

March 2025 Calendar

Independent Living - Life Enrichment & Wellness

March Birthdays



Joyce Nivens 3/9
Linda Lenz 3/10
Edward Trelinskie 3/13
Judy Heustess 3/16

Nancy Evans 3/21
Barbara Marnock 3/25
Charles Martin 3/27
Kirk Kirkpatrick 3/30



This Month we Celebrate *Ireland*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
# + L - # Floor Lounge AS- Art Studio in the Lower Level BR - Billiards Room - 5th floor CB - Coffee Bar in the Dining Room CH99 - Channel 99 CR - Community Room CY - Courtyard DR - Dining Room FR - Fitness Room (Gym)	GR - Garden Room in Health Center HH - Heritage Hall L - Lobby LL - Lower Level MT - Movie Theater WS - Woodshop in Lower Level					1 10:30 Choir Practice - HH 1:30 Rummy - AS 2:00 Rummikub - CR 2:00 Movie with Ken - MT <i>Bucket List</i> 3:30 Winthrop Basketball 6:00 Bible Reading - L 6:30 Bingo - HH 6:45 Rock Hill Symphony Orchestra
2 9:00 WPC Service on CH98 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Friendly Game of Pool - BR	3 9:30 Healthy Upper Body - CR 10:30 Musical Performance - HH Shellem Cline 1:30 Cardio Drumming - HH 2:30 Aqua Move & Groove - P 3:00 Newport Walmart 6:00 Bible Reading - L	4 Mardi Gras 9:30 Healthy Lower Body - HH 10:15 Lou Ardrey Bible Study-HH 1:30 Exercise with Robin - HH 2:30 Residents' Association Quarterly Meeting - HH 3:00 NO BINGO TODAY 3:45 York County Bookmobile - L 6:00 Bible Reading - L 6:30 Hymn Sing - CR	5 Ash Wednesday/Lent Begins 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 1:00 Exercise with Robin - HH 2:00 Coloring with Alice - AS 3:00 Ecumenical Ash Wednesday Church Service - HH 4:30 Dinner @ Pier 51 6:00 Bible Reading - L 6:00 Card Games - CR	6 Oreo Cookie Day 9:30 Healthy Lower Body - HH 11:15 Neurobics - MT 1:30 Exercise with Robin - HH 1:30 Harris Teeter 6:00 Bible Reading - L 6:00 Dominoes - CR 6:30 Oreo Ice Cream Social - CR	7 Dress in Blue Day 10:00 Water walking - P 11:30 Lunch at Flipside 2:00 American Revolutionary Exhibit 2:00 Man on the Inside - TV in CR 3:00 Cornhole - CR 6:00 Bible Reading - L 6:00 Stroll w/ a neighbor	8 10:30 Choir Practice - HH 1:30 Rummy - AS 2:00 Rummikub - CR 2:00 Movie with Ken - MT <i>Second Hand Lions</i> 3:00 Patrick Hudson Piano - HH 6:00 Bible Reading - L 6:30 Bingo - HH
9 National Meatball Day Daylight Savings - Spring forward 1 hour 9:00 WPC Service on CH98 2:00 Board Games - CR 3:00 Catholic Church Service - HH 4:00 No Vespers Today 3:30 Hope's Garden: Kristen Wunderlich's program at Winthrop 6:00 Bible Reading - L 6:00 Friendly Game of Pool - BR	10 WCCS Etiquette Luncheon 9:30 Healthy Upper Body - HH 1:30 Cardio Drumming - HH 2:00 Activity Committee - 4L 2:30 Aqua Move and Groove - P 3:00 CVS/Walgreens/Dollar Tree 6:00 Bible Reading - L <i>Newsletter Articles Due!</i>	11 9:30 Healthy Lower Body - HH 10:15 Lou Ardrey Bible Study-HH 1:30 Exercise with Robin - HH 3:00 Bingo - HH 6:00 Bible Reading - L 6:30 Hymn Sing - CR	12 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 11:30 Lunch at Chinese Delicacy 1:00 Exercise with Robin - HH 2:00 Coloring with Alice - AS 3:30 Freddy Tripp - L 3:00 Church Service - HH 6:00 Bible Reading - L 6:00 Card Games - CR	13 9:30 Healthy Lower Body - HH 11:15 Neurobics - MT 1:30 Exercise with Robin - HH 1:30 Harris Teeter 2:30 Coke & Peanut Social - CR 6:00 Bible Reading - L 6:00 Dominoes - CR	14 National Pi Day 9-11am Basha IT Assistance 10:00 Water walking - P 11:30 Lunch at The Wagon Wheel 1-4pm Basha IT Assistance 2:00 Man on the Inside - TV in CR 3:00 Cornhole - HH 6:00 Bible Reading - L 6:00 Stroll w/ a neighbor	15 10:30 Choir Practice - HH 1:30 Rummy - AS 2:00 Rummikub - HH 2:00 Movie with Ken - CR <i>Gone With The Wind</i> 4:00 Logic Puzzles @ Reception 6:00 Bible Reading - L 6:30 Bingo - HH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16 9:00 WPC Service on CH98 2:00 Board Games - CR 2:30 Gettys Art Center: 39 Steps 