

Plan Your Happiness *& Enjoy the Ride!*



WESTMINSTER  
TOWERS

A Life Plan Community



## *What is a life plan community?*

The face of senior Americans has changed and retirement communities have transformed themselves to appeal these new needs. Since they were teens, the boomers have done things differently. Today, life does not stop after retirement. Today's baby boomers are reinventing themselves and continuing their active, healthy lifestyles.



## *A Vibrant Community*

Many find encore careers as part of this new life. Others look to innovative communities that meet their physical and social needs. It is no surprise they are revolutionizing retirement, and the senior living field. To meet the needs of this generation, senior living communities have transformed into vibrant communities offering:

- ✓ A range of residential options
- ✓ New opportunities for creative experiences
- ✓ Educational and personal exploration.

## *Senior Living*

Originally called a "Continuing Care Retirement Community", this name no longer describes the vibrant, forward-looking nature of the contemporary senior living community. Research has shown that, for years, the name "Continuing Care Retirement Community" has given people a misleading impression of what communities like Westminster Towers are.





## *Life Plan Communities*

Westminster Towers is proud to be part of a nationwide initiative to rename “Continuing Care Retirement Communities” as “Life Plan Communities”. This initiative is designed to help communicate the facts about Senior Living and how A Life Plan Community is different from other senior living options:

- ✓ Communities like Westminster Towers are about so much more than care.
- ✓ We are about living life to its fullest within a supportive community.
- ✓ Westminster Towers offers an active, rewarding lifestyle with the provision for potential, future care need.

## *Planning & Living*

People that move to communities like Westminster Towers tend to be planners, people who like to know they have made the decisions they need to make to ensure they have a solid plan in place for their future. As a Life Plan Community, we:

- ✓ Allow “planning” and “living” to merge.
- ✓ Provide a safety net of healthcare.
- ✓ Have honest and open conversations about what it means to be a member of this community.

## *Community Amenities*

We believe communities like Westminster Towers are ideal options for senior adults. We have large apartment homes with full kitchens and all the amenities found in new homes today – all without the additional cost of home maintenance. More importantly, we offer:

- ✓ Fitness and wellness programs
- ✓ Creative enrichment programs
- ✓ Fine dining
- ✓ Socializing opportunities

And of course, we still take care of all the repairs, housekeeping and yard work!





## *Designed Around You*

### **A Community of Friends**

When you join our family, you will enjoy casual comfort and at-your-service ambiance at one of the most respected senior living communities in the area.

Locally owned and operated, Westminster Towers was the first retirement community in South Carolina to earn national accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF) and we continue to uphold the standards of excellence that give us that distinction.

#### **HEALTH AND WELLNESS PROGRAMS**

While many people think about "wellness" in terms of diet and exercise, Westminster Towers Wellness Program views wellness as much more than physical health. By following the Seven Dimensions of Wellness, exercise programs and activities address the physical, emotional, intellectual, social, spiritual, environmental, and occupational need of its residents. With the full integration of all of these dimensions, our mission is to improve the quality of life for each resident and encourage successful aging campus-wide.

#### **ACTIVE LIFE ENRICHMENT**

It's your day – spend it the way you desire: relaxing at home, plunging into community programs, or exploring Rock Hill or nearby Charlotte. We want you to have a fulfilling choice of engaging things to do that touch every facet of life – body, mind and spirit.

#### **ELEGANT CASUAL DINING**

Enjoy the multitude of dining options at Westminster Towers. Residents can choose from



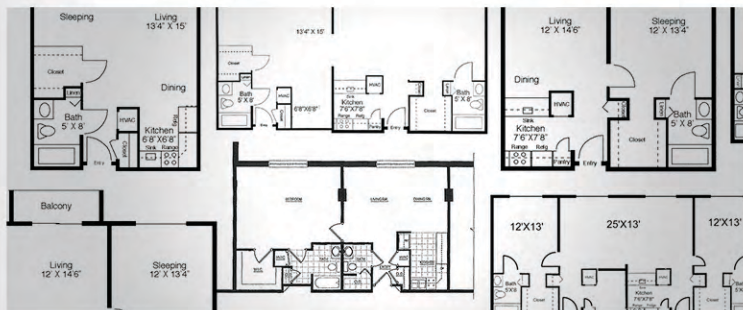
#### **HIGHER LEVELS OF CARE AVAILABLE**

In the future, should your needs change, assistance is available in our Assisted Living and Long Term Care. We also offer Medicare-Certified Short-Term Rehab in our Health and Rehabilitation Center, all under one roof.

