



**WESTMINSTER
TOWERS**

Windows

April 2024

Vol. XXXV No. 4 1330 India Hook Road, Rock Hill, South Carolina 29732
(803) 328-5000

The Legend of the Dogwood

*In Jesus time, the dogwood grew
to a stately size and a lovely hue.
'Twas strong and firm, it's branches interwoven
For the cross of Christ it's timbers were chosen.
Seeing the distress at this use of their wood
Christ made a promise which still holds good.
"Never again shall the dogwood grow
Large enough to be used so.
Slender and twisted, it shall be
With blossoms like the cross for all to see.
As blood stains the petals marked in brown
The blossom's center wears a thorny crown.
All who see it will remember Me
Crucified on a cross from the dogwood tree.
Cherished and protected this tree shall be
A reminder to all of My agony."
Author Unknown*



April Church Schedule

Wednesdays at 3:00 pm in Heritage Hall

4/3 Pastor Lee Ferguson, Westminster Towers

4/10 Reverend Ray Long

4/17 Reverend Jason Anderson, Hopewell Presbyterian Church

4/24 Reverend Jon Oliphant, First ARP Church of Rock Hill

Sunday, 4/14 Deacon Andrew DaSilva of St. Anne Catholic Church

If you would like to suggest someone to conduct a Wednesday church service, please contact Arzu Uranli, Resident Services Director.

All Denominations are welcome!

If you would like to submit an article or pictures, please email them to:
camifreeman@westminstertowers.org
The deadline for the May edition of Windows is Thursday, April 12.

Windows

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Windows Committee Members:
Linda Lenz - Chairman
Lou Ardrey
Carole Partridge
Arlene Jenkins

This Month's Contributors:
Nancy Anderson
Lou Ardrey
Carole Partridge

Grammarian
Jody FitzGerald
Publisher
Cami Freeman

Coming in May



LIFT UP THE WORD - LIGHT UP THE WORLD
THURSDAY, MAY 2, 2024 NATIONAL DAY OF PRAYER 2 SAMUEL 22:29-31

The next Newsletter Committee Meeting will be on Monday, April 15, 2024, at 2:00 pm, in the 2nd Floor Lounge.

Meet Michelle Peffer IL Life Enrichment Coordinator

I think that at this point I have had the pleasure of meeting all of you. If I missed you somehow, let me tell you a little about me. I am the Independent Living Activities Coordinator. You can find me in the Art Studio or walking around in a ridiculous costume (think turkey and Lady Liberty) trying to make people smile. When I am not here, I am probably somewhere petting a cat or being in service of others. Making up silly songs or dancing to the music in my own head. I am so honored to be here at Westminster sharing my gifts with you all and strengthening my Faith as a result. I am inspired every day by the human beings that I've met here.



Michelle with her daughter Faith



IT'S SPRING

Lou Ardrey



Spring is here! After a very long, winter--- with the bare limbs of the trees greeting us whenever we walked outside--- it is a joy to see the new green leaves, the flowering shrubs, and the various colors of the flowers all around us. The new growth always reminds us of the new growth that Christians experience.

God's Word tells us that, when we accept Jesus Christ as Lord and Savior, we become a new creation. "Therefore, if anyone is in Christ, he is

a new creation: the old has gone, the new has come." (2 Corinthians 5:17) Just as the bare limbs of the trees put out new growth and assume an entirely different look, the new Christian assumes new characteristics. The Holy Spirit, (the Spirit of Jesus), comes to dwell within us, and the fruit of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control are evidenced in our lives.

Revisiting Old Skills and Habits (And Wishing I Hadn't)

Carole Partridge

Recently our Bible Study Group at church decided to have an event near the end of the semester. Ideas flew hither and yon as to what ideas would be best. Finally, after lively discussion, the decision was made to have a group supper with hubbies and children. I eagerly volunteered to bring my favorite Veg-All Casserole. Not until I arrived home were the facts of the situation fully confronted. Carole, WHAT were you THINKING???



1. You haven't cooked a casserole since arriving at The Towers!!! Almost FOUR YEARS AGO!!
2. You have a Hansel and Gretel kitchen with a TOY stove - the oven of which is useful only for STORAGE for one pizza pan and a small frying pan big enough for only one omelet. Do you even REMEMBER how to preheat the oven anymore???
3. Your cookbooks and recipes are still in storage bins in the basement! Some recipes are in the barn storage on your daughter's property.
4. You'll have to borrow a copy of the recipe from a daughter. All three daughters still cook the dish.
5. Oh Dear! You'll have to disturb one of your daughters just to get the recipe, a big enough dish and carrier.

