February 2025 Calendar

Independent Living - Life Enrichment & Wellness



Wendell Anderson 2/3 Irmagard McGonagil 2/3 Carlton Heustess 2/6 Ruth Greer 2/7 Pat Cashion 2/10 Dicksie Ward 2/23 Gaylon Syrett 2/28



This Month we Celebrate Australia

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
# + L - # Floor Lounge AS- Art Studio in the Lower Level BR - Billiards Room - 5th floor CB - Coffee Bar in the Dining Room CH99 - Channel 99 CR - Community Room CY - Courtyard DR - Dining Room FR - Fitness Room (Gym) GR - Garden Room in Health Center HH - Heritage Hall L - Lobby LL - Lower Level MT - Movie Theater WS - Woodshop in Lower Level	well as a listing of movies The Towers bus can only a marks their name off, that bus. If you are unable to attend the Receptionist so your n	changes and cancelations, as e name per line. If someone e nor guarantee a seat on the letin Board, OR informing at the bulletin board. If you	1 10:00 Fay Reynolds Memorial - HH 1:30 Rummy - CR 2:00 Rummikub - CR 1:30 Winthrop vs Gardner-Webb 4:00 Logic Puzzles @ Reception 6:00 Bible Reading - L 6:30 Bingo - HH			
2 9:00 WPC Service on CH98 2:00 Board Games - CR 2:00 OAPC Communion - HH 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Friendly Game of Pool - BR	3 Nat'l Carrot Cake Day 9:30 Healthy Upper Body - HH 1:30 Cardio Drumming - HH 2:30 Aqua Move & Groove - P 3:00 Newport Walmart 6:00 Bible Reading - L 6:00 Bible Reading - L	9:30 Healthy Lower Body - HH 10:15 Lou Ardrey Bible Study-HH 1:30 Exercise with Robin - HH 3:00 Bingo - HH 3:45 York County Bookmobile - 6:00 Bible Reading - L 6:30 Hymn Sing - CR	9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 1:00 Exercise with Robin - HH 2:00 Coloring with Alice - AS 3:00 Church Service - HH 4:30 TRIO Dinner, Pineville 6:00 Bible Reading - L 6:00 Card Games - CR	9:30 Healthy Lower Body - HH 10:00 Candy Dice Game - CR 11:15 Neurobics - MT 1:30 Exercise with Robin - HH 1:30 Harris Teeter 6:00 Bible Reading - L 6:00 Dominoes - CR	7 Nat'l Wear Red Day 10:00 Water walking - P 11:30 Fishmarket, Fort Mill 3:00 Cornhole - CR 6:00 Bible Reading - L 6:00 Stroll w/ a neighbor	8 10:30 Choir Practice - HH 1-5pm Cashion Reserved - CR 1:00 Chocolate Festival Outing 1:30 Rummy - HH 2:00 Rummikub - HH 4:00 Logic Puzzles @ Reception 6:00 Bible Reading - L 6:30 Bingo - HH
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

