

Windows

July 2026

Vol. XXXVII No. 7 1330 India Hook Road, Rock Hill, South Carolina 29732
(803) 328-5000



250
Years of Freedom



July Church Schedule

**The 1st and 3rd Wednesdays at 3:00 pm
in Heritage Hall**

**7/1 Patriotic Hymns and Scripture Readings with Nancy
Anderson**

7/15 Rev. Jon Oliphant, First ARP Church of Rock Hill

**7/12 Catholic Communion Service at 2:45 pm in Heritage Hall.
Deacon Angel will preside. All are welcome!**

**If you would like to suggest someone to conduct a Wednesday church
service, please contact Nancy Anderson, in apartment 214.
All Denominations are welcome!**

If you would like to submit an article or
pictures, please email them to:
camifreeman@westminstertowers.org
The deadline for the July '26 edition of
Windows is Wednesday, July 15.

Windows

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Vol. XXXVII No. 7

Newsletter Committee Members:

Linda Lenz - Chairman
Alice Airth
Lou Ardrey
Arlene Jenkins Blackwelder
Jody FitzGerald
Charles Ives
Carole Partridge

Grammarian
Jody FitzGerald

Publisher
Cami Freeman

Oops!!

*I extend my apologies to Lee Polk, I did not intend to overlook
her insightful remarks regarding her father, Weldon Burns, in
last month's Windows feature about fathers.*

My dad would be the first to tell you he is far from perfect, but
to me, he is close to wonderful! My memories include family
bike rides to the Crown Creamery, a boat ride at the lake cut
short because the boat would only go backwards, after church
lunches with our grandparents, and summers at the beach. But
most importantly, I knew that I could always count on his
support. I could say more, but it would never be enough.

I love you, Dad!
Lee

The next Newsletter Committee Meeting
will be on Monday, July 20, 2025,
at 2:00 pm, in the 2nd Floor Lounge.

Some Thoughts

by Nancy Anderson,
Your Residents' Association President

As I begin this new venture as President of the Residents' Association, I have a desire to foster a peaceful and constructive coexistence between staff and residents. It is certainly true that if we didn't have staff, we would not be able to live in the Towers. But it is also true that without residents, there would be no need to hire staff. We are truly mutually dependent on each other, and therefore, it is important that we find ways to collaborate respectfully.

Interestingly, the dialect we learned while living in the Philippines has two words for "we." If I were to say, "We lived in the Philippines for 10 years," you would understand that "we" did not include you. We would use the word "kami" for that "we." However, if I were to say, "We are having a beautiful day here today," you would understand that my use of the word "we" included you, so the word "kita" would be used rather than "kami." As you can imagine, we made a lot of mistakes as we tried to figure out which "we" to use!



When we identify areas that need improvement in and around the Towers, let's put the meaning of "kita" to good use, acknowledging that the administration, staff, and residents are all in this together. Without our staff's expertise, things would never get fixed or improved. And praise and appreciation are powerful incentives to get the work done! It is so easy to see only the negatives about any situation, isn't it? When we have complaints, let's balance them by mentioning the good things we are also enjoying. In fact, we must have all found something we liked about Westminster Towers to have chosen to live here in the first place, right?

The Next

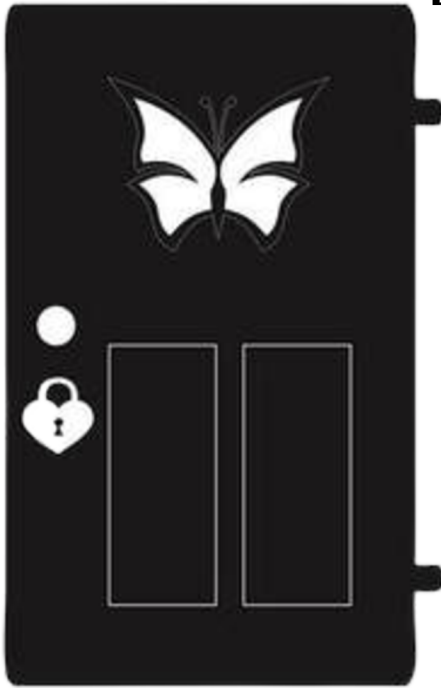
Residents' Association Quarterly Meeting