As much as I dreaded that prospect, I bit the bullet, took courage, and made the call to impose on the local daughter closer by. "Don't worry, Mom! Why don't you let me make the dish FOR you and bring it over?"

After serious thought and probably not enough protestations, I graciously allowed her that privilege. BUT with the stipulation that she would

prepare it, but I would cook it myself in my toy oven. At least, I would retain some semblance of ownership. It was agreed. She would put it together and bring over extra cheese and croutons for ME to add at the last minute after it cooked. I consoled myself with the compromise.

Suddenly the big day arrived. The casserole for a dozen or so servings SEEMED so much heavier than I remembered. As the afternoon progressed nearer to the actual cook time, I suddenly had a panic attack in counting up minutes needed to cook in the oven. If the pick-up ride was coming at 5:15 p.m., WHEN should the dish go into the oven? Fortunately, my daughter had remembered to put time and temperature in a note on top. Thank goodness! I began adding and subtracting times and temperatures, sometimes confusing the two. Oh my, that seemed awfully early to start, but making a confirmation call to my daughter, wrote out her instructions, making sure it was Daylight Savings Time. (Or WAS IT?). I didn't remember this much detail NECESSARY in previous kitchen escapades!

The oven preheated first, casserole uncovered went into the toy oven. Then I started to dress for the evening. The aromas began to permeate the apartment, and all was well with the world. Then the time came when the croutons needed coating with melted butter, sprinkled over the top, and reinserted into the oven.

Oh Dear, I couldn't see clearly through the glass door to see how fast the croutons were browning. "DON'T burn the croutons, Carole! You don't have extra replacements!" Sweat, not perspiration, appeared to drizzle my make-up, as I watched the browning process anxiously. Finally, the croutons arrived at just the proper shade of toasty. Arming myself with my old potholders, I said a prayer that the heaviness of the dish would not overwhelm me. So, I prayed for Samson's muscles. The Lord indeed came through.

Time for my ride had arrived. The process for carrying OUT this monster of a dish had to be planned:

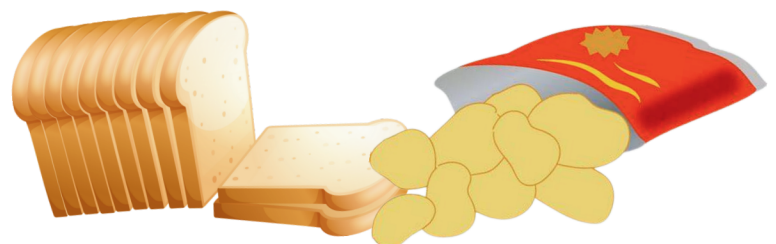
1. Put the dish in the carrier, top on, zipper closed, handle secured.
2. Double fold a towel to place on the seat of the walker.
3. Transfer dish. Put potholders and silver service spoon in a small bag and tuck into pocket of walker. (Don't forget them Carole, when loading the car!)
4. Double-checked and twisted the OFF button, on the oven, so as not to burn down the apartment building.

Last minute makeup check for sweat removal before going out the door. Heaved deep sigh of relief and began the journey into the evening ahead. I thought about the young family providing my transportation for the evening. They were a

young mom and dad, little girl with another on the way. What hurdles did THEY have to overcome this evening? "Count your blessings, Carole! YOUR responsibilities SEEMED insurmountable today! But remember those days when "the additional" (hubby, children, car, weather, etc.) were also on YOUR plate as well?" God is GOOD INDEED to limit the world's, times, and events we confront when our limitations (age, strength, memory, etc.). have increased. THANK YOU, LORD, for the joys and the boundaries of them as well.



Note to Self: Next time, Carole, just volunteer to bring bread and/or potato chips!!!



Earth Day, 2024

Nancy Anderson

After God had created Adam and Eve and placed them in the garden of Eden, he told them, “Be fruitful and multiply and fill the earth and subdue it and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth.” We have certainly “subdued” it in a variety of ways – often misusing it by depleting natural resources with little thought of restoration, creating materials (plastics) that don’t decompose, and producing much trash in the process. As a result, we are dealing with some ecological disasters.

