

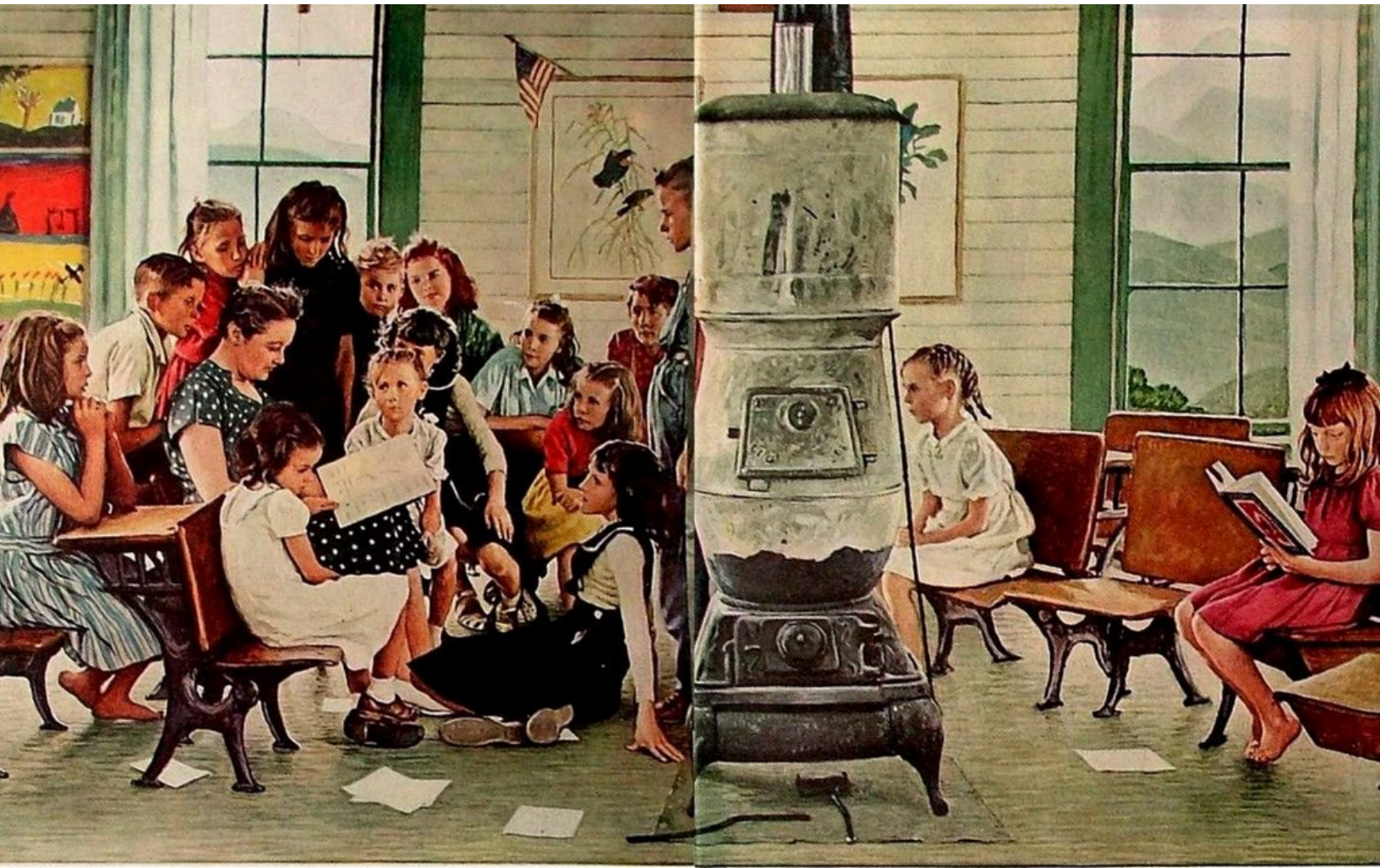


WESTMINSTER
TOWERS

Windows

August 2024

Vol. XXXV No. 8 1330 India Hook Road, Rock Hill, South Carolina 29732
(803) 328-5000



