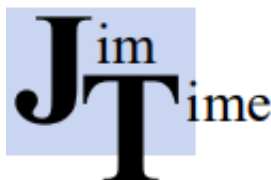


Inside View



Nancy Biggs Thomas-I Nancy Biggs Thomas-II Mother's Day 2018



They share the same name. They share the same love for one another. They share a tremendous bond with one another. One is attentive as a Mother, the other attentive as a Daughter. Both have a strong family heritage in York and Chester Counties, South Carolina. Both graduated from Winthrop University, albeit decades apart. Both come from a line of faithful Presbyterians. Both enjoy spending time together.

Daughter, Nancy ("Little Nancy"), has visited her Mother at the Towers since she moved here in December of 2005. She possesses an intense energy for her Mother's well-being, always wanting to make sure she has the best life can offer. She and her brother Goody provide constant oversight for their Mother's care, both lovingly and kindly advocating for their Mother, however, in manner of partnership. And, one cannot forget their deceased brother Craig: the Mother Nancy will always claim three children, even though Craig has gone to his Heavenly Home.

Saturday, May 12th was a wonderful day on the Westminster Towers campus. Daughter Nancy aligned with our Life Enrichment team to host an elegant Mother/Daughter Afternoon Tea. She brought all the china and served not only her Mother, but many other residents and guests. It was a day where our team shone in their passion for serving residents and families, but also Daughter Nancy shone at supporting her Mother in being part of our Westminster community. Mother Nancy majored in "Home Economics" at Winthrop. Her "touch" of entertainment and hospitality has obviously been passed on to her daughter.

It is such a joy for me to see an adult child face the realities of an aging parent in a way that allows our team to better understand the needs, desires and memories of that beloved individual.

Thank you, "Little Nancy," for how you love your Mother and how you support the Towers.



Jim Thomason
President and CEO

See More Photos from the Mother's Day Tea on Page 6



Meet Your Neighbors



Janet Yocum
Apt. 204



Mary Lou Shearin
Apt. 525



Jim Craig
Apt. 306



Charles Ives
Apt. 425



Ray Damron
Apt. 628



Marie Graham
Apt. 311



Davis Kirby
Apt. 202



Juanita Eising
Apt. 404



Barbara Gladden
Apt. 228

Westminster Towers' 29th Anniversary Celebration

June USA Tour

We're "traveling" the United States during the month of June with special events, food, and "Americana" fun!

29th Anniversary Campus-Wide Kickoff Event—Saturday June 2nd

"Down on the Farm"

Enjoy the petting zoo (10:00 am—noon), hear the country sounds of the Hudson Family Band (10:30 am—1:30 pm in Heritage Hall), and have some "chow" with us served between 11:00 am—2:00 pm in the dining room.

Family and Friends are welcome with lunch available for \$8.00 per person.

Mark your calendars for other important dates!

June 7—Hawaiian Luau

June 13—"Rat Pack" performance by George Demott

June 15—Westminster Towers "Vegas Review" featuring
Westminster Employees

June 20—California Balloon Volleyball

June 22—New Orleans Cuisine

June 26—South Carolina Boiled Peanuts, Coke, and Corn Hole

June 29—Parade Finale

***Check your calendar for
time, location, and other
special events for June!***

Towers 'Round Town



Author Kristy Woodson Harvey signing her book for Betty Worrell and Lib Anderson



Ed McPoland being presented the Quilt of Valor with Myra White



New Resident Reception 2018: Jim Craig, Betty Leach, Lynn Hornsby, Gaylon Syrett, Sylvia Holley, Davis Kirby



New Resident Reception 2018: Ann Geier, Barabara Gladden, Betty Walters, Betty Cunningham, RuthAnn Poore, Juanita Eising, Marie Graham



Come See Me Parade: Allison Matthews, Kevin Knight, Michael Rivera

The Towers

We Sing, we talk

We dance and play

For this is where

We've come to stay.

We feel like family,

One and all.

Blessed by God

To enjoy it all.

We meet new friends

But keep the old,

For one is silver,

The other is gold.

By Pix Drennan

Answers from Amy

Dear Amy—Can you please give us an update on the “Thank You Rhonda” Campaign?

