

November 2024 Calendar

Independent Living - Life Enrichment & Wellness

This Month We Celebrate **ENGLAND**

November Birthdays
 David Henriquez 11/3
 Doris Luckadoo 11/3
 Charles Nes 11/5
 Jonna Yager 11/5
 Sonja Erickson 11/7
 Cathy Garland 11/8
 Joanne Cauthen 11/13



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Helpful Reminders:</p> <p>The 4th Wednesday of every month at 9:00 am, we will provide transportation to B&K Nails for a toenail cut for \$10.00. <i>Signup at the bulletin board.</i></p> <p>The Towers' bus can only accommodate 14 passengers. When signing up for outings each line represents one seat; please only one name per line. If someone marks their name off, that seat will be filled with the first alternate. Writing your name below the driver's does not create nor guarantee a seat on the bus.</p> <p>All activities on the calendar are subject to change. Check your weekly activities newsletter and bulletin board for additions, updates, changes and cancellations as well as a listing of movies for the week and programs airing on CH 99.</p>			<p># + L - # Floor Lounge. AS - Art Studio in the Lower Level BR - Billiards Room - 5th floor BB - Bulletin Board by Dining Room CB - Coffee Bar in the Dining Room CH 99 - Channel 99 CR - Community Room CW - Campus Wide Event CY - Courtyard DR - Dining Room FR - Fitness Room GR - Garden Room in the Health Center HH - Heritage Hall L - Lobby LL - Lower Level MDR - Manor Dining Room MT - Movie Theater - 3rd floor</p>	<p>1 10:00 Water walking - P 11:00 Brunch at First Watch 2:00 Guest Speaker: Attorney Holly Simpson "The Inheritance Trap! HH 3:00 Cornhole & Popcorn - HH 6:00 Bible Reading - L 6:00 Stroll w/ a Neighbor</p>	<p>2 10:30 Musical Performance - HH Patriotic Songs & Prayers for our America the Beautiful Featuring the "Voices of Experience" Choir 1:30 Rummy - CR 2:00 Rummikub - CR 6:00 Bible Reading - L 6:30 Bingo - HH</p>	<p>Daylight Savings Ends Fall back at 2AM</p>	
<p>3 9:00 WPC Service on CH98 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Friendly Game of Pool - BR</p> <p>Don't forget to check out the PUZZLES @ RECEPTION!</p> <p>Daylight Savings Ends Clocks Turned Back</p>	<p>4 Residents New Entry Codes Begin Today 9:30 Healthy Upper Body - CR* 1:30 Cardio Drumming - HH 2:30 Aqua Move & Groove - P 3:00 Bill Calasanti Sings - HH 3:00 CVS/Walgreens/Dollar Tree 6:00 Bible Reading - L 6:00 Winthrop Basketball Piedmont vs. Winthrop</p>	<p>5 Election Day 9:30 Healthy Lower Body - CR* 10:15 Lou Ardrey Bible Study-HH 1:30 Exercise with Robin - CR* 3:00 Bingo - HH 6:00 Bible Reading - L 6:30 Hymn Sing - HH</p> <p>Transportation to Richmond Dr Elem. Westminster Towers Polling Location for Voting. Various times available. Please sign-up at Bulletin Board</p>	<p>6 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 10:00 Reed Gold Mine & Lunch 1:00 Exercise with Robin - CR* 2:00 Color w/ Alice-Art Studio !New 3:00 Church Service - HH 6:00 Bible Reading - L 6:00 Card Games - CR</p>	<p>7 9:30 Healthy Lower Body - HH 11:15 Neurobics - MT 1:30 Exercise with Robin - CR* 1:30 Harris Teeter 3:00 The Beatles in Concert - HH 5:30 Shoppes at Rivers Edge Outing for Holiday Event New! 6:00 Bible Reading - L 6:00 Dominoes - CR</p>	<p>8 10:00 Water walking - P 11:30 Lunch at Chinese Delicacy 2:00 Paper Mat Weaving - AS New! 3:00 Cornhole (relocated) - CR 3:30 The Starts - Piano&Cello - HH 6:00 Bible Reading - L 6:00 Stroll w/ a Neighbor</p>	<p>9 9:30 Alzheimer's Walk reschedule 11:30 Winthrop Basketball Little Rock vs. Winthrop 1:30 Rummy - CR 2:00 Rummikub - CR 3:00 Patrick Hudson on Piano - HH 6:00 Bible Reading - L 6:30 Bingo - HH</p> <p>PUZZLES TO TRAIN YOUR BRAIN! ASK FOR AT RECEPTION</p>	
