established the two scholarships to honor her mother's long-time association with Winthrop, her love for teaching and love for her students.

~ used with permission from the

Fall 2016

Winthrop Magazine



Contributions

Endowment Fund

Hugh Barnett
Jim and Lynn Thomason

In loving memory of **Dora Gaston**
Billie Bell
Jeannette (Pix) Drennan
Lynn Hornsby
Sig and Judy Huitt
Dorothy Kerr
Marion Schaefer
Vernon Sumwalt
Jack and Dicksie Ward

In loving memory of **Walter Metcalf**
Jean Barnes
Timothy Dewalt
Charles and Kathy Entrekin
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Donald and Rosemary Halpin
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Stephen and Jeanne Krull
Marilyn Margolis
Linda Maturo
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Marion Schaefer
Linda Wines
Kenneth and Audrey Wyerman

In loving memory of **Sara Rooks**
Joanne Cauthen

In memory of **Lydia Smoak**
Elaine Collingwood

In loving memory of **Simms McDowell**, brother
to Francis Leitner
Jack and Dicksie Ward

Capital Campaign

John and June Eason
Kristen Davis-Rhyne
Sig and Judy Huitt
Jim and Lynn Thomason

In loving memory of **Jean McPoland**
Ed McPoland



*Any gift to the Endowment, Capital
Campaign or Employee Assistance
Fund can be made in honor or in
memory of a loved one or neighbor.*

Remember this: Whoever sows sparingly will
also reap sparingly, and whoever sows
generously will also reap generously. Each of
you should give what you have decided in your
heart to give, not reluctantly or under
compulsion, for God loves a cheerful giver.
~ 2 Corinthians 9:6

In Memory
Dora Gaston

Welcome to the Towers



Jean McMath

Apt. 327



Francis Workman

Apt. 202



Golda McKenny

Apt. 422

14th Annual Holiday Market Craft and Gift Sale

9 a.m. — noon
November 12
Heritage Hall

If you keep missing
activities galore
check channel 99
for all that ~
and more !!!!

This month we are celebrating the continuing connection between Westminster Towers and Winthrop University.

Many residents across our campus have taught or worked for the University; a larger percentage still are Winthrop alumni, with graduation dates from the 1940s through the 1970s. An even greater number are Winthrop supporters: as donors/benefactors, as members of the athletic booster group The Eagle Club, and as attendees of various sporting events, music recitals and theatre & dance performances. Many residents have children and grandchildren who have attended the university and the Winthrop tradition is embedded through several generations.

We also welcome students from Winthrop onto our campus: serving as interns in the Wellness and Social Services departments, giving their time as part of our Volunteer Ministry, entertaining us through music or craft opportunities and learning about history through one-on-one interviews with Towers residents.

During November we will attend both Winthrop Volleyball and Basketball Games and go to performances by the Winthrop Chorale/Chamber Singers and the Winthrop Chamber Orchestra.

On Friday, November 18, residents are invited to attend a special event in Heritage Hall when Winthrop President **Daniel Mahony** will recognize the special relationship between our organizations.

Westminster Windows is published monthly for the residents, staff and friends of Westminster Towers continuing care retirement community.

Submissions and column ideas are welcomed in writing to the following members of the newsletter committee (submissions will not be returned, and they will be used according to space availability and content appropriateness).

Editor, **Bette Christensen**; Newsletter Committee — Vacant, *Chair*, **Louise Clark**, **Vernon Sumwalt**, **Bob Benson**, **Pinky Funderburk**, **Gaylon Syrett**, **Bill Whitman**; Residents' Association President, **Don Hunt**; President and CEO, **Jim Thomason**; Director of Life Enrichment, **Patrice Hinnant**