



CONTINUING CARE RETIREMENT COMMUNITY

Vol. XXXVI No. 8 1330 India Hook Road, Rock Hill, South Carolina 29732 (803) 328-5000 November 2021

VETERANS DAY

HONORING ALL Who served



Looking back on....

Our Trunk or Treat was a smashing success. We had about 200 kids! The residents has a blast playing games with their



grandchildren and great-grandchildren as well as having a little fun themselves. Families from the nearby neighborhood came too! We had hotdogs and hamburgers provided by our Towers kitchen. We also had cotton candy and Kona ice.

After work, Staff left to get their kids and brought them back for some safe fun. Fun was had by all, despite the weather.















To the **right** is Chris (Towers Maintenance with his wife and two pups) enjoying the Trunk or treat.

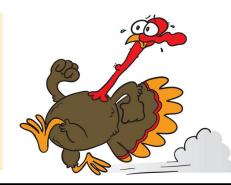
To the **left** is Jennifer (Health Center administrator) working a game in Heritage Hall.



November **Activities at the Towers**

Turkey Trot with Jason!! A quick run around the community chasing....Jason (the turkey).

November 22nd, @ 2:00pm



Operation Christmas Child

Westminster Towers will be accepting donations for Christmas boxes until November 13th 10-11:15am.

What can you put in the box?

- Do add soap, socks, toothbrush, hair brush
- Small toys, small puzzles, stuffed animals etc. •

Send

and

Don't • sharp candy.

Good News **Great Joy!**

put liquids, objects, or



Westminster Towers appreciates our Veterans

Spencer Anderson Army Security Agency 1957-1959	Gordon Reese Naval Aviation 1948-1952	David Henriquez Air Force 1955-1968
Raymond Damron	Dwight "Buzz" Benson	Virginia Dunn
Army 1951-1959	Air Force 1954-1984	Navy Waves 1944-1946
Derek Nichols Royal Navy 1946-1958	Tom "Pinky" Funderburk Air Force 1942-1946 and 1955 -1972	Harry Hazen Army 1952-1954
Bill Plyler	Wayne Major	Frank Kiser
Air Force 1956-1960	Army 1943-1945	Navy 1945-1946
George Jackson Marine Corps 1943-1945 1948-1952	David Lynn Morton Navy 1958-1964	Robert McSparin Coast Guard1955-1966 1967-1977
Robert Southwell	David Kirby	Irvin Eugene Blackmon
Army 1952-1956	Navy 1945	Navy 1945-1946
Richard Dick Sherbert	James Marshall Doswell Jr.	Johnnie Robinson
Army 1960-1967	Army 1942-1946	Army 1948-1975
Edmond McPoland Navy 1944-1946 Marines 1946-1967	Donald Hunt Navy 1951-1955	Bill Hipp Navy 1952-1956
Charles Ives	John Barney Blackwelder	Edmond Fitzgerald
Navy 1963-1994	Navy 1951-1955	Navy 1967-1987
Clayton Lewis	Hartwell Hilderbrand	Mary Gettys
Air Force 1957-1960	Air Force 1958-1962	Navy 1943-1946
Harold Kent Army 1942-1945	Betsy Sumner Army Cadet of Nursing 1942-1945	Pookie Williams Army reserves 1953-1963
Robert McSparin	George W. Jackson	Derek Nichols
Coast Guard 1955 - 1997	Marine 1943 - 1952	Royal Navy 1946-1958

The Very First Veteran's Day

On November 11, 1919, U.S. President Woodrow Wilson issued a message to his countrymen on the first Armistice Day, in which he expressed what he felt the day meant to Americans:

ADDRESS TO FELLOW-COUNTRYMEN

The White House, November 11, 1919.

