

# July 2025 Calendar

Independent Living - Life Enrichment & Wellness

This Month we Celebrate

FRANCE

## July Birthdays



- Lou Ardrey 7/1

Debbie Hargrove 7/3

Kathy Jaggers 7/4

Chuck Rohr 7/9

Jim Bright 7/10
- Arlene Jenkins 7/13

Betty Rawls 7/15





Yvonne Lautzenheiser 7/23

Georgia Sherard 7/25

Dora Bowman 7/28



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div># + L - # Floor Lounge</div> <div>AS - Art Studio in the Lower Level</div> <div>BR - Billiards Room - 5th floor</div> <div>CB - Coffee Bar in the Dining Room</div> <div>CH99 - Channel 99</div> <div>CR - Community Room</div> <div>CY - Courtyard</div> <div>DR - Dining Room</div> <div>FR - Fitness Room (Gym)</div> <div>GR - Garden Room in Health Center</div> <div>HH - Heritage Hall</div> <div>L - Lobby</div> <div>LL - Lower Level</div> <div>MT - Movie Theater</div> <div>WS - Woodshop in Lower Level</div>		<div>1</div> <div>9:30 Healthy Lower Body - HH</div> <div>10:15 Lou Ardrey BibleStudy-HH</div> <div>1:30 Exercise with Robin - HH</div> <div>2:00 Towers Stitchers - CR</div> <div>3:00 Bingo - HH</div> <div>6:00 Bible Reading - L</div> <div>6:30 Hymn Sing - CR</div>	<div>2</div> <div>9:00 Publix</div> <div>9:30 Healthy Upper Body - HH</div> <div>11:30 Hoof &amp; Barrel Lunch</div> <div>1:00 Exercise with Robin - HH</div> <div>2:00 Coloring with Alice - AS</div> <div>6:00 Bible Reading - L</div> <div>6:00 Card Games - CR</div>	<div>3</div> <div>9:30 Healthy Lower Body - HH</div> <div>11:15 Wheel of Fortune - MT</div> <div>1:30 Exercise with Robin - HH</div> <div>1:30 Harris Teeter</div> <div>2:30 The History of Fried Chicken - CR</div> <div>6:00 Bible Reading - L</div> <div>6:00 Dominoes - CR</div>	<div>4</div> <div>Independence Day</div> <div>9:00 Food Lion</div> <div>10:00 Water Walking - P</div> <div>11:30 Olive Garden for Lunch</div> <div>3:00 Corn Hole - HH</div> <div>6:00 Bible Reading - L</div> <div>6:00 Stroll with a Friend</div> <div>The Dining Room has only ONE seating for the Holiday. 11:30am-2:00pm</div>	<div>5</div> <div>1:00 Rummikub - HH</div> <div>1:30 Rummy - AS</div> <div>2:00 Movies w/ Ken - MT</div> <div>6:00 Bible Reading - L</div> <div>6:30 BINGO - HH</div>
<div>6</div> <div>Nat'l Fried Chicken Day</div> <div>9:00 WPC Service on CH 98</div> <div>2:00 Board Games - CR</div> <div>4:00 Vespers - HH</div> <div>6:00 Bible Reading - L</div> <div>6:00 Play Billiards - 5L</div>	<div>7</div> <div>World Chocolate Day</div> <div>9:30 Healthy Upper Body - HH</div> <div>1:30 Cardio Drumming - HH</div> <div>2:30 Aqua Move and Groove - P</div> <div>3:00 Newport Walmart</div> <div>3:30 History of Chocolate - CR</div> <div>6:00 Bible Reading - L</div>	<div>8</div> <div>9:30 Healthy Lower Body - HH</div> <div>10:15 No Bible Study - HH</div> <div>10:00 Card-Making w/ Deb-AS</div> <div>1:30 Exercise with Robin - HH</div> <div>2:00 Towers Stitchers - CR</div> <div>3:00 Bingo - HH</div> <div>3:45 Library Bookmobile - L</div> <div>6:00 Bible Reading - L</div> <div>6:30 Hymn Sing - CR</div>	<div>9</div> <div>9:00 Publix</div> <div>9:30 Healthy Upper Body - HH</div> <div>1:00 Exercise with Robin - HH</div> <div>2:00 Coloring with Alice - AS</div> <div>3:00 Church Service - HH</div> <div>3:30 Freddy Tripp - L</div> <div>5:00 Flipside Dinner Outing</div> <div>6:00 Bible Reading - L</div> <div>6:00 Card Games - CR</div>	<div>10</div> <div>9:30 Healthy Lower Body - HH</div> <div>11:15 Wheel of Fortune - MT</div> <div>1:30 Exercise with Robin - HH</div> <div>1:30 Harris Teeter</div> <div>2:00 1st ARP Bible Study-HH</div> <div>6:00 Bible Reading - L</div> <div>6:00 Dominoes - CR</div> <div>6:30 Ice Cream, You Scream</div>	<div>11</div> <div>9:00 Food Lion</div> <div>10:00 Water Walking - P</div> <div>10:30 Ebenezer Grill Outing</div> <div>3:00 Corn Hole - HH</div> <div>6:00 Bible Reading - L</div> <div>6:00 Stroll with a Friend</div>	<div>12</div> <div>Nat'l Pecan Pie Day</div> <div>1:00 Rummikub - HH</div> <div>1:30 Rummy - AS</div> <div>2:00 Movies w/ Ken - MT</div> <div>2-4pm Chuck Rohr's 90th HH</div> <div>6:00 Bible Reading - L</div> <div>6:30 BINGO - HH</div>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>13</div> <div>9:00 WPC Service on CH 98 2:00 Board Games - CR 4:00 Vespers - HH 3:00 Catholic Communion-HH 6:00 Bible Reading - L 6:00 Play Billiards - 5L</div> <div>August Newsletter Articles Due!</div>	<div>14</div> <div><del>9:30 Healthy Upper Body - HH</del> 10:00 AGAPE wellness - CR 11:00 Fitness Equipment Orientation - Gym/FR 1:30 Cardio Drumming - HH 2:00 Activities Committee - 4L 2:30 Aqua Move and Groove - P 3:00 CVS/Walgreens/Dollar Tree 6:00 Bible Reading - L 6:30 AEC All Voices Choir-HH</div>	<div>15</div> <div><del>9:30 Healthy Lower Body - HH</del> 10:15 Lou Ardrey BibleStudy-HH 1:30 Exercise with Robin - HH 2:00 Towers Stitchers - CR 3:00 Bingo - HH 6:00 Bible Reading - L 6:30 Hymn Sing - CR</div>	<div>16</div> <div>Nat'l Ice Cream Day 9:00 Food Lion &amp; Publix <del>9:30 Healthy Upper Body - HH</del> 11:00 Manor Outing 1:00 Exercise with Robin - HH 2:00 RH History Ride-About I 2:00 Coloring with Alice - AS 3:30 History of Ice Cream-CR 3:30 James K. Polk Museum then dinner at Waldhorn 6:00 Bible Reading - L 6:00 Card Games - CR</div>	<div>17</div> <div><del>9:30 Healthy Lower Body - HH</del> 11:00 Audiology - CR 11:15 Wheel of Fortune - MT 1:30 Exercise with Robin - HH 1:30 Harris Teeter 2:00 Tour de France - CR 6:00 Bible Reading - L 6:00 Dominoes - CR</div>	<div>18</div> <div>9:30 Donut Day - CB 10:00 Water Walking - P 10:30 Lunch at Front Porch Richburg, SC 3:00 Corn Hole - HH 6:00 Bible Reading - L 6:00 Stroll with a Friend</div>	<div>19</div> <div>1:00 Rummikub - HH 1:30 Rummy - AS 2:00 Movies w/ Ken - MT 6:00 Bible Reading - L 6:30 BINGO - HH</div>