Earth Day is observed each year with the goal of emphasizing the need to care for our earth. This year it will be celebrated on April 22 and will focus on plastic. Its goal is to reduce the use of plastics 60% by the year 2040. This is a huge task. If all the plastic was to disappear overnight, think how many of our everyday products would disappear or lack important parts – including our cars!

The United States produces the most municipal solid waste in the entire world, generating about 268 million tons every year – much of which is plastic! Roughly 35% of all solid waste goes to either a recycling or composting facility. The goal of both recycling and composting is to reuse waste by turning it into new products. Recycling facilities generally focus on processing aluminum, plastics, paper, and glass, while composters use food and agricultural waste to create compost for municipal and consumer use.

There are health risks for using plastics, and yet many foods we eat and beverages we drink are stored in plastic containers. The website, Earthday.org, highlights this fact and then encourages people to demand change and seek innovative materials and ways to build a plastic-free world. I applaud this endeavor, and Wendell and I seek to do our part to recycle the plastics we use in a responsible way.



EARTHDAY.ORG

EARTHDAY.ORG’s founders created and organized the very first Earth Day on April 22, 1970. Since then, EARTHDAY.ORG has been mobilizing over 1 billion people annually on Earth Day, and every other day, to protect the planet.

It’s not a day, it’s a movement



New Time

Men’s Friday Morning Devotional
10:00 am in the Community Room

Sweet & SALTY

by Arzu Uranli

Happy April Westminster Towers Sweet Residents,

It is great to be back! Being away from home and my second home (AKA Westminster Towers) for almost two months wasn't easy. However, being able to be my 91-year-old sweet mother's biggest support at this time was an amazing experience, and I appreciated every moment of it! She has many complicated health issues. As you may easily guess, it was rewarding but also extremely exhausting emotionally...I left a piece of me in Turkey with my mother...However, my comfort is knowing that her morale is a little better now....

I would like to thank each one of you for reaching out to me when I was away and welcoming me whole heartedly when I came back. Your encouraging, caring notes, your prayers, hugs, and kisses were much needed and appreciated. Thank YOU!

As you know, our monthly themes are countries this year to discover different places, cultures, and cuisines of the world. I am happily announcing that this month, we will be visiting Turkey (the new official name is Turkiye), and I will be your special guide in this journey. I will be at your service to have great virtual trips in Turkey for the spectacular natural beauty and breath-taking history. We will visit different places including splendid churches like the one in Demre where St. Nicholas (Santa Claus) served as bishop. (I am sure it is a surprise for some of you that Santa is not from the North Pole but Turkiye!!!!) There is more to discover about this country that you may like to hear. I am also planning a dance workshop, food tasting,



Turkish tea party, Turkish coffee time, games, and more. Please check your calendars for details. Michelle is also preparing many exciting activities and fun trips with the help of our Activity and Wellness committees. Don't let the joyful experiences pass you by.

Please attend the monthly committee meetings to voice your opinions, recommendations, and concerns. Don't forget to put your suggestions into the Sweet & Salty Box. Meanwhile, please keep my mother in your prayers. You know you are always in mine.

Kindly,
Arzu Uranli
Resident Services Director



Welcome to the Towers

Since October of 2023, we've welcomed several folks into the Towers. Please take a moment to say hi and welcome them to the Towers!



Ray & Yvonne Lautzenheiser



Margaret Giles



Jimmy Galloway



Phyllis Ferguson



Ruth Greer



Jane Mitchell



Linder Tucker

Not Pictured

- Alice Airth**
- Celeste Fatora**
- Patsy Wickham**
- Linder Tucker**
- Victor Dillingham**

April Outings

Signup at the Bulletin Board

Monday, April 1, at 3:00 pm
Shopping at Newport Walmart

Wednesday, April 3, at 11:30 am
Lunch at Famous Toastery

Wednesday, April 10, at 11:30 am
Lunch at Red Bowl Asian Bistro

Friday, April 12, at 12:00 pm
Trip to Movie Theater

Wednesday, April 17, at 11:30 am
Lunch at Z Bakery in Fort Mill

Friday, April 19, at 5:00 pm
Ride around with Will Bosdell

Wednesday, April 24, at 11:30 am
Lunch at Brixx Pizza

Sunday, April 28, at 2:15 pm
Clover Choraliers

Spring Time

The redbuds are blooming, let's all give a cheer.
This is my favorite time of the year.