August Church Schedule

Wednesdays at 3:00 pm in Heritage Hall

8/7 Dr. Elisa Ashley, Westminster Towers Visiting Chaplain

8/14 Nancy Watson, Myers Park United Methodist

8/21 Pastor Jason Anderson, Hopewell Presbyterian

8/28 Reverend Jon Oliphant, First ARP of Rock Hill

Sunday, 8/11 Andrew Juarez of St. Anne Catholic Church

If you would like to suggest someone to conduct a Wednesday church service, please contact Cami Freeman #5018, or Will Bosdell #5066

All Denominations are welcome!

If you would like to submit an article or pictures, please email them to: camifreeman@westminstertowers.org
The deadline for the September edition of Windows is Monday, August 12.

For the September edition of Windows, we are looking for stories and pictures of football.

Correction in the July Windows



Due to an oversight, Yvonne & Ray Lautzenheiser's youngest grandson was omitted from their "Meet Your Neighbor" article. Ethan McNutt, age 17 is a senior at South Point High School and can be spotted wearing #74 on the football team.

Windows

August 2024
Vol. XXXV No. 8

Cover Art Work: Country School by Norman Rockwell

Windows Committee Members:
Linda Lenz - Chairman
Lou Ardrey
Carole Partridge
Arlene Jenkins

This Month's Contributors:

Nancy Anderson
Pastor Lee Ferguson
Arlene Jenkins
Carole Partridge
Linda Williams

Grammarian
Jody FitzGerald

Publisher
Cami Freeman

The next Newsletter Committee Meeting will be on Monday, August 19, 2024, at 3:00 pm, in the 2nd Floor Lounge.

THE MONTH OF AUGUST

by Nancy Anderson

August was named after the Roman emperor Augustus Caesar in 8 BC, because during this month, he achieved great military triumphs.

Here are some interesting and significant events that have occurred in the month of August:

- On August 24, 79 AD, Mount Vesuvius erupted near the city of Pompeii raining down not only great clouds of ash, smoke, and pumice, but also molten lava, which buried residents to the depth of seven feet!
- On August 6, 1762, the Earl of Sandwich requested that he be served a meal consisting of meat between two slices of bread, thus creating the first sandwich.
- In August 1896, the gold rush in Alaska began after the precious metal was discovered in the Klondike.
- In August 1945, the Second World War technically ended when Japan surrendered to the allied forces.
- August 19 is National Aviation Day and was established in 1946 marking the birthday of Orville Wright, who piloted the first recorded flight of a powered heavier-than-air machine in 1903.
- On August 28, 1963, Martin Luther King Jr. gave his famous "I Have a Dream" speech at the Lincoln Memorial in Washington, DC, to 250,000 people. Considered to be one of the most significant speeches in US history, it called for an end to racial discrimination and equal rights for all.
- August 26 is Women's Equality Day, was established in 1971, and celebrates the 1920 ratification of the Nineteenth Amendment and women's right to vote in the US.

- On August 8, 1974, Richard Nixon became the first US President ever to resign from office. This was due to the Watergate Scandal.

August is called the "harvest month" in many cultures in the northern hemisphere, as it is the time to begin bringing in the crops from the fields. It is also the month of preparation for those who will be going back to school. Because I liked school, I couldn't wait for the month to be over, as school in those days always started after Labor Day. Plus, I didn't like all the garden work that had to be done in August, though I was glad to eat of the produce our garden produced! Today, it seems that school starts in August.

Natural disasters frequently occur in August. It falls during the height of the hurricane season. Fires also seem to rage during this very sunny and dry month. Vegetation often becomes brown -- just waiting for a lightning strike or some accidental or intentional human behavior to set it ablaze.