"A year ago today, our enemies laid down their arms in accordance with an armistice which rendered them impotent to renew hostilities, and gave to the world an assured opportunity to reconstruct its shattered order and to work out in peace a new and more just set of international relations. The soldiers and people of the European Allies had fought and endured for more than four years to uphold

the

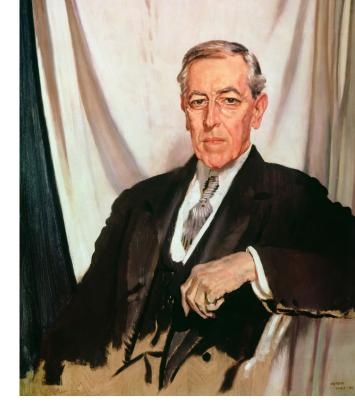
barrier of civilization against the aggressions of armed force. We ourselves had been in the conflict something more than a year and a half.

With splendid forgetfulness of mere personal concerns, we remodeled our industries, concentrated our financial resources, increased our agricultural output, and assembled a great army, so that at the last our power was a decisive factor in the victory. We were able to bring the vast resources, material and moral, of a great and free people to the assistance of our associates in Europe who had suffered and sacrificed without limit in the cause for which we fought.

Out of this victory, there arose new possibilities of political freedom and economic concert. The war showed us the strength of great nations acting together for high purposes, and the victory of arms foretells the enduring conquests which can be made in peace when nations act justly and in furtherance of the common interests of men.

To us in America the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service, and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of nations."

-WOODROW WILSON







A note from Jason, our Wellness Coordinator. • "We were happy to see another large crowd for this round of the Functional Fitness Exam. It is a great opportunity to discover our strengths and weaknesses, so if you did happen to miss these sessions and are curious, contact Jason at #5126 to schedule a meeting."

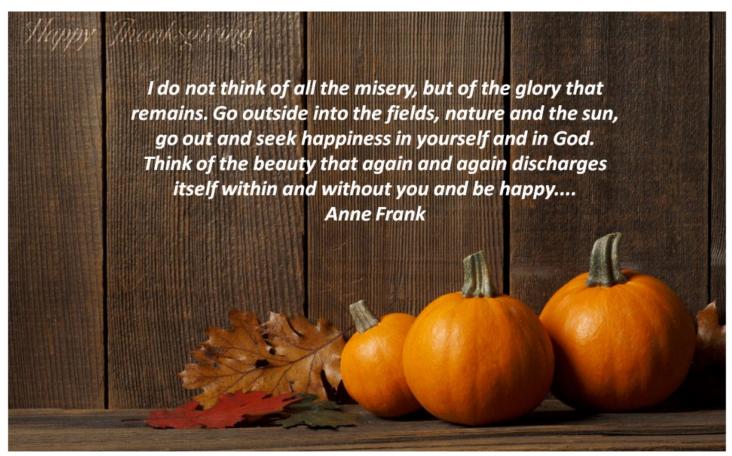
• Attendance is back on the rise in <u>all</u> exercise classes. Continue to spread word and encourage your new neighbors to join the crew.

• Let's also mention the newly added one, Tai Chi, performed by our one and only Life Enrichment Director, Sara. Tai Chi is offered every Friday at 11:00 in Heritage Hall.



• We should also mention that everyone can be on the lookout for more active outings each week! Mark, our Head of Transportation, has been very enthusiastic about

exploring new parks and other developments nearby.



Dear Residents, If you know me already, no need to read this!

Jim Thomason

I was asked to write an article about myself, yea, five years after being at the Towers. I thought "what" that is what you do when you are new or saying farewell but not when everyone sees you around the place most days ! Well, come to find out those who were around several years ago knew about me then but newer residents don't know me as well as older residents.

