

Windows

August 2026



Vol. XXXVII No. 8 1330 India Hook Road, Rock Hill, South Carolina 29732
(803) 328-5000

**“Deep summer is when laziness
finds respectability”**
Sam Keen





August Church Schedule

**The 1st and 3rd Wednesdays at 3:00 pm
in Heritage Hall**

**8/5 Ron Richardson, Catawba Baptist Church
78/19 Rev. Jon Oliphant, First ARP Church of Rock Hill**

**8/9 Catholic Communion Service at 2:45 pm in Heritage Hall.
Deacon Ray Moore will preside. All are welcome!**

**If you would like to suggest someone to conduct a Wednesday church
service, please contact Nancy Anderson, in apartment 214.
All Denominations are welcome!**

If you would like to submit an article or
pictures, please email them to:
camifreeman@westminstertowers.org
The deadline for the September '26 edition
of Windows is Wednesday, August 12.

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Newsletter Committee Members:

Linda Lenz - Chairman
Alice Airth
Lou Ardrey
Arlene Jenkins Blackwelder
Jody FitzGerald
Charles Ives
Betty Spradley

Grammarian
Jody FitzGerald

Publisher / Editor
Cami Freeman

Oops!!

*Two mistakes were printed in the July edition of
Windows. Below are the corrected paragraphs:*

Meet Your Neighbor: Ann Cloud - correction:
It was suggested that Ann Cloud had a wife
named Jill, when in fact Jill is the wife of her son
Jason.

Some Thoughts - correction:
The word 'kayo' was used to represent the
Filipino "collective we" when it should have been
'kita'.

The next Newsletter Committee Meeting
will be on Monday, August 17, 2026,
at 2:00 pm, in the 2nd Floor Lounge.

FIRST DAY OF SCHOOL IS TOUGH FOR ALL



The first day of school is rough on mothers... especially the young ones who are saying goodbye to an era.

I dropped in on Jean Carp to hold her hand and reassure her that everyone would survive the day.

“Did you get Kenny off to school?” I asked.

““Yes, finally,” she groaned, pouring herself a cup of coffee.

“What happened?”

“He didn’t want to go.”

“You’re kidding.”

“No, He said the kids wouldn’t like him.”

“Didn’t you tell him how ridiculous that was?”

“Yes, I told him how during the summer he had made a lot of friends. Then he said his teachers had it in for him.”

“Why would he say a thing like that when he doesn’t even know them yet?”



“I don’t know. I almost got him out of the door when he came back and changed his clothes for the third time. Said his belt was too wide and his shoes too clean.”

“Oh, good grief.”

“That’s when he slumped down into a chair and said,” “I’ll never find the restroom or the cafeteria. I’m surely not going to ask someone.”

“What did you tell him?”

“ I told him I’d put a note in his pocket with B-O-Y-S printed on it and pack his lunch.”

“Did that do it?”

“Nope. He wanted to know how many days he had to put in until Christmas vacation.”

“What an attitude,” I said shaking my head.

“He got out to the driveway. Then he came back in again and said, 'Why do I have to go to school anyway? Why can’t I just stay home and help you? I could run errands, take out the garbage, and watch the baby for you when you go to the dentist.' Can you believe he actually offered to get a regular job?”

“Incredible.”

“I really felt sorry for him though,” said Jean. “When I watched him walk down the street clutching his lunch bag and hanging onto those pitiful few books and a new pencil, I wanted to call him back. But when a man is 44 years old and the new principal, he has no choice.”

I shook my head “Don’t be surprised if he bolts at lunch.”

By Erma Bombeck

Reprinted from the Birmingham News

Submitted by Lou Ardrey



by Ed FitzGerald

- Your July statement now includes an additional \$60 charge for the new, improved telephone and communications system installed earlier this year.
- If you are still driving, please be extra cautious if you use the private road that runs from McDow Street to India Hook. This road is used as a cut-through by many of our speeding neighbors. At the curve near India Hook, the sight lines are becoming obscured by tree foliage and other growth. A narrow road, with poor sidelines, is an accident waiting to happen. The road belongs to Westminster Church, and they have been notified of the potential problem. Drive the road with extreme caution, as it is a risk.
- The pool has reopened once again! Consider putting a pool visit into your exercise plan. The water temperature is a perfect 82 degrees. Water exercise weights, noodles, and lifesaver floats are stored in a large storage box—very organized. Water walking is an excellent way to tone up your muscles and strengthen knees and arms. Don't forget to wear your pendant. It is waterproof and can alert the emergency system if a problem arises.
- The lobby plants have been relocated to the swimming pool. Apparently, these plants thrive best in a high humidity atmosphere. The pool is perfect for helping the plants thrive.

- Our new recycling system is proving to be quite effective. The containers positioned outside the basement exit are filling up rapidly and are emptied on a weekly basis. However, there is still one issue to address. When you bring your recyclable items in a plastic grocery bag, please ensure that you remove all contents from the bag before placing them in the recycling bin. The empty grocery bag should not be placed in the blue recycling bins. Instead, kindly dispose of your empty grocery bag in the designated container for plastic bags located inside the basement, next to the paper shredder.



- Printer ink cartridge getting low? Remove the cartridge, jiggle it a bit, reinsert it, and you will get significant extra printing. Thanks, Alice!
- The Veterans poster that received several complaints at the Memorial Day ceremony will be updated and reappear by Labor Day. It will be nicely framed and hung in the hallway that leads to Heritage Hall. The poster will be updated with new names added and deceased Veterans removed each Veterans Day, starting in November 2026.

The Month of August

by Nancy Anderson

August was named after the Roman emperor Augustus Caesar in 8 BC, because during this month, he achieved great military triumphs.