#### **ENTRANCE FEE OPTIONS**

Residents can choose from a 75% refundable entrance fee plan or a non-refundable community fee. When moving to a retirement community like Westminster Towers, a portion of the entrance and monthly fees paid by Independent Living Residents may be deducted as medical expenses on your tax returns.





### SPACIOUS FLOOR PLANS

There are several floor plan options to choose from with updated finishes such as granite and stainless steel appliances with plenty of storage.



### ENGAGING LIFESTYLE

Enjoy our hobby studio, Billiard Room, or Movie Theater. Come see for yourself... too many to list!



### ENJOY OUR INDOOR POOL ROOM & SAUNA

Relax in our heated indoor pool or sauna. Take advantage of several wellness classes offered or take a swim with the grandchildren!





### INCLUDED SERVICES

- ✓ Bi-weekly housekeeping & weekly flat laundry
- ✓ Scheduled transportation
- ✓ 24-hour security
- ✓ Complimentary “breads & spreads”
- ✓ Complimentary continental breakfast on weekends
- ✓ One meal in dining room included daily, lunch or dinner
- ✓ Utilities including electricity, water, sewer, cable TV
- ✓ 15 annual health care days
- ✓ Personal trainer available
- ✓ Wellness and fitness programs
- ✓ Emergency response system

### COMMUNITY & RECREATIONAL AMENITIES

- ✓ Indoor, heated pool
- ✓ Fitness room with equipment designed for senior adults
- ✓ Life enrichment activities, programs and classes
- ✓ Overnight excursions
- ✓ Library
- ✓ Woodworking shop
- ✓ Movie theater
- ✓ Billiards and game room
- ✓ Salon
- ✓ On-site bank



# Cost Comparison

FEES / SERVICES	COSTS IN YOUR HOME	INDEPENDENT LIVING COSTS
Monthly Mortgage		✓ Included
Meal Plan		✓ Included
Utilities (Power, Gas, Sewer & Water)		✓ Included
Cable		✓ Included
Residential Insurance		✓ Included
Residential Taxes		✓ Included
Homeowner's / Neighborhood Fees		✓ Included
Security Services		✓ Included
Housekeeping Services		✓ Included
Laundry Services (Flat Linen)		✓ Included
On-Site Storage		✓ Included
Lawn Care		✓ Included
Home Maintenance		✓ Included
Major Appliance Repairs		✓ Included
Trash Removal		✓ Included
Transportation		✓ Included
Entertainment / Social Events		✓ Included
Fitness Club Membership & Dues		✓ Included
Personal Trainer		✓ Included
Emergency Response System		✓ Included
15 Complimentary Days in Health Center		✓ Included





## 2018 Fees

### 75% Refundable Plan

#### CHESTER\*

Studio, 1 Bath

Residency Fee: \$46,000

Monthly Fee: \$1,882

#### CLOVER

1 Bed, 1 Bath (limited time)

Entrance Fee: \$49,000

Monthly Fee: \$2,176

#### CATAWBA

1 Bed, 1 Bath w/ balcony

Residency Fee: \$66,000

Monthly Fee: \$2,532

#### YORK

1 Bed, 1 1/2 Bath

Residency Fee: \$98,000

Monthly Fee: \$2,976

#### LANCASTER

2 Bed, 2 Bath

Residency Fee: \$104,000

Monthly Fee: \$3,241

#### FLORENCE

1 Bed, 2 Bath

Residency Fee: \$110,000

Monthly Fee: \$3,509

#### FAIRFIELD

2 Bed, 2 Bath w/ office

Residency Fee: \$128,000

Monthly Fee: \$4,556

#### SECOND PERSON FEES

\*Not Available With Chester

Residency Fee: \$5,000

Monthly Fee: \$1,079

### Non-Refundable Plans

\*Some restrictions apply

#### CLOVER

1 Bed, 1 Bath

Community Fee: \$2,500

Monthly Fee: \$2,931

#### CATAWBA

1 Bed, 1 Bath w/ balcony

Community Fee: \$2,500

Monthly Fee: \$3,014

#### SECOND PERSON FEES

\*Some restrictions apply.

Monthly Fee: \$1,117

Westminster Towers Financial Arrangements are reviewed annually.



Call for Assisted Living & Long Term Care pricing: (803) 328-5000