Forsythias, daffodils, glowing like gold.
What a beautiful sight to behold.

Snow white pear blossoms, the pink cherry trees,
Camellias, azaleas, my senses they please.

The new birth reminds us of God's wondrous Grace.
He sent His son, Jesus, to die in our place.

Redeemed by the precious blood of the Lamb,
God's perfect sacrifice, the Great I AM.

He willingly gave His life on the cross
That those who have faith will be saved and not lost.

The message He sends to both Gentile and Jew:
I'm dying to show my great love for you.

Salvation is free. It's a gift from above.
A priceless treasure from God's heart of love.

But you have to receive it and claim this great prize.
Those who do so are exceedingly wise.

Lou Ardrey



On National Potato Chip Day, Thur., March 14, Carole Partridge was crowned the Potato Chip Queen. Long live the Queen!

From One Generation To The Next

Following in mom's footsteps

Westminster Towers has been in existence for over 33 years, serving those as young as 62 to proud centenarians. Some are even blood-related. Check out these residents whose mothers also resided here. The apple doesn't fall far from the tree!



Sarah Jefferies Calhoun (above right) and her husband, Robert moved into a one-bedroom deluxe suite in 2019. Her mom, Elizabeth Brice Smith (Above left), moved into a studio apartment in 1989 (The Year Westminster Towers opened) and resided for almost ten years.



Helen Faile (above right) moved into a one-bedroom apartment in 2023. Her mom, Annie Baine (above left), moved into a studio apartment in 2001 and called Westminster Towers home for nine years.



Bill Davison (on the right) moved into a one-bedroom apartment in 2022. His mom, Addie Davison (on the left), also moved into a one-bedroom in 1995 and resided on campus for over twelve years.



Jim Craig

Acknowledging Those Who Donate

In Remembrance/Honor

Charlotte Muckenfuss Plyler	Rosaline Cook
Wesley Muckenfuss	Rosaline Cook
Melissa Muckenfuss Stroup	Rosaline Cook
Sue Nazak	Peggy Moore, Gene Blackmon
Esther Jackson	Peggy Moore
Rosaline Mather	Rosaline Cook
Ed & Jody FitzGerald	Jim Craig, Pauline Williams

If you want to make a donation to any of our funds (Endowment, Employee Assistance, or General Fund), please bring cash/check to Pam Engle in the business office. You can make checks out to Westminster Towers, and in the memo section, indicate the fund you are supporting.



The hummingbirds are looking a little rough this year. 😞



Thank You God, For Water, Soil, And Air

by Brian Wren

Thank you, God, for water, soil, and air, large gifts supporting everything that lives. Forgive our spoiling and abuse of them.
Help us renew the face of the earth.

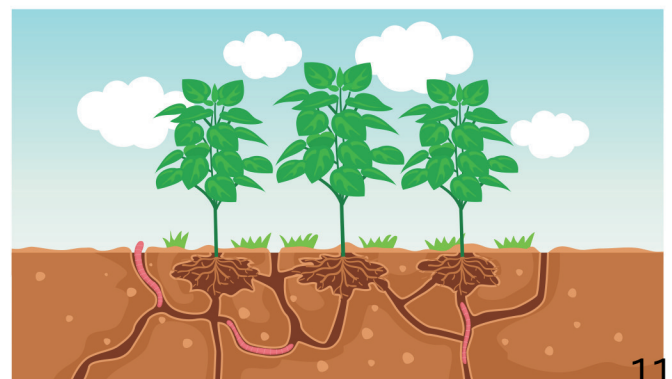
Thank you, God, for minerals and ores – the basis of all building, wealth, and speed. Forgive our reckless plundering and waste.
Help us renew the face of the earth.

Thank you, God, for priceless energy, stored in each atom, gathered from the sun. Forgive our greed and carelessness of power.
Help us renew the face of the earth.

Thank you, God, for weaving nature’s life into a seamless robe, a fragile whole. Forgive our haste that tampers unawares.
Help us renew the face of the earth.

Thank you, God, for making planet earth, a home for us and ages yet unborn. Help us to share, consider, save, and store.
Come and renew the face of the earth.

(Taken from “The Worshipping Church”, a Hymnal)
Submitted by Nancy Anderson



March 2024 Memories

international
WOMEN'S DAY