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Friendly Game of Pool - BR	17 St. Patrick's Day 9:30 Healthy Upper Body - HH 1:30 Cardio Drumming - HH 2:30 Aqua Move and Groove - P 3:00 Newsletter Committee-2L 3:00 Newport Walmart 3:00 Bill Casalanti Sings-HH 6:00 Bible Reading - L 6:00 Bible Reading - L	18 March Madness Begins 9:30 Healthy Lower Body - HH 10:15 Lou Ardrey BibleStudy-HH 1:30 Exercise with Robin - HH 3:00 Bingo - HH 3:45 YC Library Bookmobile - L 6:00 Bible Reading - L 6:30 Hymn Sing - CR	19 9:00 Food Lion & Publix 9:30 Healthy Upper Body - CR 1:00 Exercise with Robin - CR 2:00 Coloring with Alice - AS 3:00 Church Service - HH 4:30 Dinner at Sweet Caroline's 6:00 Bible Reading - L 6:00 Card Games - CR 6:00 Card Games - CR	20 First Day of Spring 9:30 Healthy Lower Body - HH 11:00 Audiology 11:15 Neurobics - MT 1:30 Exercise with Robin - HH 1:30 Harris Teeter 2:30 Spring Wellness Social - CR 6:00 Bible Reading - L 6:00 Dominoes - CR	21 9:30 Donut Day - CB 10:00 Water walking - P 11:30 Lunch at Hickory Tavern 2:00 Man on the Inside - TV in CR 3:00 Cornhole - HH 6:00 Bible Reading - L 6:00 Stroll w/ a neighbor	22 World Water Day 10:30 Choir Practice - HH 1:30 Rummy - AS 2:00 Rummikub - CR <i>4:00 Logic Puzzles @ Reception</i> 6:00 Bible Reading - L 6:30 Bingo - HH
23 9:00 WPC Service on CH98 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Friendly Game of Pool - BR	24 9:30 Healthy Upper Body - HH 10:30 Dealing with Stress - HH 1:30 Cardio Drumming - HH 2:30 Aqua Move and Groove - P 3:00 Emily on Piano - L 3:00 CVS/Walgreens/Dollar Tree 6:00 Bible Reading - L	25 International Waffle Day 9:30 Healthy Lower Body - HH 10:15 Lou Ardrey BibleStudy-HH 1:30 Exercise with Robin - HH 3:00 Bingo - HH 6:00 Bible Reading - L 6:30 Hymn Sing - CR	26 National Spinach Day 9:00 B&K Nails 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 11:30 Lunch, Speckled Pear & visit to Fort Mill's History Museum 2:00 Coloring with Alice - AS 3:00 Church Service - HH 6:00 Bible Reading - L 6:00 Card Games - CR	27 9:30 Healthy Lower Body - HH 11:15 Neurobics - MT 1:30 Exercise with Robin - HH 1:30 Harris Teeter 2:30 Scribble Social - CR 6:00 Bible Reading - L 6:00 Dominoes - CR	28 National Black Forest Cake Day 10:00 Water walking - P 11:30 Lunch at Salmeri's Ft. Mill 2:00 Man on the Inside - TV in CR 3:00 Cornhole - HH 3:30 The Starts Music Program - L 6:00 Bible Reading - L 6:00 Stroll w/ a neighbor	29 10:30 Choir Practice - HH 1:30 Rummy - AS 2:00 Rummikub - CR <i>4:00 Logic Puzzles @ Reception</i> 6:00 Bible Reading - L 6:30 Bingo - HH
30 9:00 WPC Service on CH98 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Friendly Game of Pool - BR	31 National CRAYON Day 9:30 Healthy Upper Body - HH 1:30 Cardio Drumming - HH 2:30 Aqua Move and Groove - P 3:00 TARGET!! 6:00 Bible Reading - L	<p>Helpful Reminders:</p> <p>All activities on the calendar are subject to change. Check your weekly Highlights and the bulletin board for additions, updates, changes and cancellations, as well as a listing of movies for the week and programs airing on CH 99.</p> <p>The Towers bus can only accommodate 14 passengers. When signing up for outings, each line represents one seat; please only one name per line. If someone marks their name off, that seat will be filled with the first alternate. Writing your name below the driver's name does not create nor guarantee a seat on the bus.</p> <p>If you are unable to attend an outing or event you signed up for, you are responsible for taking your name off the list by the Bulletin Board, OR informing the Receptionist so your name can be removed.</p> <p>The 4th Wednesday of every month at 9:00 am, we will provide transportation to B&K Nails for a toenail cut for \$10.00. Sign up at the bulletin board. If you are interested in a full pedicure or manicure, you must make an appointment for either Monday, Tuesday or Thursday.</p>				