I’m excited to inform you that we have raised \$6,567.34 for the Thank You Rhonda Campaign so far. Many of these were smaller contributions, and some from individuals who don’t even use Rhonda’s services but understand how important what she provides is for quality of life for so many of the Westminster Towers residents. Patrice and I have met with the architectural firm SFCS (the same firm who are working on the design for our Dining Room refurbishment) initially to share our ideas and then again for SFCS to bring back some pictures to help us decide on layout, color schemes, necessary equipment etc. While I am always cautious about giving timelines when fundraising

and construction are concerned, I am hopeful that the Beauty Salon will be able to be renovated in the Fall. There is still time to contribute if you have not done so! All donations are gratefully received and 100% will go towards equipment, décor and the refurbishment process. Please turn your checks into the Towers receptionist and mark “Thank You Rhonda” on the memo line.



Please feel free to visit our newly renovated courtyard!

For your convenience, there are cushions located in a storage bin on the left side of the ramp. Please return them to their home when you are ready to come back inside.

Thanks!

~Dawn Martineau, IL Activity Coordinator

Reminder!
Resident Association
Meeting
June 6, 2018
2:30 p.m.
Heritage Hall



Winthrop University Summer 2018 Intern

Hi everyone! My name is Jason Greene, and I will be volunteering this Summer within the Wellness and Life Enrichment programs. I am currently a student right around the corner at Winthrop University, heading into my Senior year. (Home stretch!) I have always had a passion for sports, fitness, and living well overall, so I am majoring in Exercise Science, with a minor in Health. A few things I really enjoy outside of class are basketball, golf, cooking, exploring, and seeing live music. My favorite quote or saying is that "there are no ordinary moments." That plays a huge part in how I try to act every day, and also why I am here with you at Westminster Towers! Every part of the day can be another chance to be kind or caring towards someone, which is why I'm very thankful for the opportunity to be with you all helping out wherever I can. This season has a lot in store for us, so let's make the most of it!

~ Jason Greene, BS Exercise Science Student



2018 Westminster Towers Health Center & Manor

Mother's Day Tea



Kate Duncan



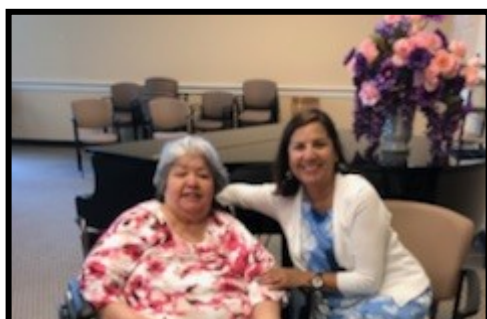
Linda Austin



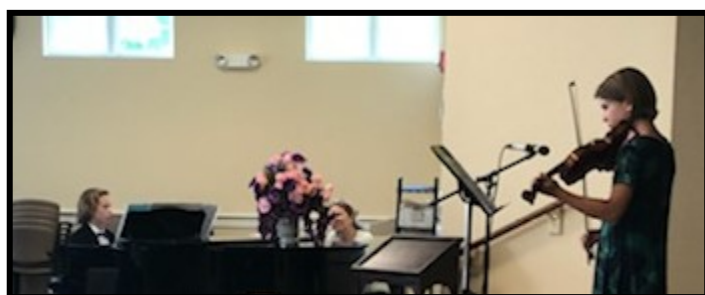
Betty Martin and Helen Benson



Residents with their families enjoying the performance in Heritage Hall



Connie Fuentes with daughter, Ruth Burgin



Holland and Lois Majors on piano and violin

Father's Day Menu

Sunday, June 17th, 2018

Vegetable Beef Soup

Salad Bar of Fresh Vegetables & Composed Salads

Choice of Entrée

Orange Glazed Cornish Hen
Steak & Shrimp with Hollandaise

Choice of Side Items

Baked Potato * Green Beans
Harvard Beets * Broccoli, Cauliflower & Carrots

Dinner Rolls & Corn Muffins

Assorted Desserts

Contributions

Beauty Campaign

In honor of **Rhonda Watkins**

Anonymous
Sigmon Huitt
Mr. & Mrs. Gene Blackmon
Barbara Gladden
Dwight Benson
Virginia Dunn
Winona Kennedy
Ed McPoland
Kathy St. Clair
Louise Whitfield
Jeanette Drennan
Pat Bramer
Ed FitzGerald
Vernon Sumwalt
Betty Mahan
Lois Dasher
Ed & Lana Harding
Marshall Doswell
Fay Reynolds
John & Virginia Kight
Dicksie Ward
Jim Thomason
Joanne Cauthen
Gloria Cody
Charlotte Metcalf
Sylvia Holley
Mr. & Mrs. Forrest Buice

