

June 2025 Calendar

Independent Living - Life Enrichment & Wellness

This Month we Celebrate **BRAZIL**

June Birthdays

Novie Greene 6/1
Juli Gasque 6/2
Lil Adickes 6/3
Ed FitzGerald 6/7
Phyllis Ferguson 6/11
Joan Martin 6/16

Sue Nazak 6/16
Bev Henriquez 6/19
Joan Bundy 6/26
Jimmy Galloway 6/26
Anna Banks 6/27
Ken Wheatley 6/27



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00 WPC Service on CH 98 1:00 Rummikub - HH 2:00 Oakland Ave. Presby. Communion Service - CR 2:00 Board Games - Art Studio 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Play Billiards - 5L	2 9-11am Basha Tech Help 9:30 Healthy Upper Body - HH 1-4pm Basha Tech Help 1:30 Cardio Drumming - HH 2:30 Aqua Move and Groove - P 3:00 Newport Walmart 6:00 Bible Reading - L	3 National Egg Day 9:30 Healthy Lower Body - HH 1:30 Chair Yoga - HH 3:00 Bingo - HH 6:00 Bible Reading - L 6:30 Hymn Sing - CR	4 National Cheese Day 9:00 Publix,BushNVine,\$General 9:30 Healthy Upper Body - HH 11:00 Lunch, Rey Azteca, RH 1:00 Balance & Core - HH 2:00 Coloring with Alice - AS 3:00 Tower's Stitchers - CR 6:00 Bible Reading - L 6:00 Card Games - CR	5 9:30 Healthy Lower Body - HH 11:15 Wheel of Fortune - MT 12:30 Food Lion 1:30 StretchMoveGroove-HH 1:30 Harris Teeter 6:00 Bible Reading - L 6:00 Dominoes - CR	6 10:00 Water Walking - P 11:00 See the Spider Lillies at Lansford Canal & Picnic 3:00 Corn Hole - HH 6:00 Bible Reading - L 6:00 Stroll with a Friend	7 Chocolate Ice Cream Day 10:30 Voices of Experience Choir Performance-HH 1:00 Rummikub - CR 1:30 Rummy - AS 6:00 Bible Reading - HH 6:30 BINGO - HH
8 9:00 WPC Service on CH 98 1:00 Rummikub - CR 2:00 Board Games - CR 3:00 Catholic Communion-HH 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Play Billiards - 5L	9 9:30 Healthy Upper Body - HH 1:30 Cardio Drumming - HH 2:30 Aqua Move and Groove - P 3:00 CVS/Walgreens/Dollar Tree 6:00 Bible Reading - L Articles Due for Windows!	10 Nat'l Iced Tea Day 9:30 Healthy Lower Body - HH Tea Bar - One Day Only! - CB 1:30 Chair Yoga - HH 3:00 Bingo - HH 3:45 Library Bookmobile - L 6:00 Bible Reading - L 6:30 Hymn Sing - CR	11 9:00 Publix,BushNVine,\$General 9:30 Healthy Upper Body - HH 11:00 Sully's Steamers lunch 1:00 Balance & Core - HH 2:00 Coloring with Alice - AS 3:00 Church Service - HH 6:00 Bible Reading - L 6:00 Card Games - CR	12 Peanut Butter Cookie Day 9:30 Healthy Lower Body - HH 11:15 Wheel of Fortune - MT 12:30 Food Lion or Goodwill 1:30 StretchMoveGroove-HH 1:30 Harris Teeter 2:00 Tower's Stitchers - CR 3:00 Joan York sings - HH 6:00 Bible Reading - L 6:00 Dominoes - CR	13 Wear Blue Day! 10:00 Water Walking - P 10:00 Billy Graham Library & lunch at Dairy Bar 2:00 Flag Day Social - CR 3:00 Corn Hole - HH 6:00 Bible Reading - L 6:00 Stroll with a Friend	14 Flag Day 1:00 Rummikub - CR 1:30 Rummy - AS 3:00 The Dawson Duo - HH 6:00 Bible Reading - HH 6:30 BINGO - HH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
