



Margaret Houseman 5/7
 Lib Anderson 5/12
 Ginny Van Hove 5/12
 Anita Bennett 5/17
 Nancy Preston 5/18
 Louise Clinton 5/21

Patty Kissiah 5/24
 Nell Branning 5/25
 Gene Bigger 5/28
 David Morton 5/28
 Joann Twedt 5/28
 Ray Damron 5/29

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p># + L - #Floor Lounge. MT - Movie Theater CR - Community Room HH - Heritage Hall L - Lobby DR - Dining Room LL - Lower Level MDR - Manor Dining Room AC - Arts & Craft Room</p>						<p>1 Wear Your Name Tag Day 10:00 Exercise Class - HH 12:00 Bingo - HH 2:00 Corn Hole - CY</p>
<p>2 10:00 Muscle Stretch - HH 12:00 Stroll Around Westminster with Jason - Lobby 4:00 Vespers - HH</p>	<p>3 10:00 Healthy Bones and Strong Muscles - CH 99 12:30 Muscle Stretch - HH 2:00 Bingo - HH 3:00 Great Courses - CH 99 <i>the Wonders of the National Parks</i> 3:00 Cardio Fitness - CR 3:30 Movie - MT <i>The Mirror Has Two Faces</i> 4:00 TED Talk - CR</p>	<p>4  7:30 Publix 10:00 Balance in Motion - HH 10:15 Outing to Top Golf 11:00 Water Aerobics - P 11:00 Neurobics - HH 1:00 Movie - CH 100 <i>Star Wars: A New Hope</i> 2:00 Muscle Stretch - HH 3:00 Great Courses - CH 99 <i>the Wonders of the National Parks</i> 3:00 Table Games - HH 7:00 Hymn Sing - HH</p>	<p>5  9:00 Craft time with JLu - AR May Flowers 10:00 Healthy Bones and Strong Muscles - HH 11:00 Channel 99 Bingo 12:30 Balloon Volleyball - HH 1:00 Encore Movie CH 99 <i>The Mirror Has Two Faces</i> 1:30 Craft time with JLu - AR 2:00 Muscle Stretch - HH 2:20 Cinco de Mayo Celebration - CY 3:00 Great Courses - CH 99 <i>the Wonders of the National Parks</i> 3:00 Church Service - HH 4:00 Cardio Fitness - HH</p>	<p>6  10:00 Balance in Motion - HH 11:00 Neurobics - HH 1:00 Movie - CH 100 <i>Star Wars: The Empire Strikes Back</i> 2:00 Muscle Stretch - HH 3:00 Great Courses - CH 99 <i>the Wonders of the National Parks</i> 3:30 Movie - MT <i>Cry the Beloved Country</i> 4:00 Water Aerobics - P</p>	<p>7 7:30 Publix 9:45 H2H Zoom Call - CR 2nd Floor w/ 2nd Grade 10:00 Healthy Bones and Strong Muscles - HH 10:15 H2H Zoom Call - CR 3rd Floor w/1st Grade 2:00 Muscle Stretch - HH 2:30 Mother's Day Tea Party - CY 3:00 Great Courses - CH 99 <i>the Wonders of the National Parks</i> 3:00 Cardio Fitness - CR 3:30 Travelogue - MT <i>Must-See Places</i></p>	<p>8 10:00 Craft Time with JLu - AR May Flowers 11:00 Live Stream - CR Memorial Service for Lloyd Twedt 12:30 Bingo - HH</p>
<p>9  10:00 Craft Time with JLu - AR 12:30 Ride Around w/JLu 1:30 Ride Around w/JLu 4:00 Vespers - HH</p>	<p>10 10:00 Healthy Bones and Strong Muscles - CH 99 12:30 Muscle Stretch - HH 2:00 Bingo - HH 3:00 Great Courses - CH 99 <i>Liberty on Trial in America</i> 3:00 Cardio Fitness - CR 3:30 Movie - MT <i>Patch Adams</i> 4:00 TED Talk - CR</p>	<p>11 7:30 Publix 9:30 Coffee with Rhonda - CR 10:00 Balance in Motion - HH 11:00 Water Aerobics - P 11:00 Neurobics - HH 1:00 Encore Movie - CH 99 <i>Patch Adams</i> 2:00 Muscle Stretch - HH 3:00 Outing to Cambria Lounge 3:00 Great Courses - CH 99 <i>Liberty on Trial in America</i> 3:00 Table Games - HH 7:00 Hymn Sing - HH</p>	<p>12 10:00 Healthy Bones and Strong Muscles - HH 10:30 Wellness Outing to Landsford Canal 12:30 Balloon Volleyball - HH 1:00 TBD CH 99 1:30 Craft time with JLu - AR 2:00 Muscle Stretch - HH 3:00 Church Service - HH 3:00 Great Courses - CH 99 <i>Liberty on Trial in America</i> 4:00 Cardio Fitness - HH</p>	<p>13 7:30 Publix 10:00 Balance Class - HH 11:00 Neurobics - HH 1:00 TBD -CH 99 2:00 Muscle Stretch - HH 2:30 Sip & Sing - CY with Dave Foraker 3:00 Great Courses - CH 99 <i>Liberty on Trial in America</i> 3:30 Movie - MT (TBD) 4:00 Water Aerobics - Pool</p>	<p>14 9:45 H2H Zoom Call - CR 2nd Floor w/ 