I grew up in Jackson Tennessee which is midway between Memphis and Nashville. My Great, Great, Great Grandparents on my Mother's side moved to Tennessee in 1795. My parents moved from Nashville to Jackson in 1951 and Daddy was a pharmacy salesman for Abbott Laboratories for many years. My Mother was a proud graduate of Baptist School of Nursing in Memphis Tennessee in the Army Cadet Program in 1947. Mother and Daddy had five children in seven years. I always competed to be the favorite, for some reason neither named me as such. I am very close to all by siblings and stay in close touch. I am deeply blessed and proud of my son Richard who is a Real Estate Valuation Manager at a bank and serves in the South Dakota Legislature House of Representatives. Raising a son in all stages of his life in a home where his parents deeply loved him was so meaningful. He comes to visit and I visit him as time and the pandemic allows. As we all know we never retire from being a parent.

My first really big aspiration was to be on the official School Safety Patrol in 6th Grade. I tried out and made. Thank goodness girls couldn't try out otherwise I would be doomed. I loved that job then and now. I got to school early and stayed late. Loved every minute of being on the Patrol.

After a deeply painful divorce of my parents Mother raised her five children by herself. Make no mistake, though Daddy wasn't around I loved him deeply and dearly and understand him so much better the older I am. I have so much admiration for him. My Mother was a firm foundation and anchor . I am deeply indebted to both for different reasons.

I graduated from Union University with a BA, Southern Baptist Theological Seminary with a M.Div, completed a 5 Unit Clinical Pastoral Education Residency at Geisinger Medical Center in Danville PA over two academic years and then obtained a MA from Webster University in Health Services Management. Pastoral Care, Business, Theology were my passions and still are today. Being a Chaplain in a large teaching hospital was life changing for me. My faith tradition and membership has always been Baptist.

I have been a pastor of small churches along the way in school and after seminary but for the last 38 years have worked and loved working with older adults in long term care ministry. I have learned so much in my life's vocation more from others than books. Books attempt knowledge, relationships bring depth. Meaningful faith, for me, is very relational on many levels living with more questions than answers but undergirded in trust that God sees us through the journey.

I am so very grateful for my life to date. Like all of us life is a journey with such a mixture of experiences that are joyful, sad, sorrowful, uplifting, disappointing. I believe in life we deal the cards that are dealt us, count our blessings not just our burdens and realize as the Apostle Paul says, "For we know that in all things God works for the good". Don't ask me how, I just know God does.

CEO of Westminster Towers



2020 Mary Mildred Sullivan Award Lynn Mann Hornsby '70

Each year, Winthrop recognizes an alumna for selfless dedication of time, energy and talent in service to others. The Mary Mildred Sullivan Award captures this high honor. The 2020 award recipient is Lynn Mann Hornsby '70, well known for her and her family's fundraising efforts for area agencies and organizations.

Hornsby and her late husband, Clarence, established Winthrop University's Hornsby Master of Liberal Arts Lecture Series for the purpose of providing a lectureship series at the university. The Hornsbys established the endowment during the university's first capital campaign, the Lasting Achievement Campaign, in 1999. They were spotlighted in the Fall 1999 edition of the Winthrop Magazine for their contributions. At that time, Winthrop president Anthony DiGiorgio said the gift reflects the importance the Hornsbys place on improving the quality of life in their community. Since the Hornsby Master of Liberal Arts Lecture Series was established, there have been five lecturers at Winthrop. Lecturers for the series are world-class speakers – published and award-winning authors and the like, who have shared their insights with Graduate School students in the Master of Liberal Arts program.

Hornsby attended college for two years in Arkansas Henderson State Teachers College, now Henderson State University. She worked for four years in Pine Bluff, AK, where both of her children were born. Hornsby and Clarence moved to Rock Hill in 1961 for Clarence's job with Bowater Paper Mill. After moving to Rock Hill, Hornsby began attending classes at Winthrop for fun because the campus was so inviting and then decided to pursue her degree. She earned her degree requirements as a non-traditional student at Winthrop over a six-year period. Hornsby graduated from Winthrop when she was 40 years old with a bachelor of arts in English in 1970. Clarence taught many years as an adjunct instructor in the College of Business Administration. He was the president and general manager of the Carolinas Division Bowater Paper Corp. (now New-Indy Containerboard). They have two children, Jane and John, and a daughter-in-law, Melanie '84, '89, a two-time Winthrop graduate in elementary education. In

