

## Windows

**July 2025** 

Vol. XXXVI No. 7 1330 India Hook Road, Rock Hill, South Carolina 29732 (803) 328-5000





## **July Church Schedule**

The 2nd and 4th Wednesdays at 3:00 pm in Heritage Hall

7/9 Pastor Lisa Johnson, Bowling Green Presbyterian Church 7/23 Rev. Jon Oliphant, First ARP Church of Rock Hill

7/13 Catholic Communion Service at 3:00 pm in Heritage Hall. Deacon Ray Moore of St. Anne will preside.
All are welcome!

If you would like to suggest someone to conduct a Wednesday church service, please contact Nancy Anderson, in apartment 214, or Cami Freeman #5018, or Melissa Russell #5011

All Denominations are welcome!

If you would like to submit an article or pictures, please email them to: camifreeman@westminstertowers.org
The deadline for the August '25 edition of Windows is <u>Monday</u>, <u>July 14</u>.

Who remembers the one-room schoolhouse? Did you attend a one-room schoolhouse? We'd love to hear about your experience in the next edition of Windows.



#### Windows

July 2025 Vol. XXXVI No. 7

Newsletter Committee Members: Linda Lenz - Chairman Lou Ardrey Arlene Jenkins Blackwelder Jody FitzGerald Carole Partridge

> This Month's Contributors: Ed FitzGerald Alice Airth Carole Partridge Arlene Jenkins Blackwelder

> > Grammarian Jody FitzGerald

Publisher Cami Freeman

The next Newsletter Committee Meeting will be on Monday, July 21, 2025, at 2:00 pm, in the 2nd Floor Lounge.

# Wood Working Shop Reorganized by Ed FitzGerald

Unless you spend time in the basement, you would not know that there is even a wood working shop for resident's use. Since Major Ed McPoland's passing, no one has used the shop. All this has changed since Jimmy Townsend's arrival at the Towers. With help from maintenance, Jimmy has reorganized the power equipment, insured the equipment is in proper working order, cleaned up the shop, and reorganized the work benches and the various hand tools. I visited with Jimmy in the shop as he was repairing an antique coffee table for one of our residents. He is a wonderful storyteller with a great sense of Rock Hill history. Born here, he attended the Winthrop Training school, leaving to complete high school at Rock Hill High as they were offering classes in drafting and other technical training. He earned a Mechanical Engineering degree from Clemson and worked for a textile company in Charlotte for 20 years. He returned to Rock Hill when he purchased the Waldrop Supply Company, a wholesaler of appliances and plumbing supplies. He ran this business until retirement.



Always good with his hands, he learned auto maintenance and restoration working in the family Dodge dealership repair garage in his youth. He has restored many vintage Ford Model T and A automobiles. Recently, he hosted a group that toured the warehouse where the vintage cars are stored. He formed an



association with York master wood craftsman, John Leake, and learned the skills of furniture building and repair. At his mountain home in Blowing Rock, he built an impressive workshop where he crafted many beautiful pieces of fine furniture. He said that in Rock Hill he is known as a mechanic, and in the mountains a fine furniture builder.

He likes to work in the wood shop on weekends and thinks it will be totally reorganized in a month or so. Operating the machines requires some training both for safety and skill reasons. He is contemplating the best way for basic training for interested Towers residents. The shop doors are always locked when not in use. When Jimmy is there, the door is open, and he will happily give you a tour.



### Out & About by Alice Airth

In the last couple of weeks, the Towers Lunch Bunch (residents who enjoy going on the bus once or twice a week to local restaurants) have dined at a couple of new places - Nathan's Famous (NY-style hot dogs) and Rey Azteca both on Celanese and not far from each other in distance, but worlds apart in dining experiences.