<div>20</div> <div>9:00 WPC Service on CH 98 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Play Billiards - 5L</div> <div></div>	<div>21</div> <div><del>9:30 Healthy Upper Body - HH</del> 10:30 Intro to Shark Week 1:30 Cardio Drumming - HH 2:00 Newsletter Committee-2L 2:30 Aqua Move and Groove - P 3:00 Newport Walmart 3:00 Emily on Piano - L 6:00 Bible Reading - L</div> <div></div>	<div>22</div> <div>Port of Call: France <del>9:30 Healthy Lower Body - HH</del> 10:15 Lou Ardrey BibleStudy-HH 1:30 Exercise with Robin - HH 1:30 Why is French Food "Fancy" - CR 2:00 Towers Stitchers - CR 3:00 Bingo - HH 3:45 Library Bookmobile - L 6:00 Bible Reading - L 6:30 Hymn Sing - CR</div>	<div>23</div> <div>B&amp;K Nails 9:00 Food Lion &amp; Publix <del>9:30 Healthy Upper Body - HH</del> 10:00 McLeod Farms &amp; Lunch at Big's, McBee, SC 1:00 Exercise with Robin - HH 1:30 History of Hotdogs - CR 2:00 Coloring with Alice - AS 3:00 Church Service - HH 6:00 Bible Reading - L 6:00 Card Games - CR</div>	<div>24</div> <div><del>9:30 Healthy Lower Body - HH</del> 11:15 Wheel of Fortune - MT 1:30 Exercise with Robin - HH 1:30 Harris Teeter 2:30 Jawsome Activity - CR 6:00 Bible Reading - L 6:00 Dominoes - CR</div> <div></div>	<div>25</div> <div>Hot Fudge Sundae Day 10:00 Water Walking - P 10:00 Charlotte Outlets and Lunch at Jim &amp; Nicks 2:30 The History of Ice Cream Sundaes - CR 3:00 Corn Hole - HH 6:00 Bible Reading - L 6:00 Stroll with a Friend</div> <div></div>	<div>26</div> <div>1:00 Memorial Service 1:00 Rummikub - HH 1:30 Rummy - AS 2:00 Movies w/ Ken - MT 3:30 Patrick Hudson Piano-HH 6:00 Bible Reading - L 6:30 BINGO - HH 6:00 Ron Hoover - CR</div>
<div>27</div> <div>9:00 WPC Service on CH 98 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L 6:00 Play Billiards - 5L</div>	<div>28</div> <div><del>9:30 Healthy Upper Body - CR</del> 10:30 Wellness Social 1:30 Cardio Drumming - HH 2:30 Aqua Move and Groove - P 3:00 CVS/Walgreens/Dollar Tree 6:00 Bible Reading - L</div>	<div>29</div> <div><del>9:30 Healthy Lower Body - HH</del> 10:15 Lou Ardrey BibleStudy-HH 1:30 Exercise with Robin - HH 2:00 Towers Stitchers - CR 3:00 Bingo - HH 6:00 Bible Reading - L 6:30 Hymn Sing - CR</div>	<div>30</div> <div>Nat'l Cheesecake Day 9:00 Food Lion &amp; Publix <del>9:30 Healthy Upper Body - HH</del> 10:45 Shay-ron Grill Lunch 1:00 Exercise with Robin - HH 1:30 History of Cheesecake - CR 2:00 RH History Ride-About II 2:00 Coloring with Alice - AS 6:00 Bible Reading - L 6:00 Card Games - CR</div>	<div>31</div> <div>Nat'l Avacado Day <del>9:30 Healthy Lower Body - HH</del> 11:15 Wheel of Fortune - MT 1:30 Exercise with Robin - HH 1:30 Harris Teeter 2:30 History of Avacado - CR 6:00 Bible Reading - L 6:00 Dominoes - CR</div>	<div>The Towers bus holds 14 people. If you sign up for an event or an outing and are not able to go, please remember to remove your name from the sign-up sheet so someone can go in your place!</div>	