August's full moon will appear on the afternoon of Monday, August 19, reaching peak illumination at 2:26 P.M. Eastern Time. That evening, look toward the southeast after sunset to catch a glimpse of the Sturgeon Moon rising. It is called the Sturgeon Moon because August is the month when sturgeon fish are the largest. And it's the first supermoon of the year, which means that it will appear bigger and brighter than the full moons we have seen thus far. A supermoon occurs when the moon appears larger because its orbit brings it closest to the earth.

(Various online articles were researched for the facts included in this presentation.)

Meet Your Neighbor

by Arlene Jenkins

James “Jimmy” Galloway is a very energetic 92-year-old. It took me several weeks of playing tag to finally catch up with him to get this interview.

James “Jimmy” Galloway was born June 26, 1930. At that time, there wasn’t a hospital in Florence, SC, where his family lived, so he was born in Bishopville, SC. When he was a young child, his father worked for J.C. Penney, and he moved with his parents to Main Street, Rock Hill, next door to John and Jean Barnes. Jimmy lived with his family for 25 years. He stated the Barnes’ were wonderful neighbors. Jimmy said he had a “very ordinary childhood” growing up in Rock Hill. He was a student at the Winthrop Training School and after he graduated high school, attended The Citadel in Charleston, SC. He graduated from the Citadel in 1951, and after serving 3 years in the army, Jimmy went to work for his late wife’s father who owned an insurance agency, which later became Peoples First Insurance Agency. Jimmy has worked in the insurance business for 70 years and has no plans to retire any time soon!

Jimmy met Josephine “Feeny” Dunlap, in 3rd grade. Although they went their separate ways after high school graduation, they never lost touch and eventually married in 1951. Josephine passed away in 2004.

Jimmy’s son, Ben, lives in Rock Hill and works with his father at People First Insurance Agency and has two sons. Jimmy’s daughter, Elizabeth, “Libby” lives in Brevard, NC.



James “Jimmy” Galloway

Jimmy used to enjoy playing golf but told me he was “so bad at it he had to give it up!” He now enjoys meeting new people and neighbors. He stated he is by nature a shy person; however, I found Jimmy to be very friendly and willing to socialize.

Jimmy told me he did not want to move from his home to Westminster Towers, but his family did not want him living alone anymore. He now feels he made the right decision by moving here. We are glad you decided to make Westminster your “forever home!”

Say hello to Jimmy, and give him a warm welcome in passing.

A Note from Pastor Lee

For most of my life, August 6 has been a day for fun and surprises. It is, after all, my birthday. But, as we grow older, birthdays don't always promise fun, and sometimes the surprises can be difficult ones. But this year, August 6 is also a day of sadness because it is the last official day of Chaplain Ashley's ministry at Westminster Towers, (but she will come back Wednesday the 7th to lead worship, so make sure you are there at 3:00). She has been a great blessing God decided to share with us the past few months, and all who have gotten to know her have gained spiritual profit.

At first, when you met Chaplain Ashley, it was her winsome smile and quick laugh that drew you to her. But, as she began to speak into our lives, in times of joy, in times of sorrow, in moments when our lives crossed the lives of others struggling with dementia, she began to really show us Jesus. All of us who have spent time with her have seen her show how Jesus speaks into every corner of our lives. We have all come to love and appreciate God and especially his Son, Jesus, because of her words of spiritual insight and council. She has been used by our Father to give us renewed hope in the way that Jesus uses all aspects of our lives – joy, sadness, loss, physical struggles – to draw us closer to God.



All of our lives have encounters with people who impact us in positive ways, and unfortunately for some, in negative ways. Of course, God has used her only in positive ways in our community. Chaplain Ashley has impacted all of us in the most important of ways; spiritually. God has

used her to draw many of us closer to Jesus and to give us a deeper and greater appreciation of the Gospel of Jesus. It will be sad to see her go, but it is exciting to hear in the future how God continues to use her in the lives of those to whom she will minister. I am sure she will appreciate your prayers as she enters the next phase of ministry for Jesus. Be sure and thank her in her last few days here at Westminster.

