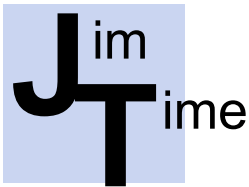




Inside View

CEO

Mr. Jim Thomason



Dear Friends,

Our Dining Room/Wellness project has been a long time coming and all our residents have been very patient in the process. I am grateful for the understanding of everyone. I have been here for two years and it takes time to understand the needs of an organization to determine the scope of a project such as the Capital Campaign. In addition, there is a tremendous amount of planning with architects, engineers, and contractors to assess and estimate costs. We are keeping the project focused on what brings our residents the best possible experience. Also, a number of our Board Members have taken an active role and interest in the project. Among them is our Board Chair, Marty Cope, who owned and operated his own commercial general contracting firm for 40 years. He has been kind enough to volunteer his time and expertise for this project!

Here is an update on the status of the project as it stands right now:

- We hope to have the project ready to start right after the holidays, pending all the required construction permits of government agencies.
- The Independent Living Dining Room during remodeling will be in Heritage Hall.
- Some upgrades in the kitchen will be done at the same time, so food will be prepared in our other licensed kitchen on campus.
- While the salon is being remodeled, we will have a temporary location to be determined. To everyone with weekly appointments, stay tuned and we will keep you updated. The new salon will be worth the temporary shut down!
- Some ask, "How long will all the above take?" There are currently too many variables to give a definitive answer, but a range would be somewhere between 10-14 weeks if everything goes according to plan.
- The Café will be closed during the remodeling, but Heritage Hall will be open for Café services.



Jim Thomason
CEO



Don't forget to make your reservations now the holiday season! Our guest suites, lounges and the Community Room quickly get booked up during November and December with your private family/church events. Also remember to make arrangements for guest meals in the Dining Room at least one week in advance of an upcoming holiday.

Please contact the following to make your reservations:

Guest Suites	Receptionist	5000
Lounges/Community Room	Dawn Martineau	5018
Guest Meals	Elaine Walker	5118

Emergency Form Update

It's that time of year again — time to update your medical emergency form for your refrigerator! ALL Independent Living residents must attend one of the drop-in times for your floor. Please bring with you: Medicare and supplementary insurance cards, medications or medication list, emergency contact person and phone numbers (preferably two different people). Should you need to go to the hospital or have an emergency, these forms are very important! If you have any questions, please contact Jennifer at 5211.

When: The month of October
(see dates below)

Where: Your Floor's Lounge

Time: Tuesdays 2pm-4pm and
Thursdays 10am-12pm

2nd Floor: October 2nd & 4th

3rd Floor: October 9th & 11th
(Movie Theatre)

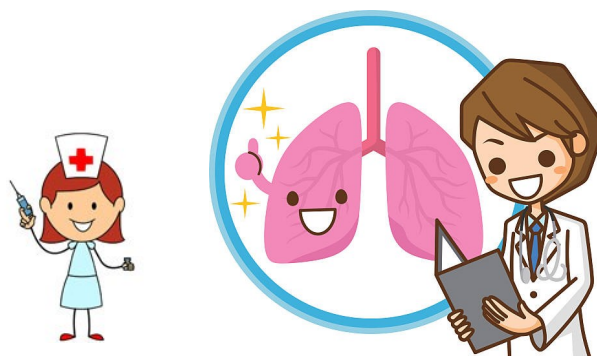
4th Floor: October 16th & 18th

5th Floor: October 23rd & 25th

6th Floor: October 30th & November 1st

October Recognition Dates

- American Pharmacists' Month
- National Medical Librarian's Month
- National Nursing Home Residents' Rights Month
- National Physical Therapy Month
- National Health Care Food Service Week: 1-7
- Bone and Joint Health National Awareness Week: 12-20
- Emergency Nurses Week: 14-20
- Medical Assistants Recognition Week: 15-19
- National Massage Therapy Week: 21-27
- National Respiratory Care Week: 21-27



Be ready... September 22, 2018 marked the first day of

FALL!



Welcome to the Towers!



Lynda
Thompson
Apt. 604

Riverview @ The Towers

Urgent and Primary Care Clinic
Located in the Lower Level

HOURS: 8—noon
Monday and Wednesday
803-328-WELL (9355)

Adopt-a-Resident

Westminster Towers' residents, staff, and volunteers are sponsoring *Adopt-A-Resident* this year. We will be giving each of our Manor residents and Health Center residents a Christmas gift. This is a wonderful chance to bless someone else this Christmas. Everyone can participate by donating monetary gifts no later than **Friday, November 16**. This will allow us time to purchase and wrap each gift.