Tuesday, September 1, at 2:30 pm
in Heritage Hall



Her Place

By Jody FitzGerald



In May, Barbara Marnock, Dot Modla, Bill Davison, Jody, and Edmund FitzGerald were able to tour Her Place, a transitional home for women founded by Sue Fullerton and Regeana Philips.

Her Place is a community of women helping each other overcome health problems, addictions, and family dysfunctions. They plan all their meals and do all the cooking and cleaning. One of the goals of Her Place was to have work the women could do on campus. In January, they began their candle-making business. The residents make choices about fragrance, containers, and marketing their products.

Her Place residents are learning to listen without judgment and to accept that others may not share their beliefs. Mrs. Fullerton expressed her gratitude for the continued financial support to keep Her Place a viable home for women who have no place else to go.



Standing in the Garden of Her Place, Jody FitzGerald, Barbara Marnock, Bill Davison, Dot Modla, Sue Fullerton, & Ed FitzGerlad

God Bless America.

By Lou Ardrey

Those of us who have always lived in the “land of the free and the home of the brave” often take our freedom for granted. We forget what it cost those brave men who signed the Declaration of Independence and secured our freedom.

The 56 men who signed the document in 1776 were men of means and education. Twenty-four were lawyers and jurists. Eleven were merchants, nine were farmers and large plantation owners. They had security, but they valued liberty more. They signed the Declaration of Independence knowing full well that, under British law, the penalty would be death if they were captured. They pledged: “For the support of this declaration, with firm reliance on the protection of the divine providence, we mutually pledge to each other our lives, our fortunes, and our sacred honor.”

Their fates varied widely... from political triumph to personal ruin. There were severe hardships and retribution. Five signers were captured by the British, as traitors and either executed or died in captivity, including George Walton, Thomas Heyward Jr., Arthur Middleton, Edward Rutledge, and Richard Stockton.

Twelve had their homes ransacked and burned.

Two lost their sons fighting in the Revolutionary Army.

Two had their sons captured.

Nine fought and died from wounds or hardships of the Revolutionary war.

Carter Braxton of Virginia, a wealthy planter and trader, saw seven ships swept from the seas by the British Navy. He sold his home and properties to pay his debts and died in rags.

Thomas Keam was so hounded by the British that he was forced to move his family almost constantly. He served the Congress without pay, and his family was kept in hiding. His possessions were taken from him, and he died in poverty.

Thomas Nelson Jr. at the Battle of Yorktown, noted that the British General Cornwallis had taken over the Nelson home for his headquarters. He quietly urged General George Washington to open fire. The home was destroyed, and Nelson died bankrupt.

Francis Lewis had his home and properties destroyed. The enemy jailed his wife and she died within a few months.

John Hart was driven from his wife's bedside as she was dying. Their 13 children fled for their lives. His fields and his grist mill were laid to waste. For more than a year, he lived in forests and caves. He returned home to find his wife dead, and his children had vanished. A few weeks later, he died from exhaustion and a broken heart.

Norris and Livingston suffered similar fates.

Freedom isn't free.

As we celebrate 250 years of freedom on July 4, 2026, let's remember these courageous men and thank God who used them in such a powerful way.

God Bless America.

Portions were taken from several sources on the internet.

Places to Worship Around The World

by Milt Jellum

Continued from May 2026 edition of Windows.