Chaplain Ashley, on behalf of all of those at Westminster whose lives you have touched and blessed: "Thank you, May God continue to bless your ministry in the gospel."

Pastor Lee

SCHOOL DAYS

In 1961, Jody FitzGerald was the senior editor for her Clark County High School student newspaper, *Smoke Signals*, in Winchester, Kentucky.



Those WERE the days. The time between third and fourth grades lingers in my mind as a mem'ry to revisit from time to time. Going from dear Miss Essie Attebury's third grade to the strict, sometimes fearful, Miss Schroeder's fourth grade class was a BIG change for a grammar schooler.

To this young student, valuable lessons of responsibility and honesty blossomed as new and sometimes painful incidents that parents were not always aware of.

Miss Essie was cheerfully smiling as she taught arithmetic as a contest to determine the winner totaling sums as fast as one could. Up shot the hand to claim the right of going to the black board to write the sum. Miss Essie loved birds. Her class made, painted, and donated a new bird house to the school every year. It was to be hung in the giant magnolia trees surrounding the school. She loved to teach us the numerous birds outside our class window.

Mrs. Schroeder was the strict, somber, no-nonsense teacher, who thought nothing of sending a note to the absent student (who lived across the street from the school). "Sorry to learn of your ankle injury, but please come to school today long enough to take your quiz for the day." So, the

School days, school days
Dear, ole golden rule days
Readin' and writin' and 'rithmetic
Taught to the tune of a hickory stick



Mrs. Mae P. Jordan answers one of her students' questions before the showing. The class was studying the Indian area.



This is the way to learn!



Hard to believe!

Jane Mitchell remembers when her 2nd grade class got to see their first movie in school. Little did she know that someone sat in the room with an infrared camera taking pictures of their amazed faces!



Do they go to school, too?

martyr student hopped, skipped, and jumped to school and up a flight of stairs to heed the call of this no-nonsense educator. She brought an extra chair to prop up the foot during the quiz. Nothing was more important than keeping the routine of the day going. Besides, there is a certain sense of importance that comes with a direct order issued by the teacher to one's home. There is also a certain degree of martyrdom as one hops, skips, and limps into a classroom a half hour late after the bell has rung...

Carole Partridge

Then



Now



On December 7, 1941, when Pearl Harbor was attacked, I was in the fifth grade in Dillon, SC. As we Americans faced the following years of war, I vividly remember the many sacrifices we all made...certain foods, gas, and shoes were rationed...it became a way of life. But along with the sacrifices, I remember the strong patriotism that was evident everywhere. We all bought War Bonds, saved tin foil and cans, and many people had gardens to grow their own food. When we went to see a movie, we watched news reels of what was going on in Europe on the war front. My grandmother taught me to knit and helped me make scarfs to send to soldiers overseas.

Among my fondest memories was singing patriotic songs during assembly at school. All of the lower grades would gather in the auditorium, and we would sing all of the military songs... "Off we go into the wild blue yonder..." "Anchors away my boys, anchors away..." "From the halls of Montezuma to the shores of Tripoli...". Another song that always touched me depicted a damaged plane coming in from a mission. It had words "Coming in on a wing and a prayer. Coming in on a wing and a prayer. With a full crew aboard and a trust in the Lord, we're coming in on a wing and a prayer."

Every summer, my family went to the beach and stayed in a house on the ocean front. At night, we had to pull down the black out shades to protect us from being seen by enemy ships at sea.

Growing up during the war years taught us young people some valuable lessons...a love of country, the need to sacrifice to help others, and a deep gratitude to those who gave their lives to ensure our freedom.



Lou Ardrey



The students pay close attention. . . .



Beautiful!

Then



Now



Building The Villas to Start Soon

On Wednesday, July 17, residents of The Towers met to be introduced to the Building Team assigned to the construction of the new building project to be erected as an extension of the current Towers property.

Relevant guests present were Wes Drummond of J.M. Cope Construction, who represented the “grandfather-in-law” of the early Board of Directors considering this project.