All donations can be given to the Towers' receptionists. Checks should be written to **Westminster Towers**.

Please consider blessing our Manor and Health Center residents with a Christmas gift through Adopt-A-Resident. For more information, please contact Volunteer Coordinator, Debbie Dyches, at 803/328-5477 or ddyches@westminstertowers.org.



First
Citizens
Bank

Now OPEN!

Monday: 2:30 pm—4:00 pm
Tuesday: 9:00 am—11:00 am
Thursday: Ebenezer Branch
Depart from Westminster at 10:00 am

The
Westminster Towers Vegas Review
WAS FABULOUS!

Thank you to all who attended!

All proceeds made benefited the Life Enrichment Department!



August 3, 2018

Did You Hear?

Dear Ms Yocum:

Thank you for your recent letter. You were very kind to share your thoughts on the recent 282nd Army Band concert. I am continually impressed by their hard work and dedication while preparing for these important engagements. The band's performance is always phenomenal.

"Victory Starts Here!"

Sincerely,

Milford H. Beagle, Jr.
Brigadier General, U.S. Army
Commanding

Ms Janet J. Yocum
Westminster Towers
1330 India Hook Rd
Rock Hill, SC 29732



Recently, Westminster Towers had the pleasure of welcoming the Army's "The Doziers" woodwind quintet. One of our residents, Ms. Janet Yocum wrote to Brigadier General Milford Beagle Jr., thanking him and his troops for the wonderful show they put on. The Brigadier General was so kind as to write this letter back to Ms. Yocum! Thank you to all who attended and to Ms. Yocum for writing a heartfelt note to receive such a response!

Continued from Page 1

I am sure there are many other questions you may have now or will have in the future. As we get more information, we will answer them.

On another note, I want to share that we are very hopeful more Capital Campaign Gifts will be given as we come up on the construction start date of the project. Our cost will exceed our contributions to properly complete the project. All additional gifts will be used 100% towards the project, just as all previous gifts.

Rest assured we have an excellent Resident Committee that has been very helpful in looking at color selections, designs, chairs (ones that will be much more user friendly than current chairs), types of tables, and layouts. A resident perspective is extremely important to me as the CEO as well as the staff at the Towers.

It is such a joy to serve as your CEO! This is such a wonderful community of residents with a wonderful group of committed staff and community support!

~ Jim Thomason



Meet Your Neighbor



One of the newer residents at the Towers, Charles Ives, moved here to be near one of his daughters and her husband who live in Rock Hill.

Born just before Pearl Harbor in 1941 in De Funiak Springs, FL, near Pensacola, Charles is the oldest child in his family. He has two younger sisters. After living in several other cities, such as St. Augustine and Mobile, the family moved to Charlotte, where Charles graduated from Central High School in 1959.

He started his college career at North Carolina State University in Raleigh but later graduated from the University of North Carolina, Chapel Hill. In addition, he completed Naval Officer training and spent four years on active duty, prior to returning to reserve status

in 1969. When he retired from the Navy Reserves, he had 31 years of Naval service. At that time, he began a new career in sales with a Caterpillar dealer, working in Raleigh and Fayetteville, NC, before retiring in 2009.

Charles has three daughters and two sons. He also has the good fortune to have 12 grandchildren. Through the years, he has been especially interested in volunteering with Crusade for Christ and has helped with many One Hundred Holes in a Day golf marathons, raising thousands of dollars for the ministry.

In his past, he was a coin collector but has now passed that hobby over to one of his sons.