1999, Hornsby, who is legally blind, was appointed by former Governor Jim Hodges to serve on the South Carolina Commission for the Blind; she served a subsequent term from 2002 to 2006. She has volunteered extensively with the Rock Hill Chapter of the National Federation of the Blind and the York County Chapter of the American Red Cross. The local Red Cross established the Lynn Hornsby Honor Society after her because of her dedication to the agency. Additionally, Hornsby has been a consecutive donor to Winthrop since 1988 and is also actively involved with Friends of Dacus Library, a group which supports Winthrop's library.



THE PRIVILEGE OF PRAYER By Lou Ardrey

It's good to see the wooden prayer box in the lobby being used. I hope that more of you will feel free to submit a request by taking a card, writing your prayer request on it and placing it in the box. It is checked every day and the prayer requests are taken out. We have seen many answers but some of the requests are still being lifted up to the throne of Grace. If you receive an answer to your request, please let me know personally or by writing it on one of the cards so we can thank the Lord for His answer.

"Don't worry about anything; instead, pray about everything; tell God your needs and don't forget to thank Him for His answers." (Philippians 4: 6 The Living New Testament)



THANKS TO GOD by August Ludwig Storm (Translated by Carl E. Backstrom)

Thanks to God for my Redeemer, Thanks for all Thou dost provide. Thanks for times now but a memory, Thanks for Jesus by my side. Thanks for pleasant, balmy springtime, Thanks for dark and dreary fall. Thanks for tears by now forgotten, Thanks for peace within my soul!

Thanks for prayers that Thou hast answered Thanks for what Thou dost deny. Thanks for storms that I have weathered. Thanks for all Thou dost supply.

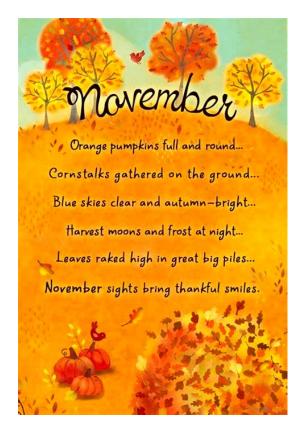
Thanks for pain and thanks for pleasure, Thanks for comfort in despair. Thanks for grace that none can measure, Thanks for love beyond compare!

Thanks for roses by the wayside, Thanks for thorns their stems contain. Thanks for home and thanks for fireside, Thanks for hope, that sweet refrain. Thanks for joy and thanks for sorrow, Thanks for heavenly peace with Thee. Thanks for hope in the tomorrow, Thanks thru all eternity! I have occasionally wondered about the phrase "dark and dreary fall" when I have sung this song, as I have never considered fall to be like that. Rather, I have delighted in seeing flaming trees decked out in reds, oranges, and golds in the season that I like best. Certainly NOT dark and dreary in my experience! However, I have just recently realized that the author of this hymn lived in Sweden – a country that is in the far north where darkness descends early in the fall and winter months. It is also like that in Minnesota where we once lived. After daylight savings ended, it would be dark both when we went to work in the morning and when we came home in the afternoon.

Apart from the *dark and dreary* statement, I have appreciated the lines of this song. Through the way he expressed himself, it is very apparent that the writer had walked with the Lord for many years and had experienced his share of both blessings and challenges to his faith. I think he had come to say along with the apostle Paul, "I have learned in whatever state I am to be content." But it seems that he had gone beyond merely being content. He had also learned to "give thanks in all circumstances."

November is the month that our nation has set aside to be thankful for the blessings we have – and rightfully so. However, to have the same attitude throughout the other months is both appropriate and a challenge. It is so easy to see the dark side of things! But life in this world is but a "blip' on the screen of eternity. So, let's join August Ludwig Storm and give thanks for hope in the tomorrow and for all eternity - which is a very, very long time!