Also attending were Amy Fusaro, who works at J. and Cope, and serves as Project Manager, in charge of details involving the city and contractors. Accompanying them as well was Marty Cope, owner and operator of the construction company for forty years, who is in charge of issues of construction, renovation, and new construction projects.

History of Project: The land involved has, over time, accumulated for a future housing project. Over many years, older homes have been torn down and the land used for additional housing.

The Board of Directors engaged in strategic planning and looked at the land from different perspectives. The land includes the gravel parking lots, owned by the Westminster Presbyterian Church, which deeded the two parking lots to the Towers. The goal was to provide best homes possible, and make extensive renovations to the Health Center, the Manor West, and the Dining Room with a new roof on the Health Center.

The Board of Directors worked hard to maintain the property. In accomplishing the remodeling, not one penny of additional debt would be incurred with four year rolling capital improvements already done. The question arose, “What will we do with this land?” The question was embraced by the Board, which engaged a national architectural firm. It suggested multi-story buildings to “urbanize the campus”. This idea was promptly rejected.



View of front yard as seen from the Towers

A discussion as to terms to be used for the style of the central project included references to “cottages”, “town homes”, and “duplexes”. The Board decided upon “villas” as the term of reference. Plans were approved in June by the Director of Project Board Room when the pricing and plans were determined. Mr. Thomason reassured the residents: “We know the cost! All planning is known up front. What is taking place?”

Units are currently called “VILLAS”. There will be 5 duplexes for 10 units, each with a backyard, fence and attractive landscaping. All the new construction will be done along McDow Street facing Heritage Hall and the Dining Room.

The street in front of each unit will be paved with imprinted pavement brick. There will be seven or eight units. The lower of the two levels will have two or three bedrooms and two bathrooms. To the left and to the right, there will be 1700 square feet for larger or family units. Younger residents will be encouraged to consider applying for residency. There will be plumbing and heat including the second floor. An upgrade could include a bathroom or a grandchildren’s room upstairs, if desired.

Ten Duplex units are anticipated with a 1 and 1/2 story building, perhaps with a third bedroom upstairs, if desired.

The Board is working with city and contractor bids.

Services to be offered are the same as the current services in place: One meal, housekeeping, flat linen service and, transportation.

There may be a “paradigm shift” in that the younger residents may be favored in the future. The current “average age” in The Towers is 83. The “actual age” however is 86.2 currently.

Construction anticipated: 10 duplex units, 1 1/2 garage, 1 1/2 story building with third bedroom upstairs.

The question of preserving trees was presented. Some trees may have to be sacrificed because some are intertwined. The effort will be to maximize the green space remaining with new trees and/or shrubbery planted to grow as attractive landscaping.

Laundry facilities? Yes, washers and dryers will be near side door. The primary access of residents to the Towers Building will be the side doors of the Dining Room.



1) FIRST FLOOR PLAN



View of backyard as seen from McDow

Initially, only two buildings (4 units) will be built and will take approximately 12 to 18 months. Sanitation will be done for each unit. Residents will collect the garbage themselves with Trash Pick Up Days and disposal of trash.

Other work scheduled to be expanded may be the Dining Room, depending on how finances work. New units will carry their own weight financially as separate entities, which is not unusual.

There may be monthly service fees and additional staff needed in order to spread the costs...allocations such as mowing lawns, etc. With more revenue coming in, the costs will be spread.

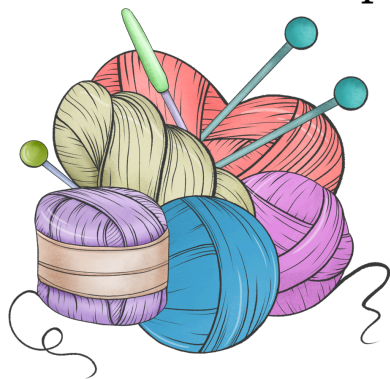
ADA framer is zoned as residential units, not commercial, which is different. Each unit is independent....not like a nursing home environment. We hope to attract younger residents as a result.