Charles Ives
Apt. 425

Written by: Gaylon Syrett



Frank Polito at the Veterans Charity Benefit Race in Belmont, NC



Charles Ives, Don Hunt, and Ann Geier enjoying the putting green



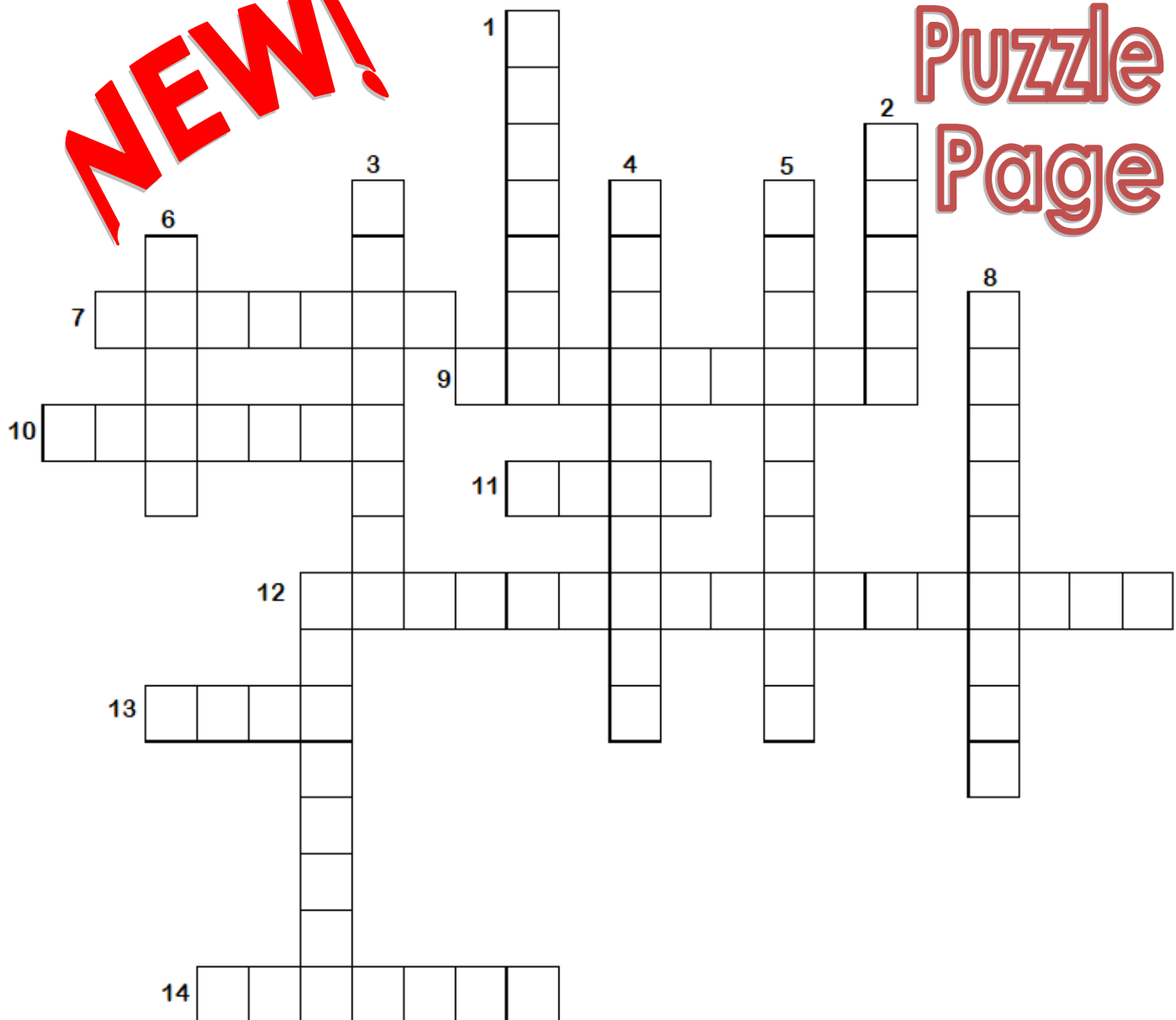
Dawn Martineau, Betty Walters, and Ruthann Poore enjoying "Coffee in the Courtyard"



Vicky Harris (HC Activities Coordinator) and Kate Duncan

NEW!

Puzzle Page



Across

- 7. Where you go to retrieve items sent via post
- 9. Firm adherence to a code of especially moral values
- 10. A large fire built in the open air
- 11. A creature mentioned in last month's issue
- 12. Address is 1330 India Hook Road (2 wds.)
- 13. The season that began September 22nd
- 14. High or special regard

Down

- 1. Commonly carved during an October holiday into various faces
- 2. Sweets given to children on an October holiday
- 3. Name of the September hurricane
- 4. The quality of being eminently good
- 5. To make rich or richer especially by the addition or increase of some desirable quality, attribute, or ingredient
- 6. Type of weather brought by the hurricane
- 8. October holiday
- 12. The quality or state of being in good health

