

April 2024 Calendar

Independent Living - Life Enrichment & Wellness



April Birthdays

Doris Gardner 4/7
 Carole Barber 4/11
 Harry Hazen 4/13
 Gale Hipp 4/14
 Nancy Bright 4/16
 Carmen Hoover 4/17
 Carolyn Hallman 4/19

Janet Small 4/19
 Joy Taylor 4/19
 Esther Smith 4/24
 Bill Davison 4/26
 Victor Dillingham 4/26
 Nancy Anderson 4/28



This Month we Celebrate **Turkiye**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
# + L - #Floor Lounge. AS- Art Studio in the Lower Level CB - Coffee Bar in the Dining Room CH 99 - Channel 99 CR - Community Room CW - Campus Wide Event CY - Courtyard DR - Dining Room GR - Garden Room in the Health Center HH - Heritage Hall L - Lobby LL - Lower Level MDR - Manor Dining Room MT - Movie Theater WS - Woodshop in the Lower Level	1 9:00 Treasure Hunt Begins - L 9:30 Healthy Upper Body - HH 12:15 Cardio Drumming Demo - HH 1:30 Full Body Stretch - HH 2:30 Aqua Move and Groove - P 3:00 Newport Walmart 6:00 Movie Night - MT <i>National Tomfoolery Day</i>	2 9:00-2:00 Blood Drive - HH 9:30 Healthy Lower Body - CR 11:00 Brain Games - L 1:30 Balance and Core - CR 3:00 Bingo - HH 3:45 YCL Bookmobile - L 6:30 Hymn Sing - HH	3 9:00 Publix & Food Lion 9:30 Healthy Upper Body - HH 10:15 Bible Study - HH 11:30 Lunch at Famous Toastery 1:30 Full Body Stretch - HH 3:00 Church Service - HH 6:00 Card Games - CR	4 9:30 Healthy Lower Body - HH 11:00 Neurobics - MT 1:30 Balance & Core - HH 1:30 Harris Teeter 3:00 Balloon Volleyball - HH 4:00 TED Talk - CR 6:00 Dominoes - CR	5 10:00 Men's Devotional - CR 9:30 Seated Tai Chi - CH 99 10:00 Water walking - P 2:00 Women of the Bible - CR 3:00 Corn Hole - HH 3:00 Popdarts - HH 6:00 Stroll w/ a neighbor	6 10:30 Choir Practice - HH 1:30 Rummy - CR 2:00 Staurday Matinee - MT 2:00 Rummikub - CR 4:00 Logic Puzzle - L 6:30 Bingo - HH
	7 9:00 WPC service on CH98 - CR 2:00 Board Games - CR 2:00 Movie Matinee - MT 4:00 Vespers - HH 6:00 Friendly Game of Pool - BR	8 9:30 Healthy Upper Body - HH 1:30 Full Body Stretch - HH 2:00 Activity Comm. Meeting - 4L 2:30 Aqua Move and Groove - P 3:30 CVS/Walgreens/Dollar Tree 6:00 Movie Night - MT 6:00 Bill Calisanti - HH	9 9:30 Healthy Lower Body - HH 10:15 Bible Study - HH 11:00 Brain Games - :L 1:30 Balance and Core - HH 2:00 Cupcake Social - CB 3:00 Bingo - HH	10 9:00 Publix & Food Lion 9:30 Healthy Upper Body - HH 11:30 Lunch at Red Bowl 1:30 Full Body Stretch - HH 2:00 Coke and Peanut Social - CR 3:00 Church Service - HH 6:00 Card Games - CR 6:30 Hymn Sing - HH	11 9:30 Healthy Lower Body - HH 11:00 Neurobics - MT 1:30 Balance & Core - HH 1:30 Harris Teeter 4:00 TED Talk - CR 6:00 Dominoes - CR	12 10:00 Men's Devotional - CR 9:30 Seated Tai Chi - CH 99 10:00 Water walking - P 12:00 Trip to Movie Theater 2:00 Grilled Cheese Sandwiches - CB 3:00 Corn Hole - HH 6:00 Stroll w/a Neighbor 6:30 Bingo - HH Articles & Pictures are due for Windows <i>National Grilled Cheese Day</i>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