THE PROCESS OF MOVING DIRT WILL BEGIN IN AUGUST 2024.

Submitted by Carole Partridge

Calling All Needle Crafters

Do you knit,
crochet,
embroider
or do needle point



Gather your supplies and let's LEARN
or FINISH a project together!
Interested?

Call Allison, phone #328-5587
Groups to form in "cooler" fall.

Library

The Library Committee still has money to purchase several more books. If you have any suggestions for a certain book or type of book, please give this information to Joanne Cauthen or leave a note in the basket on the library table.



In Loving Memory

**Johnnie Robinson
Harry Hazen**

Acknowledging Those Who Donate

In Remembrance/Honor

Elliot Close	Jean Barnes
Mel & John Hornsby	Jean Barnes
Frank & Tomi Kaye Simpson	Jean Barnes
Manning Biggers Bible Class	Jean Barnes
Dicksie Ward	Jean Barnes
Allen & Jeannine Heath	Jean Barnes
Dr. & Mrs. Neal Powell	Jean Barnes
Mr. & Mrs. Robert T. Yoder	Jean Barnes
Chip & Judy Comer	Jean Barnes
Phyllis & Fred Faircloth	Jean Barnes
Lou Ardrey	Jean Barnes
Lou Ardrey	Buzz Benson
F.B. Robards III	Jean Barnes
Susan Nazak	Johnnie Robinson
Jody & Ed FitzGerald	Johnnie Robinson
Jim & Nancy Bright	Johnnie Robinson
Lou Ardrey	Johnnie Robinson
Eddie & Linda Potts	Jean Barnes
Robert & Sarah Hayes	Jean Barnes
Judy & Sig Huitt	Harry Hazen
Jim & Nancy Bright	Harry Hazen
Spencer & Lib Anderson	Johnnie Robinson
Spencer & Lib Anderson	Harry Hazen

If you want to make a donation to any of our funds (Endowment, Employee Assistance, or General Fund), please bring cash/check to Pam Engle in the business office. You can make checks out to Westminster Towers, and in the memo section, indicate the fund you are supporting.





2024 Walk to End Alzheimer's Saturday, September, 28

Across the nation, the Alzheimer's Association Walk to End Alzheimer's® is full of flowers, each carried by someone committed to ending this disease. Because like flowers, our participants don't stop when something's in their way. They keep raising funds and awareness for a breakthrough in the fight against Alzheimer's and all other dementia.

What can you do at the Towers?

Buy a T-Shirt for \$10

Even if you don't plan to walk you can still show your support. Signup to purchase a T-Shirt at the bulletin board. Payment is due at the time of pickup.

Signup to walk on Saturday, Sept. 28

Join the team from Westminster Towers and others across Rock Hill to Walk along Dave Lyle Blvd. Signup at the bulletin board starting on August 1.

Make a donation and add a flower to our Wall of Flowers

Flowers are available at the Towers front desk for a suggested donation of \$5. Write your name, or the name of someone you love with Alzheimer's, and post it on the Wall of Flowers located in the hall on the way to Heritage Hall.



July 2024 Memories



**“On the glorious splendor of your majesty, and on your wondrous works, I will meditate.”
Psalm 145.**



Possibly, David was in a Royal Garden when he spoke these words. Our 12 green plots are now in full splendor displaying God's wondrous works. Beautiful flowers surely nurture and uplift the soul. If you visit in the late afternoon, you will find our garden area a wonderful place to meditate and pray. Looking closely, you will see all the pollinators at work keeping the garden alive and vibrant. Humming birds visit along with various butterflies and bees and other working insects. All of this activity is wrapped in relaxed quiet allowing the mind to wonder and to contemplate. Spend a few minutes there, and you will feel energy flowing to your spirit and soul. There are several benches and chairs facing the gardens. Take the North elevator to the basement, and exit the building at the door near the recycle bins. You will be amazed at what our gardeners have accomplished!