15 <i>Father's Day</i> 9:00 WPC Service on CH 98 1:00 Rummikub - CR 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Play Billiards - 5L	16 9:30 Healthy Upper Body - HH 1:30 Cardio Drumming - HH 2:30 Aqua Move and Groove - P 3:00 Bill Calasanti - HH 3:00 Newport Walmart 6:00 Bible Reading - L	17 <i>Eat Your Veggies Day</i> 9:30 Healthy Lower Body - HH 1:30 Chair Yoga - HH 3:00 Bingo - HH 6:00 Bible Reading - L 6:30 Hymn Sing - CR	18 <i>Int'l Picnic Day</i> 9:00 Publix,BushNVine,\$General 9:30 Healthy Upper Body - HH 10:30 Games in the Courtyard 1:00 Balance & Core - HH 2:00 Coloring with Alice - AS 3:00 Quandts' Sing Along - HH 6:00 Bible Reading - L 6:00 Card Games - CR 4:30 Dinner at TRIO, Pineville	19 <i>Juneteenth</i> 9:30 Healthy Lower Body - HH 11:00 Audiology - CR 11:15 Wheel of Fortune - MT 12:30 Food Lion or Goodwill 2:00 Newsletter Committee - 2L 1:30 StretchMoveGroove-HH 1:30 Harris Teeter 3:00 Tower's Stitchers - CR 6:00 Bible Reading - L 6:00 Dominoes - CR	20 <i>First Day of Summer!</i> 9:30 DONUT DAY! CB 10:00 Water Walking - P 11:00 Lunch, Captain Steve's 2:00 Beach Party Bingo! - CR 3:00 Corn Hole - HH 6:00 Bible Reading - L 6:00 Stroll with a Friend	21 1:00 Rummikub - CR 1:00 Newsies Musical Outing 1:30 Rummy - AS 6:00 Bible Reading - HH 6:30 BINGO - HH
22 <i>Nat'l Onion Ring Day</i> 9:00 WPC Service on CH 98 1:00 Rummikub - CR 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Play Billiards - 5L	23 9:30 Healthy Upper Body - HH 1:30 Cardio Drumming - HH 2:30 Aqua Move and Groove - P 3:00 CVS/Walgreens/Dollar Tree 3:30 Tony Washington - HH 6:00 Bible Reading - L	24 <i>Port of Call: Brazil</i> 9:30 Healthy Lower Body - HH 1:30 Chair Yoga - HH 3:00 Bingo - HH 3:45 Library Bookmobile - L 6:00 Bible Reading - L 6:30 Hymn Sing - CR	25 9:00 B&K Nails 9:00 Publix,BushNVine,\$General 9:30 Healthy Upper Body - HH 10:00 Brunch @ IHOP 1:00 Balance & Core - HH 2:00 Coloring with Alice - AS 3:00 Church Service - HH 6:00 Bible Reading - L 6:00 Card Games - CR 5:00 Dinner at Nishi G's	26 <i>Nat'l Chocolate Pudding Day</i> 9:30 Healthy Lower Body - HH 11:15 Wheel of Fortune - MT 12:30 Food Lion or Goodwill 1:30 StretchMoveGroove-HH 1:30 Harris Teeter 3:00 Tower's Stitchers - CR 6:00 Bible Reading - L 6:00 Dominoes - CR 6:30 Musical Performance by Brenda Matheny - HH	27 9-11am Basha Tech Help 10:00 Water Walking - P 11am Lunch, China Bistro 1-4pm Basha Tech Help 3:00 Corn Hole - CR 6:00 Bible Reading - L 6:00 Stroll with a Friend	28 1:00 Rummikub - HH 1:30 Rummy - AS 2:00 Movies w/ Ken - MT 6:00 Bible Reading - HH 6:30 BINGO - HH
29 9:00 WPC Service on CH 98 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Play Billiards - 5L	30 9:30 Healthy Upper Body - HH 10:30 Wellness Social 1:30 Cardio Drumming - HH 2:30 Aqua Move and Groove - P 3:00 TARGET!! 6:00 Bible Reading - L			# + L - # Floor Lounge AS - Art Studio in the Lower Level BR - Billiards Room - 5th floor CB - Coffee Bar in the Dining Room CH99 - Channel 99 CR - Community Room CY - Courtyard DR - Dining Room FR - Fitness Room (Gym) GR - Garden Room in Health Center HH - Heritage Hall L - Lobby LL - Lower Level MT - Movie Theater WS - Woodshop in Lower Level	The Towers bus holds 14 people. If you sign up for an event or an outing and are not able to go, please remember to remove your name from the sign-up sheet so someone can go in your place!	Morning exercise classes (Healthy Upper or Lower Body) are lead by Junalyn. Afternoon exercise classes are lead by Robin. We have added subject/titles to her daily classes.