14 9:00 WPC service on CH98 - CR 1:30 OAPC Communion - CR 2:00 Movie Matinee - MT 3:00 St. Anne's Communion - HH 4:00 Vespers - HH 6:00 Board Game - CR 6:00 Friendly Game of Pool - BR	15 9:30 Healthy Upper Body - HH 1:30 Full Body Stretch - HH 2:00 Newsletter Committee - 2L 2:30 Aqua Move and Groove - P 3:00 Newport Walmart 3:00 Sweet & Salty Taste of Turkiye - CB 6:00 Movie Night - MT <i>Titanic Remembrance Day</i>	16 9:30 Healthy Lower Body - HH 10:15 Bible Study - HH 11:00 Brain Games - L 1:30 Balance and Core - HH 3:00 Bingo - HH 3:45 YCL Bookmobile - L 6:30 Hymn Sing - HH 6:45 Winthrop Chorale Concert	17 9:00 Publix & Food Lion 9:30 Healthy Upper Body - HH 11:30 Lunch @ Z Bakery Fort Mill 1:30 Full Body Stretch - HH 3:00 Church Service - HH 4:00 Scott Griffin - HH 6:00 Card Games - CR	18 9:30 Healthy Lower Body - HH 11:00 Neurobics - MT 1:30 Harris Teeter 1:30 Blalance & Core - HH 3:30 Traditional Turkish Dance Workshop - HH 6:00 Dominoes - CR	19 10:00 Men's Devotional - CR 9:30 Donuts - CB 9:30 Seated Tai Chi - CH 99 10:00 Water walking - P 2:00 National Turkish Drink - CR 2:30 Winthrop Piano Program - HH The Students of Dr. Manwarren 5:30 Ride Around with Will 6:00 Stroll w/a Neighbor	20 10:30 Choir Practice - HH 1:30 Rummy - CR 2:00 Saturday Matinee - MT 2:00 Rummikub - CR 4:00 Logic Puzzle - L 6:30 Bingo - HH	
21 9:00 WPC service on CH98 - CR 2:00 Board Games - CR 2:00 Movie Matinee - HH 4:00 Vespers - HH 6:00 Friendly Game of Pool - BR	22 9:30 Healthy Upper Body - HH 11:00 Discover Tukiye w/Arzu - CR 1:30 Full Body Stretch - CR 2:30 Aqua Move and Groove - P 2:30 Spring Fling Beach Music w/Tony Washington - HH 3:30 CVS/Walgreens/Dollar Tree 6:00 Movie Night - MT	23 9:30 Healthy Lower Body - HH 11:00 Brain Games - :L 1:30 Balance and Core - HH 2:00 Turkish Coffee Presentation - CR 3:00 Bingo - HH 6:30 Hymn Sing - HH Port of Call - Turkiye themed Lunch and Dinner - DR <i>Turkish World Children's Day</i>	24 9:00 B&K Nails 9:00 Publix & Food Lion 9:30 Healthy Upper Body - HH 11:30 Lunch at Brixx Pizza 1:30 Full Body Stretch - HH 3:00 Church Service - HH 6:00 Card Games - CR	25 9:30 Healthy Lower Body - HH 11:00 Neurobics - MT 1:30 Blalance & Core - HH 1:30 Harris Teeter 3:00 Sweet & Salty Turkish Tea Party - CR 3:00 Balloon Volleyball - HH 6:00 Dominoes - CR	26 10:00 Men's Devotional - CR 9:30 Seated Tai Chi - CH 99 10:00 Water walking - P 1:30 The Quandts Perform - HH 3:00 Corn Hole - HH 5:00 Dinner at Casa Tequila 6:00 Stroll w/a Neighbor	27 10:30 Choir Practice - HH 1:30 Learn Rummy - CR 2:00 Staurday Matinee - MT 2:00 Rummikub - CR 4:00 Logic Puzzle - L 6:30 Bingo - HH	
28 9:00 WPC service on CH98 - CR 2:00 Board Games - CR 2:15 Clover Choraliers 4:00 Vespers - HH 6:00 Friendly Game of Pool - BR 9:00 WPC service on CH98 - CR 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Friendly Game of Pool - BR	29 9:30 Healthy Upper Body - HH 11:00 Discover Churches of Turkiye - CR 1:30 Full Body Stretch - HH 2:30 Aqua Move and Groove - P 3:00 Newport Walmart 4:00 TED Talk - CR 6:00 Movie Night - MT	30 9:30 Healthy Lower Body - HH 11:00 Brain Games - L 1:30 Balance and Core - HH 2:00 Cupcake Social - CB 3:00 Bingo - HH 3:45 YCL Bookmobile - L 6:30 Hymn Sing - HH	Helpful Reminders: The 4th Wednesday of every month at 9:00 am, we will provide transportation to B&K Nails for a toenail cut for \$10.00. <i>Signup at the buletin board.</i> The Tower's bus can only accomodate 14 passengers. When signing up for outings each line represents one seat; please only one name per-line. If someone marks their name off that seat will be filled with the first alternate. Writing your name below the driver's does not create nor gaurantee a seat on the bus. All activites on the calendar are subject to change. Check your weekly activities newsletter and bulletin board for additions, updates, changes and cancelations as well as a listingof movies for the week and programs airing on CH 99.				