HASSAN II MOSQUE, Casablanca, Morocco: Construction completed in 1993 and covers 22 acres with a capacity of 25,000 inside and 80,000 outside on the grounds. The single minaret is 690 feet tall (more than two football fields in length). Casablanca was the last stop on a trip across the Atlas Mountains and over 75 miles into the Sahara desert for tent camping. Sitting on the top of sand dunes, we had amazing colorful sun rises. We had another stop to watch goats climb argan trees to eat argan nuts. A small area in Morocco is the only place in the world where argan trees are grown. Argan nut oil is used in cosmetics, shampoo, soap, and numerous health and wellness products.



*Hassan II Mosque,
Casablanca, Morocco*



The Tree Goats of Morocco



Sagrada Família is the largest unfinished Catholic church in the world. This picture was taken in 2023.

SAGRADA FAMILIA, Barcelona, Spain: A UNESCO World Heritage Site, and is the tallest church in the world at 566 feet and is the largest Catholic church in the world. The church was designed by the architect Antoni Gaudí and construction began in 1882. Gaudí died in 1926 when the church was less than a quarter complete. The church is expected to be mostly done in 2026, but some details and a stairway to the entrance will not be done until 2034. We had a tour of the completed parts of the church in 1998.

INDHERRED LUTHERAN CHURCH, Starbuck, MN: My home church located three miles in the country north of Starbuck, MN. The farm I grew up on was located one-half mile west of the church. School District #3 was located one-half mile south of the church. My four brothers and I walked to school past the church twice a day for eight years. The name “Indherred” came from a district (similar to a country) in Norway north of Trondheim. The community around Indherred church was nearly 100% Norwegian immigrants. Many of the immigrant families came from the Indherred district.



Indherred Luthern Church

A big THANK YOU to Cami Freeman for researching and selecting appropriate pictures.

Milt



IN AND AROUND

WESTMINSTER TOWERS

BY ALICE AIRTH

Did you know we have an Art Studio (a.k.a. Art Room)? It's on the Lower Level (a.k.a. in the basement), and if you've ever taken items to the Swap Table or out to the recycle bins, visited the HomeBridge office, or gone to see Dr. Patel, you've passed right by it. It has cabinets full of art supplies – paints, paper, brushes, scissors, glues, as well as yarns, knitting needles, how-to books, etc. – and it's the only room in the whole building with a mural on the walls!

Right now, there are two scheduled weekly events in the room – rummy on Saturday afternoon at 1:30 pm and Coloring with Alice on Wednesday at 2 pm. Life Enrichment will sometimes schedule activities such as card-making workshops or other art-related projects. (There's a rumor of a possible workshop on using stencils for card-making or covering food stains on shirt fronts...)

Only two residents have been using the room on a semi-regular basis, and they have been allowed to keep some personal supplies on hand, but there is still plenty of room for anyone who wants to try their hand at painting with watercolor or acrylics, or maybe needs room to work on a collage, paint-by-number, or other project that takes up too much room in their apartment.

So the next time you're on the Lower Level (in the basement), stop by and check out the Art Studio -- the door is always unlocked. Who knows, you may have talents you haven't begun to explore.

Meet Your Neighbor

by Arlene Jenkins

Mildred “Ann” Cloud—yes, she introduced herself as Cloud “like the cloud in the sky”—was born and raised in Chester, SC. After graduating from Chester High School in 1963, Ann attended Columbia Commercial College, where she graduated in 1964. She then began her career with the Federal Government in a highly classified role, which she chose not to elaborate on. Ann continued in this position until her retirement in Chester, where she still resides in her own home.

An unfortunate incident occurred when Ann stepped into a hole in her backyard. “You really have to watch out for those holes, Ann!” she remarked. Ann was admitted to Westminster Manor for rehabilitation and expressed her intention to return home as soon as she is physically capable.

Ann has a son named Jason, who owns HOBOS Restaurants in Rock Hill and Fort Mill. Jason and his wife, Jill, have a daughter, Lu ‘Ella’ Grace, who is truly the “apple of Ann’s eye.” Ann is a charming and kind-hearted lady, and I feel privileged to call her my neighbor.



