

September 2026 Calendar

The Lifestyle Guide

September Birthdays



Sarah Jefferies Calhoun	9/13
Celeste Fatora	9/15
Jewell Eggleston	9/19
Karen Manson	9/19
Barb Sherbert	9/19
Jane Mahaffey	9/22
Jody FitzGerald	9/28
Cynthia Dekun	9/30



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 Healthy Lower Body - CR 10:00 Democratic Primary 2:00 Joan Sinz Playing Piano In The Lobby 3:00 Residents' Association Quarterly Meeting - HH 3:00 Bingo -HH 6:00 Bible Reading - L 6:30 Hymn Sing -CR	2 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 10:45 Ikea With Lunch In The Café 1:00 Voice Of Experience Choir Practice- CR 1:30 Cardio With Quintin-HH 3:00 Jason Anderson From Hopewell Presbyterian-HH 6:00 Bible Reading - L 6:00 Card Games- CR	3 9:30 Healthy Lower Body - HH 1:30 Strengthening With Q-HH 1:30 Harris Teeter 2:00 Tower Stitches- 513 6:00 Bible Reading - L 6:30 Dominoes - CR	4 10:00 Bush-N-Vine 1:30 Balance/Mobility With Q-HH 3:00 Corn Hole - HH 3:45 Dinner At Drift 6:00 Bible Reading - L	5 1:00 Rummikub - CR 1:30 Rummy - AS 2:00 Movies w/ Ken - MT Failure to Launch 6:00 Bible Reading - L 6:30 BINGO- HH
6 9:00 WPC Service on CH 98 2:00 Board Games - CR 4:00 Vespers - HH 6:00 Bible Reading - L	7 2:00 Activity Committee Mtg 3:00 Pharmacy/Dollar Tree 6:00 Bible Reading - L Labor Day	8 9:30 Healthy Lower Body - HH 1:30 Balance/Mobility With Q-HH 2:00 Joan Sinz Plays Piano-L 3:00 Bingo -HH 6:00 Bible Reading - L 6:30 Hymn Sing -CR	9 9:00 Food Lion & Publix 9:30 Healthy Upper Body - HH 1:00 Voice Of Experience Choir Practice- CR 1:30 Cardio With Quintin-HH 2:00 Freddy Trip-L 3:00 Quilters Open House- Apt 513 3:45 Dinner At The Fish Market 6:00 Bible Reading - L 6:00 Card Games- CR	10 9:30 Healthy Lower Body - HH 1:30 Strengthening With Q-HH 1:30 Harris Teeter 2:00 ARP Bible Study-CR 2:00 Tower Stitches- 513 6:00 Bible Reading - L 6:30 Dominoes - CR	11 8:30 Neighborhood Market 9:45 Hamrick's & Morgans Shoes Followed By Lunch At Jackson's Cafeteria In Gastonia 3:00 Corn Hole - HH 6:00 Bible Reading - L	12 1:00 Rummikub - CR 1:30 Rummy - AS 2:00 Movies w/ Ken - MT Kelly's Heroes 3:00 Patrick Hudson-HH 6:00 Bible Reading - L 6:30 BINGO- HH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 9:00WPC Service on CH 98 2:00Board Games - CR 2:00Ice Cream At Pw's 2:45Catholic Church Service- HH 4:00Vespers - HH 6:00Bible Reading - L	14 9:30Healthy Upper Body - HH 1:30Cardio Drumming - HH 2:00Paint & Chat- AS 3:00Newport Walmart 6:00Bible Reading - L	15 9:30Healthy Lower Body - HH 10:15Lou's Bible Study - HH 1:30Balance/Mobility With Q-HH 2:00Joan Sinz Playing Piano -L 3:00Bingo-HH 3:45Library Bookmobile- L 6:00Bible Reading-L 6:30Hymn Sing-CR	16 9:00Food Lion & Publix 9:30Healthy Upper Body - HH 10:45The Inn Of The Patriots & US Presidential Culinary Museum Lunch At 133 West, Kings Mountain 1:00Voice Of Experience Choir Practice- CR 1:30Cardio With Quintin-HH 3:00Church Service with Jon Oliphant-HH 6:00Bible Reading - L 6:00Card Games-CR	17 9:30Healthy Lower Body - HH 11:00Audiology-CR 11:15Play Wheel of Fortune - MT 1:30Strengthening With Q-HH 1:30Harris Teeter 2:00Tower Stitches- 513 2:15Wellness Snack-L 2:30Food Services Committee Meeting - CR 6:00Bible Reading - L 6:30Dominoes- CR	18 9:30Doughnut Day- CB 3:00Corn Hole - HH 3:45Dinner At Casa Tequila 6:00Bible Reading - L	19 1:00Rummikub - CR 1:30Rummy - AS 2:00Movies w/ Ken - MT Nights in Rodanthe 3:00Music With Bob & Sue Start - HH 6:00Bible Reading - L 6:30BINGO- HH
20 9:00WPC Service on CH 98 2:00Board Games - CR 2:30Rock Hill Music Club- At Grace Lutheran Church 4:00Vespers - HH 6:00Bible Reading - L	21 9:30Healthy Upper Body - HH 1:30Cardio Drumming - HH 2:00Newsletter Committee - 2L 2:00Shellem Cline-HH 3:00Pharmacy/Dollar Tree 6:00Bible Reading - L	22 8:30Basha Tech Help 9:30Healthy Lower Body - HH 1:30Balance/Mobility With Q-HH 2:00Joan Sinz Playing Paino - L 10:15Lou's Bible Study - HH 3:00Bingo-HH 6:00Bible Reading - L 6:30Hymn Sing-CR	23 9:00Food Lion & Publix & BK Nails 9:30Healthy Upper Body - HH 1:00Voice Of Experience Choir Practice- CR 1:30Cardio With Quintin-HH 3:45Dinner At Outback 6:00Bible Reading - L 6:00Card Games - CR	24 9:30Healthy Lower Body - HH 11:15Play Wheel of Fortune - MT 1:30Strengthening With Q-HH 1:30Harris Teeter 2:00Fall Hat Social- HH 2:00Tower Stitches- 513 6:00Bible Reading - L 6:30Dominoes -CR	25 8:30Neighborhood Market 10:00Bush-N-Vine 10:45Lunch At Flipside 2:00Campus Birthday Bash- HH 3:00Corn Hole - HH 6:00Bible Reading - L	26 1:00Rummikub - CR 1:30Rummy - AS 2:00Movies w/ Ken - MT Forever Young 6:00Bible Reading - L 6:30BINGO- HH 7:00Rock Hill Symphony 2026 walk to End Alzheimer's Winthrop Lake
27 9:00WPC Service on CH 98 2:00Board Games - CR 4:00Vespers - HH 6:00Bible Reading - L	28 9:30Healthy Upper Body - HH 11:00Visit Form Midas 1:30Cardio Drumming - HH 3:00Newport Walmart 6:00Bible Reading - L	29 9:30Healthy Lower Body - HH 10:15Lou's Bible Study - HH 1:30Balance/Mobility With Q-HH 2:00Joan Sinz Playing Paino -L 3:00Bingo-HH 3:45Library Bookmobile- L 6:00Bible Reading - L 6:30Hymn Sing-CR	30 9:00Food Lion & Publix 9:30Healthy Upper Body - HH 10:30Brunch At IHOP 1:00Voice Of Experience Choir Practice- CR 1:30Cardio With Quintin-HH 2:00Rock Hill Mural Ride-Around With Gary Williams 6:00Bible Reading - L 6:00Card Games - CR			