Nathan's Famous is very much a fast-food place, offering not only hot dogs, but also hamburgers, chicken tenders, and sandwiches, NY cheesesteak, onion rings, milkshakes... you get the idea. Since they are most famous for hot dogs, we all ordered one (separately, of course, not one hot dog for all of us). As at any fastfood place, you place your order at the counter, telling the order taker exactly what you want on your hot dog (even mayo!), and pay at the time; on the plus side, this eliminates waiting for your check, making sure tip is not already included, and waiting for change. On the minus side, there was little indoor seating, and the tables that were there could not easily be pulled together if you wanted to sit as a group. Although I enjoyed my hot dog, the others were not so easily pleased - they had been to Ebenezer Grill, and while Nathan's might be Famous, it does not compare to Ebenezer Grill's hot dogs. Nathan's are too skinny and the skin too tough.

So, although the staff was friendly and accommodating, and we only tried one entree, the general consensus was not to add Nathan's to our list of return-to restaurants.



Our trip to Rey Azteca, however, had a different outcome. It is very much a sit-down, enjoy-a-meal type of Mexican restaurant, with what looked to be a well-stocked bar, and although the food is the usual Mexican dishes, well-prepared, with generous servings, it is the decor that makes it worthwhile - the huge chandeliers



have to be experienced to appreciate. Most of us ordered a lunch special - entree with Mexican rice and beans for under \$10, and it was one of the few times that I did not have a to-go box with me as I left, I ate it all (well, almost all). Sitting at the long table, admiring the surroundings, we gave this restaurant a definite thumbs up.



## "Thank You" to Judy Krepps

She is a lady of many talents – meeting not only the requirements of her daily job (and there are many), but she also goes the extra mile to make whatever task at hand complete and beautiful in its own unique way.

Residents welcome her on their assigned cleaning days because she lifts the spirit of a lonely soul confined by age, health, and ability to a small apartment. Her smile alone can tickle a fancy and refresh an outlook. There is a scent of refreshment in her wake as she progresses to her next assignment.

We see her fastidious work ethic in a sparkling bathroom and gleaming surfaces of furniture worn down by family memories cherished in a lonely and quiet hour of reflection.

In the lobby, she is responsible for the elegant and beautiful flower arrangements at the center table of welcome. Residents and visitors are grateful for the simple, but colorful table centerpieces in our busy Dining Room during a meal. Color and form are masterfully arranged to lift the spirit and improve our quality of life here at The Westminster Towers.

Our gratitude and sincerest appreciation to "Miss Judy". Thank you!

#### by Carole Partridge



When I approached Judy and discussed that I wanted to write something about her, her response to me was, "I don't want to draw attention to myself, I love my job and all the Residents in Westminster Towers!" Judy is a dedicated and conscientious worker. And work she does! Mosey on down to the lobby shortly after 7am, and there's Judy with busy hands constantly in motion even as she engages in a chat or concern a Resident may have. Whenever she leaves an area, one would be hard pressed to find a speck of dust anywhere due to her scrubbing, dusting, or fluffing pillows in couches and every chair. Judy truly makes our lobby look so inviting not only for Residents and Staff, but also for visitors, vendors, or anyone entering the Lobby.

Judy shared with me she has had no decorating experience, but I have heard many compliments on her decorations in the lobby, dining room, as well as other areas. I personally want to recognize Judy for the beautiful table decorations she did for Barney and my wedding reception Aug 29,2024. She went above and beyond to make our day so special!

Please stop when passing and say "thank you" for a job well done, Judy. We all appreciate you.





## The Challenges We Face

#### by Carole Partridge

There are fewer challenges we face in life

than the one when we see signs that a major "operation", we have been avoiding, is finally imminent. Due any minute! Absolutely necessary!! Can't WAIT another second!!!

We heave a great sigh of surrender, muster up the courage of a general, grit the teeth of a suffering soldier stuck in the mud. We envision ourselves as sacrificial lambs on the altar with eyes so pitiful the Master must certainly lift us up into understanding arms and carry us to the waiting altar of business. The instruments are spread out glitteringly silver some.... others with the rough flat edges for smoothing and shaping.

Why this has become necessary so soon is a mystery to the sages. One must gather the equipment with gritted teeth, sterilizing them as carefully as the head surgeon at a hospital.

