

February 2026 Calendar

Independent Living - Life Enrichment & Wellness

This Month we Celebrate



February Birthdays

Wendell Anderson 2/3
Irmgard McGonagill 2/3
Carlton Heustess 2/6
Ruth Greer 2/7
Pat Cashion 2/10
Dick Carpenter 2/11
Jan McCoy 2/18
Gaylon Syrett 2/28



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|---|--|---|--|
| 1 9:00 WPC Service on CH 98 2:00 Board Games - CR 2:00 OAPC Communion-CR 4:00 Vespers - HH 6:00 Bible Reading - L | 2 <i>Groundhog Day</i> 9:30 Healthy Upper Body - HH 1:30 Cardio Drumming - HH 3:00 Walmart Newport 6:00 Bible Reading - L | 3 <i>Nat'l Carrot Cake Day</i> 9:30 Healthy Lower Body - HH 10:15 Lou's Bible Study-HH 1:30 Exercise with Robin - HH 2:00 Towers Stitchers - CR 3:00 Bingo - HH 3:45 YC Book Mobile - L 6:00 Bible Reading - L 6:30 Hymn Sing - CR | 4 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 11:00 Junior Varsity & Tour of The Thread 2:00 Corn Hole - CR 3:00 Church Service - HH 6:00 Bible Reading - L 6:00 Card Games - CR | 5 9:30 Healthy Lower Body - HH 11:15 Brain Games - MT 1:30 Balloon Volleyball - HH 1:30 Harris Teeter 6:00 Bible Reading - L 6:30 Dominoes - CR | 6 <i>Nat'l Wear Red Day</i> 10:30 Catawba Fish Camp 2:00 Winter Olympics Opening Ceremony - TV in CR 3:00 Corn Hole - CR 6:00 Bible Reading - L | 7 10:30 Voices of Experience Choir Practice Resumes - HH 11:00 Epiphany Chocolate Fest. 1:00 Rummikub - HH 1:30 Rummy - AS 1:30 Winthrop Basketball 2:00 Movies w/ Ken - MT 6:45 RH Symphony 6:00 Bible Reading - HH 6:30 BINGO - HH |
| 8 Super Bowl Sunday 9:00 WPC Service on CH 98 2:00 Board Games - CR 2:45 Catholic Church Service and Communion - HH 4:00 Vespers - HH 6:00 Bible Reading - L | 9 Nat'l Pizza Day 9:30 Healthy Upper Body - HH 10:30 Agape Wellness - CR 1:30 Cardio Drumming - HH 2:00 Activity Cmte Mtg - 4L 3:00 CVS/Walgreens/Dollar Tree 6:00 Bible Reading - L | 10 9-11am BASHA Tech Help 10:15 Lou's Bible Study-HH 1:30 Exercise with Robin - HH 2:00 Corn Hole - HH 3:00 Bingo - HH 6:00 Bible Reading - L 6:30 Hymn Sing - CR | 11 Make a Friend Day 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 1:30 Fun & Games - HH 2:00 Woodworking - WS 3:00 Quandts SingALong -HH 5:00 Rey Azteca Dinner 6:00 Bible Reading - L 6:00 Card Games - CR | 12 PORT of CALL: FRANCE 9:30 Healthy Lower Body - HH 11:15 Brain Games - MT 1:30 Harris Teeter 2pm FirstARP BibleStudy-CR 6:00 Bible Reading - L 6:30 Dominoes - CR | 13 Galentine's Day 10:30 Brunch @ Pop's Café 2:00 Valentine's Party - HH 3:00 Corn Hole - HH 6:00 Bible Reading - L | 14  10:30 Choir Practice - HH 1:00 Rummikub - CR 1:30 Rummy - AS 6:00 Bible Reading - HH 6:30 BINGO - HH |