Life Enrichment

Frank Kiser
Anonymous
Howard Sternlieb

Endowment Fund

Anonymous
Westminster Ministries
Foundation
Harriet Eckhardt
Howard Sternlieb

In memory of **Alma Benson**

Gloria Cody
Jeanette Drennan
Joanne Cauthen
Helen Bennett
Order of Eastern Star
LaReine Chapman
Jane Watkins
Dorothy Kerr
Dicksie Ward
Mr. & Mrs. Gene Blackmon
Ed FitzGerald
Charlotte Metcalf
Jean Barnes
Lynn Hornsby

In memory of **Thomas Goforth**

Jeanette Drennan

In memory of **Dr. Douglas Smith**

Jeanette Drennan

In memory of **Ruth Walmer**

Lynn Hornsby
Gloria Cody
Ernestine Howard

In memory of **Eloise Kimsey**

Vernon Sumwalt
Dorothy Kerr
Joanne Cauthen

In memory of **Pat FitzGerald**

Randi Odem

In memory of **Dorothy Hunter**

Dicksie Ward

In memory of **Betty Davidson**

Robert Breakfield

In memory of **Louise Gregory**

Dicksie Ward
Dorothy Kerr
Mr. & Mrs. Sig Huitt
Kristen Rhyne
Mr. & Mrs. Gene Blackmon

In memory of **Josephine Gorski**

Mr. & Mrs. Spencer
Anderson

Employees

Assisting

Employees

In memory of **Alma Benson**

Dwight Benson

Capital

Campaign

John Barnes

In Memory

**Ruth Walmer
Louise Gregory
Alma Benson
Lillian Moore
Eloise Kimsey
Margaret Howe
Helen Paxton
Tom Eubanks
Peter Eayre
May Williams**

*Any gift to the
Endowment, Capital
Campaign or Employee
Assistance Fund can be
made in honor or in
memory of a loved one
or neighbor.*

Beat the Summer Heat Stay Cool in the Pool!

New in June!
Water Walking and
Strength Class
Wednesdays at 11:00 am



Description: The program consists of warm up, joint range of motion for flexibility, water walking, strength and cool down. It includes exercises that improve the members' overall function and performance of daily tasks, mobility, gait, independence, flexibility, balance, and coordination.

WESTMINSTER TOWERS RESIDENTS' BILL OF RIGHTS

As a resident of Westminster Towers Independent Living campus, you have, or your legal guardian has, the right to:

- ⇒ Choose your own personal physician;
- ⇒ Have security in storing your personal possessions;
- ⇒ Be treated with respect and dignity;
- ⇒ Be free from mental or physical abuse;
- ⇒ Be free from working or performing services for the facility;
- ⇒ Have your legal guardian, family members, and other relatives see you when they visit;
- ⇒ Send and receive mail with freedom and privacy;
- ⇒ Associate and communicate privately with persons of your choice;
- ⇒ Meet with and participate in social, religious, and community group activities.

Remember to stay hydrated this summer!



Westminster Towers, an extension of the ministry of Westminster Presbyterian Church, was founded on the theological principles and values of the Presbyterian Church in America. Our mission is to provide services that inspire, encourage, and empower seniors, while demonstrating the love of Christ to support individual well-being.

Westminster Windows is published monthly for the residents, staff and friends of Westminster Towers Continuing Care Retirement Community.

Submissions and column ideas are welcomed in writing to the following members of the newsletter committee (submissions will not be returned, and they will be used according to space availability and content appropriateness).

Layout Editor, **Addison Harris**; Newsletter Committee — Members: **Vernon Sumwalt, Pinky Funderburk, Beverly Henriquez, Gaylon Syrett, Marshall Doswell**; Residents' Association President, **Frank Kiser**; President and CEO, **Jim Thomason**; Director of Life Enrichment, **Patrice Hinnant**