Ann Cloud

Introducing Mary Louise & Evan Rains



Mary Louise Freeman & Evan Rains

To see more pictures of the wedding, tune in to Channel 99 every day at 3:00 pm until July 12th for a slide show.

I want to express my heartfelt thanks to everyone who congratulated my daughter and her new husband! I also appreciate your patience with me in the months leading up to their special day. With my thoughts racing in so many directions, it’s a miracle I showed up to work wearing matching shoes!

Their wedding was held in Asheville, NC, by the French Broad River at a stunning Airbnb that permitted events. Her primary requirement was a venue spacious enough for her large bridal party, which included nine bridesmaids, ensuring that the celebration could continue throughout the night!

Family and friends gathered from across the nation, making it an unforgettable evening.

A special thank you goes out to Barbara Ingelse for her invaluable assistance in creating the beautiful table decorations.



Cami Freeman
Life Enrichment
Dept. at
Westminster
Towers



OUT AND ABOUT

RESTAURANT REVIEW

BY ALICE AIRTH

If you plan on going to Steak and Shake, take your grandkids...and if you don't have any, take someone else's, because you will need them in order to order!

A busload of Towers' seniors entered the restaurant last month, expecting to be met with the usual ordering counter and a human being behind it, and were met instead with several touch-screen kiosks, on which we were expected to order our lunch. Needless to say – but I'll say it anyway – confusion reigned. Thankfully, we had Brent to rely on (as usual), and with his help, and a sympathetic customer who took pity on us and helped us out, we finally got our orders placed, then sat down to await our food. Oh, and the screen doesn't tell you, but you have to get your own drink from the drink machine in the dining room.



When you place your order, the screen wants your name, and they – yes, there are some actual people involved – will call your name when your food is ready, so you can walk up to the pickup counter and get it (another job for the grandkids). If you don't want to use your own name, just be sure to remember what name you do use, or you might not get your food.

Speaking of the food, the steakburgers are still tasty, as are the shakes, which come in old-fashioned frosted glasses with extra-large straws. The dining area is spacious and clean, and to-go cups and boxes are available, but you have to go to the pick-up counter and catch a human to get them.



So, there you have it – good food, but ordering can be challenging if you're not tech savvy and/or if you have trouble seeing.

You have been warned.



*Dining at Steak 'n Shake, starting on the left and going down and around the table:
Charles Ives, Alice Airth, Celeste Fatora, Dick Sherbert, Barbara Sherbert, Bill Davison, Dot Modla, Arlene Jenkins, and Lou Ardrey.*



by Ed FitzGerald

- First Citizens Bank personal banker, Peter Guarascio, has changed the days he visits the Towers. Peter now visits twice monthly on the second and fourth Tuesday from 10 AM to 11 AM. You can find him in the coffee bar. His bank provides personal banking as well as the cash machine located in the computer room near the North elevator.
- The new pool continues to experience a problem with leakage and has been closed. The pool contractor and JR continue to search for the point of the leak. Once identified and corrected, we will be back in the pool enjoying the refreshing water.
- Experiencing an emergency pendant problem? Contact JR. He can either fix it or order a replacement. Be advised that a replacement costs the resident \$129. So, be very careful how you handle your pendant!
- I continue to hear reports of residents falling in their apartments and not being close to their pendant for activation. The consequences of falling and being alone in your living unit are serious issues. Not being able to alert Reception or the Manor can be devastating. You will be helpless until discovered many hours after the fall. If you live alone, wearing your pendant at all times is good insurance. Not wearing it, is a life-threatening gamble.
- Most of the coded door keypads have been replaced with upgraded units. These new units are lighted and have well-defined

numbers, making it easy to tap in the door code. Thanks, staff, for making life much easier at the Towers.