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|--|--|--|
| 15 <i>Red Sock Day</i> 9:00 WPC Service on CH 98 2:00 Board Games - CR 2:15 RH Music Club @ Byrnes 4:00 Vespers - HH 6:00 Bible Reading - L | 16 <i>President's Day</i> 9:30 Healthy Upper Body - HH 10:30 Candy Dice Game - CR 1:30 Cardio Drumming - HH 2:00 Newsletter Cmte Mtg - 2L 3:00 Walmart Newport 6:00 Bible Reading - L <i>Newsletter Articles Due</i> | 17 <i>Mardi Gras</i> 9:30 Healthy Lower Body - HH 1:30 Exercise with Robin - HH 10:15 Lou's Bible Study-HH 2:00 Towers Stitchers - CR 3:00 Bingo - HH 3:45 YC Book Mobile - L 6:00 Bible Reading - L 6:30 Hymn Sing - CR 7:30 CLT Symphony Orchestra at Byrnes Aud., Winthrop | 18 <i>Ash Wednesday</i> 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 2:00 Woodworking - WS 3:00 Ecumenical Church Svc-HH 5:00 Flipside Dinner 6:00 Bible Reading - L 6:00 Card Games - CR | 19 9:30 Healthy Lower Body - HH 11:00 Audiology - CR 11:15 Brain Games - MT 1:30 Harris Teeter 3:00 Bill Calisanti Sings - HH | 20 9:30 Donut Day - CB  10:00 Hamrick's and Lunch at Clock Restaurant 2:00 ALL Fun & Games - HH | 21 10:30 Choir Practice - HH 1:00 Rummikub - HH 1:30 Rummy - AS 2:00 Movies w/ Ken - MT 2:00 Piano Recital, Claire - HH 6:00 Bible Reading - HH 6:30 BINGO - HH |
| 22 9:00 WPC Service on CH 98 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L | 23 9:30 Healthy Upper Body - HH 1:30 Cardio Drumming - HH 2:00 Providence Classical School: Activity - HH 3:00 CVS/Walgreens/Dollar Tree 6:00 Bible Reading - L | 24 9:30 Healthy Lower Body - HH 1:30 Exercise with Robin - HH 10:15 Lou's Bible Study-HH 2:00 Towers Stitchers - CR 3:00 Bingo - HH 6:00 Bible Reading - L 6:30 Hymn Sing - CR | 25 9:00 B & K Nails 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 1:30 Wellness Social - CR 2:00 Woodworking - WS 3:00 The Starts Music - HH 4:30 Pier 51 Dinner 6:00 Bible Reading - L 6:00 Card Games - CR | 26 Nat'l Chili Day 9:30 Healthy Lower Body - HH 11:15 Brain Games - MT 12:00 Employee Chili Cook-off Resident-judged - CR 1:30 Harris Teeter 6:00 Bible Reading - L 6:00 Dominoes - CR | 27 Nat'l Strawberry Day 11:00 Garden Café & "Bites" 1:30 Balloon Volleyball - HH 3:00 Corn Hole - HH 6:00 Bible Reading - L | 28 Nat'l Pancake Day 10:30 Choir Practice - HH 1:00 Rummikub - HH 1:30 Rummy - AS 2:00 Movies w/ Ken - MT 3:00 Dawson Duo - HH 3:30pm Winthrop Basketball vs Presbyterian College 6:00 Bible Reading - HH 6:30 BINGO - HH |
| # + L - # Floor Lounge AS - Art Studio in the Lower Level BR - Billiards Room - 5th floor CB - Coffee Bar in the Dining Room CH99 - Channel 99 CR - Community Room CY - Courtyard DR - Dining Room FR - Fitness Room (Gym) GR - Garden Room in Health Center HH - Heritage Hall L - Lobby LL - Lower Level | <p>On the table by the Bulletin Board you will find an INTEREST Book. This will be full of places to go and things to see & do in upcoming months. If something piques your interest, please put your name on the list so we can plan activities and outings accordingly.</p> | | <p>All activities on the calendar are subject to change. Check your weekly Highlights and the bulletin board for additions, updates, changes and cancelations. You will also find in Highlights a listing of movies for the week and programs airing on CH 99.</p> | | <p>The Towers bus holds 14 passengers and the Limo holds 7. If you sign up for an event or an outing and are not able to go, don't forget to remove your name from the sign-up sheet so someone can go in your place!</p> | |