Contributions

Beauty Campaign

In honor of **Rhonda Watkins**

Betty Worrell
Tom Funderburk

Endowment Fund

In memory of **Alma Benson**

Dwight Benson
Sarah Goforth

In honor of **Bridget Conway**

Sarah "Sally" Viault

In memory of **Pansy Kirkpatrick**

Joanne Cauthen
Dorothy Kerr
Dicksie Ward

In memory of **Jean McPoland**

Ed McPoland

In memory of **Charlotte Metcalf**

Mr. & Mrs. Donohoe
Mr. & Mrs. Charles Entrekin
Barbara Farnsworth
Mr. & Mrs. Joseph Giordano
Sarah Goforth

Mr. & Mrs. Donald Halpin
Evelyn Kimble
Mr. & Mrs. William Kober
Mr. & Mrs. Stephen Krull
Marilyn Margolis
Nancy L. Pelet
Kenneth Wyerman

In memory of **James "Jim" Peura**

Peura

Billie Bell
Dwight Benson
Joanne Cauthen
Sarah Goforth
Dorothy Kerr
Frank Kiser
Patti Merfa

In memory of **Rachel Roberts**

Roberts

Sarah Goforth
Frank Kiser
Dicksie Ward

In memory of **Larry Stroman**

Stroman

Dwight Benson
Joanne Cauthen
Dorothy Kerr
Frank Kiser
Mr. & Mrs. Wade Stowe
Dicksie Ward

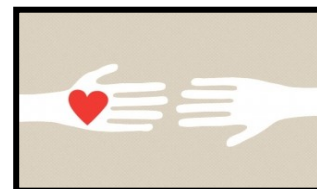
In memory of **Bill Whitman**

Joanne Cauthen
Dicksie Ward

In Memory

**Jim Peura
Frances Epps
Pansy Kirkpatrick
Larry Stroman**

***Any gift to the
Endowment, Capital
Campaign or Employee
Assistance Fund can
be made in honor or in
memory of a loved one
or neighbor.***



3		5			9	2		
9			3	2			4	
	6			5			3	
			1	9	8			
	7		6		5			3
					7	9	5	6
8	9		5			7		4
		1			6	3		2

Sudoku: How to Play

Sudoku is a logic-based, combinatorial number-placement puzzle. The objective is to fill a 9×9 grid with digits so that each column, each row, and each of the nine 3×3 sub-grids that compose the grid contains all of the digits from 1 to 9. The puzzle setter provides a partially completed grid, which for a well-posed puzzle has a single solution.

Enjoy!


Did You Know?

This month in 1940:

- The Pennsylvania Turnpike, a pioneer toll thruway, opened.
- The United States formed parachute troops.
- The United States Fair Labor Standards of 1938 came into effect, standardizing minimum wage and a 44 hour work week.
- October 9th: John Lennon, British musician, pop star, and member of the Beatles, was born in Liverpool, England.
- October 27th: John Gotti, mafia head of the Gambino family, was born in the Bronx, New York.

Special
Saturday

BREAKFAST



OCTOBER 13, 2018
8:30 AM — 9:30 AM

ASSORTED PASTRY DISPLAY
FRESH FRUIT & YOGURT BAR

ROASTED SALMON OVER GRITS WITH
HOLLANDAISE SAUCE

BREAKFAST BUFFET OF:
SCRAMBLED EGGS
BACON & SAUSAGE LINKS
GRITS
BISCUITS & GRAVY

ASSORTED JUICES, COFFEE AND MILK

Westminster Towers, an extension of the ministry of Westminster Presbyterian Church, was founded on the theological principles and values of the Presbyterian Church in America. Our mission is to provide services that inspire, encourage, and empower seniors, while demonstrating the love of Christ to support individual well-being.



Westminster Windows is published monthly for the residents, staff and friends of Westminster Towers continuing care retirement community.

Submissions and column ideas are welcomed in writing to the following members of the newsletter committee (submissions will not be returned, and they will be used according to space availability and content appropriateness).

Newsletter Committee — Editor: **Sandy Graham**; Members: **Vernon Sumwalt, Pinky Funderburk, Beverly Henriquez, Gaylon Syrett, Marshall Doswell, Barbara Gladden**; Residents' Association President: **Frank Kiser**; President and CEO: **Jim Thomason**; Director of Life Enrichment: **Patrice Hinnant**