Here are some interesting and significant events that have occurred in the month of August:

- On August 24, 79 AD, Mount Vesuvius erupted near the city of Pompeii raining down not only great clouds of ash, smoke, and pumice, but also molten lava, which buried residents to the depth of seven feet!
- On August 6, 1762, the Earl of Sandwich requested that he be served a meal consisting of meat between two slices of bread, thus creating the first sandwich.
- In August 1896, the gold rush in Alaska began after the precious metal was discovered in the Klondike.
- In August 1945, the Second World War technically ended when Japan surrendered to the allied forces.
- August 19 is National Aviation Day and was established in 1946 marking the birthday of Orville Wright, who piloted the first recorded flight of a powered heavier-than-air machine in 1903.
- On August 28, 1963, Martin Luther King Jr. gave his famous "I have a dream" speech at the Lincoln Memorial in Washington, DC, to 250,000 people. Considered to be one of the most significant speeches in US history, it called for an end to racial discrimination and equal rights for all.

- August 26 is Women's Equality Day, established in 1971, and celebrates the 1920 ratification of the Nineteenth Amendment and women's right to vote in the US.
- On August 8, 1974, Richard Nixon became the first US President ever to resign from office. This was due to the Watergate Scandal.

August is called the "harvest month" in many cultures in the northern hemisphere, as it is the time to begin bringing in the crops from the fields. It is also the month of preparation for those who will be going back to school. Because I liked school, I couldn't wait for the month to be over, as school in those days always started after Labor Day. Plus, I didn't like all the garden work that had to be done in August, though I was glad to eat of the produce our garden produced! Today it seems that school starts in August.

Natural disasters frequently occur in August. It falls during the height of the hurricane season. Fires also seem to rage during this very sunny and dry month. Vegetation often becomes brown -- just waiting for a lightning strike or some accidental or intentional human behavior to set it ablaze.

August's full moon will appear on the evening of August 27, reaching peak illumination at 12:18 A.M. Eastern Time on August 28. It is called the Sturgeon Moon because August is the month when sturgeon fish are the largest.

Westminster Towers Water Garden

by Pat & Steve Cashion

People who construct pools describe them as structures embedded in the ground capable of holding water, fish, and plants. In contrast, above-ground structures designed to contain water and plants are referred to as water gardens, which is what we have created.

Before becoming a water garden, our fountain had developed a leak and had to be drained and repaired. Chick Williams, who started the project, brought 15 goldfish and 3 sucker fish to the Westminster Water Garden. Some of the goldfish are about a foot long. One sucker fish died after the winter freeze. We have added 3 Koi fish and replaced the sucker fish that died. The Koi all have names: Bruce Jenner, Billie, and Braveheart. Bruce is white, Billie is golden yellow, and Braveheart is golden yellow with black spots. Currently, they measure around six or seven inches in length.

Research indicates that goldfish can live up to 20 years in an outdoor setting, while Koi can thrive for as long as 70 years. Goldfish can grow up to a foot long, whereas Koi can reach an impressive three feet in length, provided they have ample space to swim. This year we're excited to report about 25 baby goldfish have hatched. It's worth noting that female Koi do not become fertile until they are two years old, while males reach maturity at four years.

To enhance our water garden, we have introduced two water lilies, two water poppies, one bog lily, and a lizard's tongue plant. However, the algae problem in the water garden has proven to be quite challenging. The more shade the water has, the less algae will grow. While our fish are cold water fish, they don't need as much shade as the water, but they don't like hot water. The algae cause the water to be green and decrease the oxygen content of the water. We have used numerous algacides, but nothing has worked. We've decided to empty the water garden in the fall and drain it entirely, ensuring the fish are safely preserved during this process.

VOLUNTEER(s) NEEDED

Pat and Steve Cashion are seeking one or more volunteers to assist with the maintenance of the Water Garden by cleaning the water filters during their time away.

If you would like to volunteer, please contact Pat and Steve in apartment 512.

Steve: 803-389-8348

Pat: 803-417-8044



PLEASE

THANK
YOU

Etta Kett says....

Table Manners

Most inedible food items (bone particles, meat gristle, etc.) should be removed from the mouth the way they went in. Work the piece to the front of your mouth with your tongue; then, with a spoon or fork, transfer it to your plate. Fish bones and hard or round items (olive pits) may be removed between the forefinger and the thumb.

The Next

Residents' Association Quarterly Meeting

Tuesday, September 1, at 2:30 pm
in Heritage Hall



SAVE THE DATE

**Fundraising
Starts Soon!**



**2026 Walk to End Alzheimer's
Saturday, September, 26**



In Loving Memory



**Dora Bowman
Ray Damron**

Acknowledging Those Who Donate

In Remembrance/Honor

Jody FitzGerald
Gale Hipp
Pat & Steve Cashion
Ruth Greer
Sue Nazak
Sharon White
Mildred Taylor
Jim Bright
Linder Tucker
The Ward Children
Lou Ardrey
Pauline & Milt Jellum
Charles Ives

Lou Ardrey's Birthday, Vince Adair's Wife
Juli Gasque, Carole Partridge, Dora Bowman
Carole Partridge, Juli Gasque
Dora Bowman
Juli Gasque, Carole Partridge
Carole Partridge, Ray Damron
Juli Gasque
Dora Bowman, Ray Damron
Dora Bowman
Dora Bowman
Ray Damron, Dora Bowman
Ray Damron, Dora Bowman, Terry Jackman
Ray Damron

Employee Appreciation
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Endowment
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Employee Appreciation
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If you want to make a donation to any of our funds (Endowment, Employee Appreciation, or General Fund), please bring cash/check to Pam Engle in the business office. You can make checks out to Westminster Towers, and in the memo section, indicate the fund you are supporting.