<p>10 9:00 WPC Service on CH98 2:00 Board Games - CR 3:00 Catholic Service Communion-HH 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Friendly Game of Pool - BR</p>	<p>11 Veteran's Day 8:30 Veteran's Breakfast - DR 9:00 Veteran's Day Flag Ceremony Cocoa/Cookies: Flaggpole & CB 9:30 Healthy Upper Body - HH 10-11:00 Wellness Clinic - CR 1:30 Cardio Drumming - HH 2:00 Activity Committee Mtg - 4L 2:30 Aqua Move and Groove - P 3:00 Newport Walmart 3:00 Patriotic Sing-a-Long with the Quandts - HH 6:00 Bible Reading - L 6:30 Winthrop B-Ball V. VA Tech Virginia Tech vs Winthrop</p>	<p>12 9:30 Healthy Lower Body - HH 10:15 Lou Ardrey Bible Study-HH 1:30 Exercise with Robin - HH 3:00 Bingo - HH 3:45 Library Bookmobile - L 6:00 Bible Reading - L 6:30 Hymn Sing - HH</p> <p>Deadline for Windows Articles 11/11</p>	<p>13 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 10:30 White House Tour; FlipSide 1:00 Exercise with Robin - HH 2:00 Coloring w/ Alice-Art Studio 3:00 Church Service - HH 4:00 Musical Performance - L Singer Freddy Tripp 6:00 Bible Reading - L 6:00 Card Games - CR</p>	<p>14 9:30 Healthy Lower Body - HH 11:15 Neurobics - MT 1:30 Exercise with Robin - CR 1:30 Harris Teeter 2:00 First ARP Bible Study - 2L 3:00 Thankfulness Craft -AS New! 6:00 Bible Reading - L 6:00 Dominoes - CR</p>	<p>15 9:30 Donuts & Coffee - CB 10:00 Water walking - P 10:30 Kings Mountain Leaf-Peeping & Lunch at 133 West Restaurant 3:00 Cornhole & Popcorn - HH 3:30 Afternoon Tea - CR 6:00 Bible Reading - L 6:00 Stroll w/ a Neighbor</p>	<p>16 10A-2P HOLIDAY MARKET - HH 1:30 Rummy - CR 2:00 Rummikub - CR 4:15 Winthrop Basketball Georgia Southern vs Winthrop @ Rock Hill Sports & Event Center 6:00 Bible Reading - L 6:30 Bingo - HH</p> <p>CHECK OUT THE PUZZLES @ RECEPTION!</p>	
<p>17 9:00 WPC Service on CH98 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Friendly Game of Pool - BR</p>	<p>18 9:30 Healthy Upper Body - HH 1:30 Rep. Tommy Pope, speaker 1:30 Cardio Drumming - CR 2:30 Aqua Move and Groove - P 3:00 Trish Dunn & Vent Crew- HH 3:00 CVS/Walgreens/Dollar Tree 6:00 Bible Reading - L</p>	<p>19 9:30 Healthy Lower Body - HH 10:15 Lou Ardrey Bible Study-HH 11:00 The Audiology Center - CR 1:30 Exercise with Robin - HH 3:00 Bingo - HH 6:00 Bible Reading - L 6:30 Hymn Sing - HH</p>	<p>20 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 1:00 Exercise with Robin - HH 2:00 Coloring with Alice - AS 3:00 Church Service - HH 5:15 Dinner, Luigi & Sons Italian 6:00 Bible Reading - L 6:00 Card Games - CR</p>	<p>21 9:30 Healthy Lower Body - HH 11:15 Neurobics - MT 1:30 Exercise with Robin - CR 1:30 Harris Teeter 3:00 Slow-Mo Cricket - HH New! 6:00 Bible Reading - L 6:00 Dominoes - CR</p>	<p>22 10:00 Water walking - P 9:30 Winthrop Dance Prg outing Brunch @ Broken Egg afterwards 2:00 Trees or Hats? - AS New! 3:00 Cornhole & Popcorn - HH 6:00 Bible Reading - L 6:00 Stroll w/ a Neighbor</p>	<p>23 10:30 Choir Practice - HH 1:30 Rummy - HH 2:00 Rummikub - CR 6:00 Bible Reading - L 6:30 Bingo - HH</p> <p>REMEMBER, RECEPTION HAS PUZZLES!</p>	
<p>24 9:00 WPC Service on CH98 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Friendly Game of Pool - BR</p>	<p>25 9:30 Healthy Upper Body - HH 1:30 Cardio Drumming - HH 2:30 Aqua Move and Groove - P 3:00 Newport Walmart 4:00 Musical Performance - L Singer Emily Roland 6:00 Bible Reading - L 6:00 Winthrop Basketball Long Island Uni. vs Winthrop</p>	<p>26 9:30 Healthy Lower Body - HH 10:15 Lou Ardrey Bible Study-HH 1:30 Exercise with Robin - HH 3:00 Bingo - HH 3:45 Library Bookmobile - L 6:00 Bible Reading - L 6:30 Hymn Sing - HH</p>	<p>27 9:00 B&K Nails (For Toenails) 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 1:00 Exercise with Robin - HH 2:00 Coloring with Alice - AS 3:00 Church Service - HH 5:00 Dinner at Outback 6:00 Bible Reading - L 6:00 Card Games - CR</p>	<p>28 Thanksgiving 8:30 Macy's Thanksgiving Parade-CR 11A-2P Thanksgiving Meal - DR Thankful Wheel, Part Deux - AS Fun & Festive! 6:00 Bible Reading - L 6:00 Dominoes - CR</p>	<p>29 CLEMSON/CAROLINA Fave Team Apparel Day! 10:00 Water walking - P Deck the Towers for Christmas! 3:00 Cornhole & Popcorn - HH 6:00 Bible Reading - L 6:00 Stroll w/ a Neighbor</p>	<p>30 CLEMSON/CAROLINA 10:30 Choir Practice - HH Clemson vs. Carolina Football Watch Party TBA - CR 1:30 Rummy - HH 2:00 Rummikub - HH 6:00 Bible Reading - L 6:30 Bingo - HH</p> <p>PUZZLES @ RECEPTION!</p>	