Submitted by: Nancy Anderson



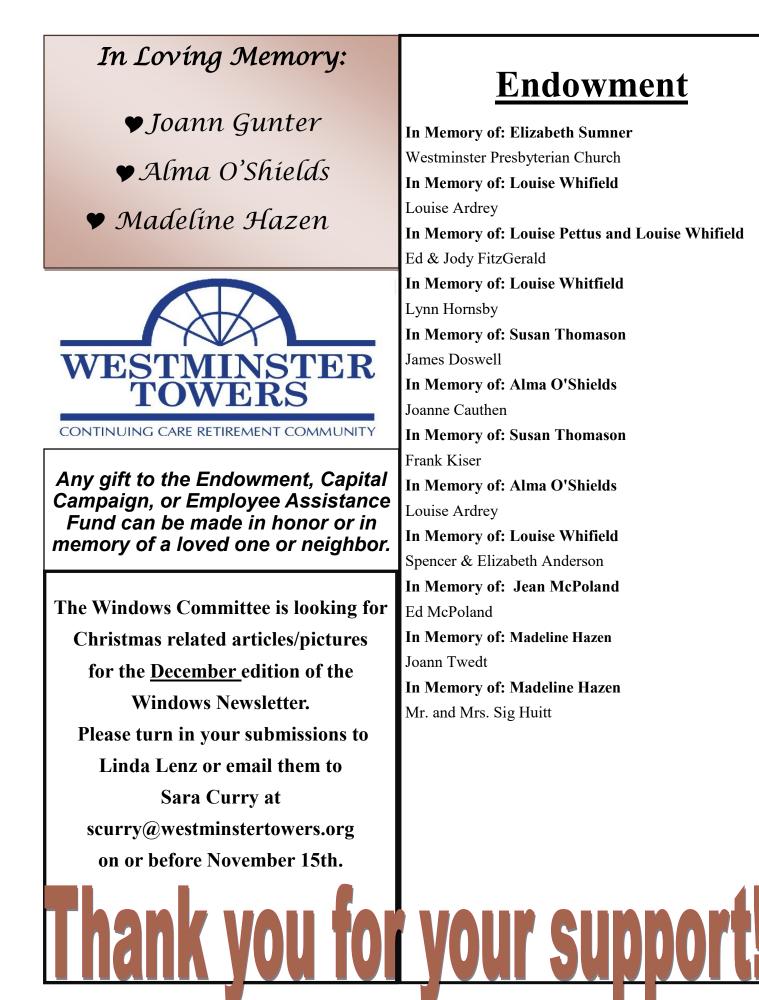


Should you get renter's insurance?

Yes, renters' insurance, often called tenants' insurance, is an insurance policy that provides some of the benefits of homeowners' insurance, but does not include coverage for the dwelling, or structure, with the exception of small alterations that a tenant makes to the structure. It provides liability insurance and the tenant's personal property is covered against named perils such as fire, theft, and vandalism. It also pays expenses when the dwelling becomes uninhabitable. Due to renters' insurance existing mainly to protect against losses to the tenant's personal property and provide them with liability coverage but not to insure the actual dwelling, it is significantly less expensive than a homeowners' policy. The owner of the building is responsible for insuring the dwelling itself but bears no responsibility for the tenant's belongings.

-Call your local insurance provider to ask about details.





Ask Mark:

How can I go to the nail salon or hair appointments when I don't drive?

Let the front desk know you want a special trip to the nail salon or wherever you want to go. If you make an appointment with Mark to go on a special trip, i.e. in Rock Hill City limits, he will drop you off at any store, nail salon or hair salon. He will need to drop you off then you will call for a pick up when he is available.

What if I don't have a phone to call Mark when I'm at the store?

You will then set up a time with Mark to drop off and pick up. These trips will be set around the activity outing schedule Monday, Tuesday, and Thursday.