A comfortable chair or seat must be at the proper height, width, and soft tenderness to the derrière. Oil and liniment in the proper place to ease the neck, back, and joints of hips and legs to be able to twist into the pretzel-like position necessary to angle the limbs and digits involved.

So much preparation, mental, but increasingly more physical, as the moment of truth approaches. Towels and instruments are spread out like a surgeon's table. Color awaits in a small bottle for final decoration—IF, that is, one survives the procedure so terrifyingly imminent. And IF A DIGIT OF THE FOOT HAS NOT BEEN AMPUTATED!!

Clip-clip, snip-snip, angle, tug, snap. Avoid the projectile missiles flying in all directions. Seek out and tenderly carve around that smallest toe hiding behind the others.

When the trauma of discovery and surgical procedures has been completely dispensed with, causing as little pain and body-twisting as possible— AH-AH-AH!!! Completion!! The tranquilizer bottle is put back into the bathroom cabinet. One heaves a GREAT sigh of relief! SUCCESS!!.... EXCEPT for trying to find the misplaced medicine for lumbago and liniment for corkscrew contortion. As she puts her instruments away, and one listens very carefully to the sighs and grunts, one might have heard a whispered curse aching to be shouted:

"THAT'S THE LAST TIME I'M GIVING MYSELF A PEDICURE!!! Sign me up for the B&K pedicure bus trip next time. AND DON'T YOU FORGET IT!!!"





## **Gayle Hadley**

A8.88

#### **Acknowledging Those Who Donate**

#### In Remembrance/Honor

Carlton & Judy Heustess Jim and Nancy Bright Jim and Nancy Bright Lou Ardrey Jody & Ed FitzGerald Dot Kerr Gayle Hadley Nell Branning, Dot Kerr & Gayle Hadley Lou Ardrey's Sister, yle Hadley, Mary McVann

Ed & Jody FitzGerald

Gayle Hadley, Mary McVann & Ann Herlong

Linder Tucker
Jody & ED FitzGerald
Lody & Ed FitzGerald

Gayle Hadley Jillian Clinton

Jody & Ed FitzGerald

Andy, beloved cat of Arlene Jenkins Blackwelder

Jody & Ed FitzGerald

Memorial to

Major Ed McPoland

If you want to make a donation to any of our funds (Endowment, Employee Assistance, or General Fund), please bring cash/check to Pam Engle in the business office. You can make checks out to Westminster Towers, and in the memo section, indicate the fund you are supporting.



Rock Hill History Ride-About Wednesday, July 16<sup>th</sup> at 2:00 pm



Pat Grant, a well-known Rock Hill Historian, will educate and delight us with local history on an hour-long ride through downtown Rock Hill. You don't want to miss this outing!

(At the time of this Windows' release, a second date for this ride-about has been scheduled for Wed. July 30<sup>th</sup>. Please check the new signup sheet for open seats.)

The Activity Committee will meet on Monday, July 14th, at 2:00 pm in the 4th floor lounge. Please come and share your suggestions for lunches, dinners, and other fun outings. Hope to see you there!!

> Linder Tucker, Activity Committee Chairman

# July Outings

## Signup at the Bulletin Board

Wednesday, July 2 11:30 am Lunch at Hoof & Barrel in York.

Friday, July 4 11:30 am Lunch at Olive Garden in Rock Hill.

Wednesday, July 9 5:00 pm Diner at Flipside in Rock Hill

Friday, July 11 10:30 am Brunch/Lunch at Ebenezer Grill

Wednesday, July 16 2:00 pm Rock Hill History Ride-About with Pat Grant

Wednesday, July 16 3:30 pm Outing to James. K. Polk Birthplace and dinner at Waldhorn in Pineville.

Friday, July 18 10:00 am McLeod Farms & Lunch at Big Meats.

Wednesday, July 23 10:30 am Lunch at Front Porch in Richburg.

Friday, July 25 10:00 am Charlotte Outlets & Lunch

Wednesday, July 30 10:45 am Lunch at The Sharon Grill in Sharon, SC.

Wednesday, July 30 2:00 pm Rock Hill History Ride-About with Pat Grant