9 National Pizza Day	10	11	12	13	14 ♥ Valentíne's Day ♥	15
Super Bowl Sunday LIX	9:30 Healthy Upper Body - HH	9:30 Healthy Lower Body - HH	9:00 Food Lion & Publix	9:00 Meet SheShe, Liz &	10:00 Water walking - P	10:30 Choir Practice - HH
9:00 WPC Service on CH98		10:15 Lou Ardrey Bible Study-HH		Diane for Sweet Treats - CB	11:30 BRIXX, Fort Mill	1:30 Rummy - CR
2:00 Board Games - CR	11:00 Manor Lunch Outing	1:30 Exercise with Robin - HH	11:30 Garden Café, York		3:00 Cornhole - HH	1:30 Winthrop V. High Point
3:00 Catholic Communion-HH		3:00 Bingo - HH	1:00 Exercise with Robin - HH	11:15 Neurobics - MT	3:00 Valentine's Party - HH	2:00 Rummikub - CR
4:00 Vespers - HH		6:00 Bible Reading - L	2:00 Coloring with Alice - AS	1:30 Exercise with Robin - HH	6:00 Bible Reading - L	4:00 Logic Puzzles @ Reception
5:00 SuperBowl PreGame and	2:30 Aqua Move and Groove - P	6:30 Hymn Sing - CR	3:00 Quandts SingALong - L	1:30 Harris Teeter	6:00 Stroll w/ a neighbor	6:00 Bible Reading - L
PuppyBowl Fun - CR	3:00 CVS/Walgreens/Dollar Tree		3:00 Church Service - HH	6:00 Bible Reading - L		6:30 Bingo - HH
6:00 Bible Reading - L	6:00 Bible Reading - L		6:00 Bible Reading - L	6:00 Dominoes - CR		
6:00 Friendly Game of Pool - BR			6:00 Card Games - CR			
	Newsletter Articles Due!		6:00 Winthrop V. Radford			
16	17 President's Day	18	19	20 Port of Call: Australia	21	22
9:00 WPC Service on CH98	9:30 Healthy Upper Body - HH	9:30 Healthy Lower Body - HH	9:00 Food Lion & Publix	9:30 Healthy Lower Body - HH	10:00 Water walking - P	10:30 Choir Practice - HH
2:00 Board Games - CR	10:30 Aussie Aboriginal Art-AS	10:15 Lou Ardrey BibleStudy-HH	9:30 Healthy Upper Body - HH	11:00 Audiology Center - CR	11:30 Lunch at Fuji Japan and	1:30 Rummy - CR
3:00 Pipes & Bells Program @	1:30 Cardio Drumming - HH	1:30 Exercise with Robin - HH	1:00 Exercise with Robin - HH	11:15 Neurobics - MT	Comporium Museum Tour	2:00 Rummikub - CR
Grace Lutheran Church	2:30 Aqua Move and Groove - P	3:00 Bingo - HH	2:00 Coloring with Alice - AS	1:30 Exercise with Robin - HH	3:00 Cornhole - HH	3:30 DawsonDuo Performs-HH
4:00 Vespers - HH	3:00 Newsletter Committee-2L	6:00 Bible Reading - L	3:00 Church Service - HH	1:30 Harris Teeter	6:00 Bible Reading - L	4:00 Logic Puzzles @ Reception
6:00 Bible Reading - L	3:00 Newport Walmart	6:30 Hymn Sing - CR	4:30 Longhorn Steakhouse	3:00 New Resident Reception-HH	6:00 Stroll w/ a neighbor	6:00 Bible Reading - L
6:00 Friendly Game of Pool - BR	3:00 Bill Casalanti Sings-HH		6:00 Bible Reading - L	6:00 Bible Reading - L		6:30 Bingo - HH
	6:00 Bible Reading - L		6:00 Card Games - CR	6:00 Dominoes - CR		
				6:15 Clover Performing Arts		
23	24	25 Nat'l Choc-Cover Nut Day	26 Nat'l Pistachio Day	27 Nat'l Strawberry Shortcake	28 Nat'l Pancake Day	
9:00 WPC Service on CH98	9:30 Healthy Upper Body - HH	9:30 Healthy Lower Body - HH	9:00 B&K Nails	9:30 Healthy Lower Body - HH	10:00 Water walking - P	
2:00 Board Games - CR	10:00 Basha IT Assistance - L	10:15 Lou Ardrey Bible Study-HH	9:00 Food Lion & Publix	10:00 Wellness Social - CR	10:00 WU-Into The Woods &	
4:00 Vespers - HH	1:30 Cardio Drumming - HH	1:30 Exercise with Robin - HH	9:30 Healthy Upper Body - HH	11:15 Neurobics - MT	Lunch at Flipside	
6:00 Bible Reading - L	2:30 Aqua Move and Groove - P	3:00 Bingo - HH	11:30 Casa Tequila Lunch	1:30 Exercise with Robin - HH	3:00 Cornhole - HH	
6:00 Friendly Game of Pool - BR	3:00 CVS/Walgreens/Dollar Tree	6:00 Bible Reading - L	1:00 Exercise with Robin - HH	1:30 Harris Teeter	6:00 Bible Reading - L	
	3:30 Tony Washington-HH	6:30 Hymn Sing - CR	2:00 Coloring with Alice - AS	6:00 Bible Reading - L	6:00 Stroll w/ a neighbor	
	6:00 Bible Reading - L		3:00 Church Service - HH	6:00 Dominoes - CR		
			6:00 Bible Reading - L			
			6:00 Card Games - CR			