2nd Grade 10:00 Healthy Bones and Strong Muscles - HH 10:15 H2H Zoom Call - CR 3rd Floor w/1st Grade 2:00 Muscle Stretch - HH 3:00 Great Courses - CH 99 <i>Liberty on Trial in America</i> 3:00 Cardio Fitness - CR 3:30 Movie - MT (TBD)</p>	<p>15 10:00 Exercise Class - HH 12:00 Bingo - HH 2:00 Corn Hole - CY</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16 10:00 Muscle Stretch - HH 12:00 Putting Tournament - CY 3:00 Catholic Church - HH 4:00 Vespers - HH	17 10:00 Healthy Bones and Strong Muscles - CH 99 12:30 Muscle Stretch - HH 2:00 Bingo - HH 3:00 Great Courses - CH 99 Liberty on Trial in America 3:00 Cardio Fitness - CR 3:30 Movie - MT <i>Billy: The Early Years of Billy Graham</i> 4:00 TED Talk - CR	18 7:30 Publix 9:30 Coffee with Chef Rick - CR 10:00 Balance in Motion - HH 11:00 Water Aerobics - P 11:00 Neurobics - HH 1:00 TBD - CH 99 <i>Billy: The Early Years of Billy Graham</i> 2:00 Muscle Stretch - HH 3:00 Great Courses - CH 99 Liberty on Trial in America 3:00 Table Games - HH 7:00 Hymn Sing - HH	19 9:30 Outing to Riverbanks Zoo 10:00 Healthy Bones and Strong Muscles - HH 12:30 Balloon Volleyball - HH 1:00 TBD CH 99 2:00 Muscle Stretch - HH 3:00 Great Courses - CH 99 Liberty on Trial in America 3:00 Church Service - HH 4:00 Cardio Fitness - HH	20 10:00 Balance Class - HH 11:00 Neurobics - HH 1:00 TBD -CH 99 2:00 Muscle Stretch - HH 3:00 Great Courses - CH 99 Liberty on Trial in America 3:30 Movie - MT (TBD) 4:00 Water Aerobics - Pool	21 7:30 Publix 9:30 Donuts & Coffee - CR 9:45 H2H Zoom Call - CR 2nd Floor w/ 2nd Grade 10:00 Healthy Bones and Strong Muscles - HH 10:15 H2H Zoom Call - CR 3rd Floor w/1st Grade 2:00 Muscle Stretch - HH 3:00 Great Courses - CH 99 Liberty on Trial in America 3:00 Cardio Fitness - CR 3:30 Movie - MT (TBD)	22 12:30 Baseball Game At Winthrop University 6:30 Bingo - HH
23 2:00 Movie - MT <i>The Father</i> 4:00 Vespers - HH	24 Wear a Tiara Day!! 10:00 Healthy Bones and Strong Muscles - CH 99 12:30 Muscle Stretch - HH 2:00 Bingo - HH 3:00 Great Courses - CH 99 Liberty on Trial in America 3:00 Cardio Fitness - CR 3:30 Movie - MT <i>Honeyland</i> 4:00 TED Talk - CR	25 7:30 Publix 10:00 Balance Class - HH 11:00 Water Aerobics - P 11:30 Neurobics - HH 1:00 Movie - CH 99 <i>Honeyland</i> 2:00 Muscle Stretch - HH 2:30 Wellness Snack Social - L 3:00 Great Courses - CH 99 Liberty on Trial in America 3:00 Table Games - HH 7:00 Hymn Sing - HH	26 9:00 Craft time with Jlu - AR May Flowers 10:00 Healthy Bones and Strong Muscles - HH 11:00 Channel 99 Bingo 11:30 Lunch Outing to Napa 12:30 Balloon Volleyball - HH 1:00 TBD CH 99 2:00 Muscle Stretch - HH 3:00 Church Service - HH 4:00 Cardio Fitness - CR 4:30 Musical Performance - HH Scott Griffin	27 10:00 Balance Class - HH 11:00 Neurobics - HH 1:00 TBD -CH 99 2:00 Muscle Stretch - HH 3:00 Great Courses - CH 99 The Rise & Fall of the British Empire 3:30 Movie - MT (TBD) 4:00 Water Aerobics - Pool	28 7:30 Publix 10:00 Healthy Bones and Strong Muscles - HH 2:00 Muscle Stretch - HH 3:00 Great Courses - CH 99 The Rise & Fall of the British Empire 3:00 Cardio Fitness - CR 3:30 Movie - MT (TBD)	29 3:00 Musical Performance - HH Patrick Hudson 6:30 Bingo - HH
30 2:00 Movie - MT TBD 4:00 Vespers - HH	31 10:00 Healthy Bones and Strong Muscles - CH 99 12:30 Muscle Stretch - HH 2:00 Bingo - HH 3:00 Great Courses - CH 99 The Rise & Fall of the British Empire 3:00 Cardio Fitness - CR 3:30 Movie - MT <i>A Dogs Way Home</i> 4:00 TED Talk - CR 5:30 Diner outing to Flipside			<div style="border: 1px solid black; padding: 10px;"> <p>All activities on the calendar are subject to change.</p> <p>Check your weekly newsletter for additions, updates, changes and cancelations.</p> </div>		