- If you look on the back of your Medicare Card at the bottom, you will notice an 800 phone number. Need to contact Medicare? This phone number will connect you with an appropriate Service Representative who will be happy to work with you on a proper solution.
- Be alert to Medicare scams attempting to switch you to a Medicare Advantage contractor. Last year, I was switched to Devoted Health Plan without my knowledge. It took me a bit of time to get switched back to Standard Medicare Part A and B. If you get unusual questions about your insurance when checking in at a medical facility, your Medicare plan may be getting tinkered with.
- The Carolina Hurricanes won the Stanley Cup National Hockey League (NHL) championship with a 3-0 shutout of the Las Vegas Golden Knights. This is an amazing accomplishment since we do not get much snow and ice here in the Carolinas!

PLEASE

THANK
YOU

Etta Kett says....

Pledge of Allegiance

During the Pledge of Allegiance to the flag of the United States, stand, face the flag, place your right hand over your heart, and say the words. Focus your attention and eyes toward the flag.

Do not walk, talk, smack gum, eat, drink, or smoke during the Pledge of Allegiance. Do not salute or pledge allegiance to a flag of a foreign country.



Patriotism / National Anthem

When the national anthem is played in a public place (ballgames, etc.), all able-bodied people should rise to their feet, put their right hand over their heart, and sing or remain silent until it is over.

Do not eat, drink, talk, shout, or move about while the national anthem is played or sung. Cheer and clap to your heart's content when it is finished. Do not stand when the national anthem is played as part of a performance (i.e., in a movie or play).



In Loving Memory



**Lynn Hornsby
Juli Gasque
Carole Partridge**

Acknowledging Those Who Donate

In Remembrance/Honor

Frances & Marty Cope
LeAnne & Chris Gardner
Lib & Spencer Anderson
Lou Ardrey
Jim Bright
Jody & Ed FitzGerald
Judy & Carlton Heustess
Jody & Ed FitzGerald

Juli Gasque
Juli Gasque & Lynn Hornsby
Juli Gasque & Lyn Hornsby
Lynn Hornsby
Lynn Hornsby & appreciation for Brent Lester
Juli Gasque, Susan Sumner's Monther-In-Law,
Ruth Greer's Brother, & Edmund's 91st Birthday
Carole Partridge

Endowment
Endowment
Endowment
Endowment
Endowment
Employee Appreciation
Endowment
Employee Appreciation
Endowment

Lou Ardrey

If you want to make a donation to any of our funds (Endowment, Employee Appreciation, or General Fund), please bring cash/check to Pam Engle in the business office. You can make checks out to Westminster Towers, and in the memo section, indicate the fund you are supporting.

July Outings

JUNE 2026 MEMORIES

Signup at the Bulletin Board

Wednesday, July 1

3:30 pm Early dinner outing to Texas Road House.

Thursday, July 2

6:30 pm Movie Outing: Young George Washington, at Manchester Cinema.

Friday, July 3

10:00 am Brunch at Ebenezer Grill in Rock Hill

Saturday, July 4

1:15 pm Faith & Freedom Celebration at St. Philip Neri Catholic Church in Fort Mill

Sunday, July 5

2:00 pm Outing to Springs Farm for ice cream and peaches.

Wednesday, July 8

11:30 am Lunch at Flipside in Rock Hill.

Friday, July 10

4:30 pm Dinner at Tokyo Japan.

Wednesday, July 15

11:30 am Lunch at Olive Garden.

Thursday, July 16

1:30 pm Tour of Gaulden Monuments.

Friday, July 17

10:00 am Road trip to McBee, SC, for a visit to McLeod's Farm and Roadside Market.

Tuesday, July 21

6:00 pm Outing to the Catawba Cultural Center to learn about the Catawba Nation's role in the Revolutionary War.

Wednesday, July 22

11:30 am Lunch at Front Porch in Richburg, SC.

Friday, July 24

4:30 pm Dinner at Trio's in Pineville.

Friday, July 25

4:00 pm Outing to Narrowway Theater for Not Just Another Love Story.

Wednesday, July 29

4:30 pm Dinner at Waldhorn German Restaurant in Pineville.

Friday, July 31

11:00 am Lunch at Mary's Cafe in Rock Hill.

