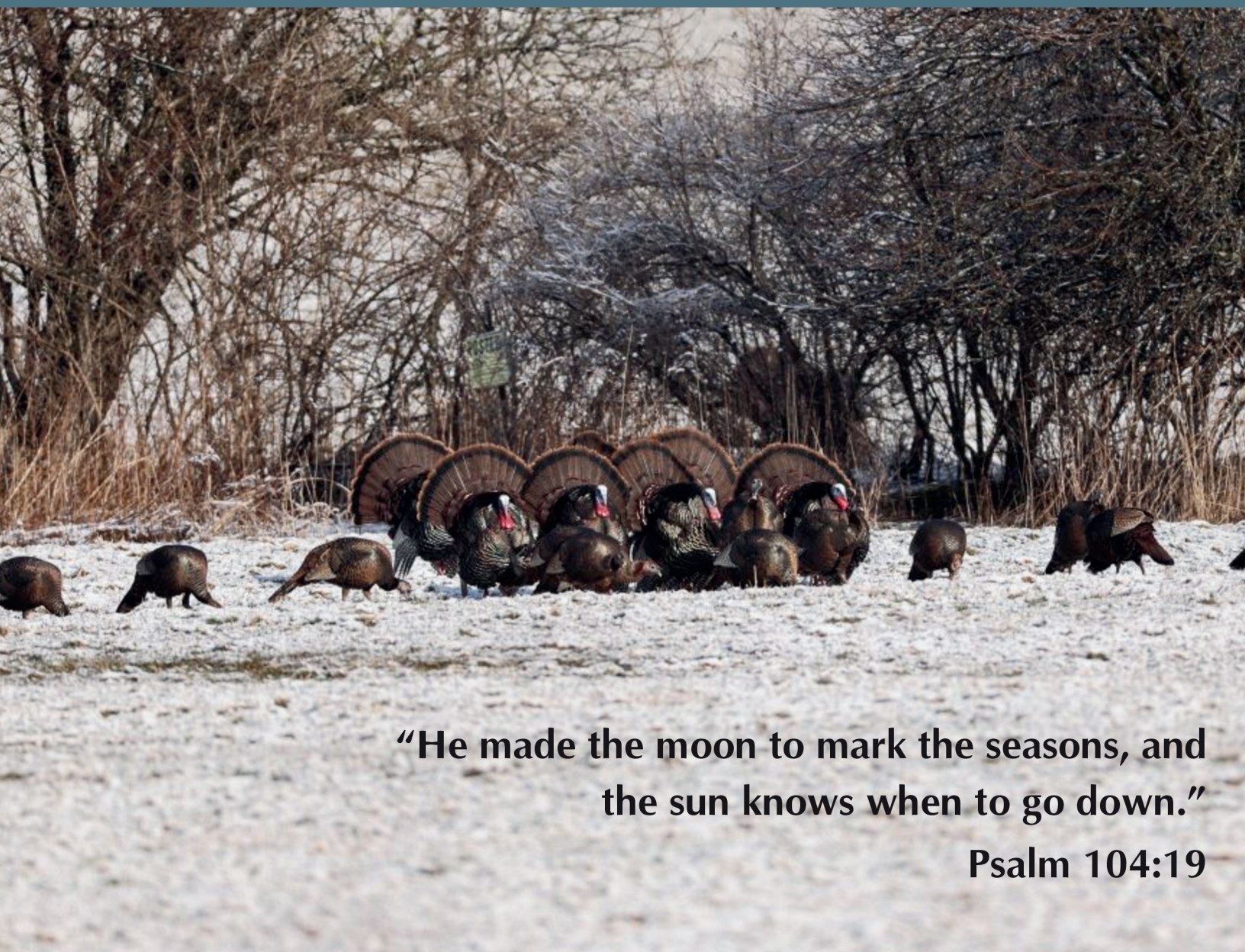
WESTMINSTER TOWERS

Windows

November 2026

Vol. XXXVII No. 11 1330 India Hook Road, Rock Hill, South Carolina 29732
(803) 328-5000



"He made the moon to mark the seasons, and the sun knows when to go down."

Psalm 104:19



November Church Schedule

The 1st and 3rd Wednesdays at 3:00 pm in Heritage Hall

11/4 Jonathan Taylor, Westminster Presbyterian Church

11/18 Rev. Jon Oliphant, First ARP Church of Rock Hill

There will not be a Catholic church service in November.

If you would like to suggest someone to conduct a Wednesday church service, please contact Nancy Anderson, in apartment 214. All Denominations are welcome!

If you would like to submit an article or pictures, please email them to: camifreeman@westminstertowers.org
The deadline for the December '26 edition of Windows is Wednesday, November 11.

Windows
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Vol. XXXVII No. 11

Newsletter Committee Members:
Linda Lenz - Chairman
Alice Airth
Lou Ardrey
Arlene Jenkins Blackwelder
Jody FitzGerald
Charles Ives
Betty Spradley

Grammarian
Jody FitzGerald

Publisher / Editor
Cami Freeman

The next Newsletter Committee Meeting will be on Monday, November 16, 2026, at 2:00 pm, in the 2nd Floor Lounge.

THE IMPORTANCE OF VOTING

by Nancy Anderson, Your Residents' Association President



The United States of America is a republic, but many people believe it is a democracy. What is the difference? In a democracy, each member votes on all matters, and a simple majority wins. That means minority rights can be overridden by only 51 votes. A real abuse of power can happen. Participants vote according to what is right in their own eyes with no overarching guidelines to follow.

In a republic, however, citizens elect representatives who legislate on their behalf. These elected officials must swear to uphold the Constitution and the Bill of Rights, since they are the founding documents and moral guide of the nation, and our rights are protected by them. Ideally, representatives reflect the wishes of the ones who vote them into office, which is why it is important to research the backgrounds and positions of candidates. It is also wise to discover who is funding them, which might reveal more about what they truly believe and how they will vote rather than what they say in their campaign speeches.

During the years we served as missionaries in the Philippines, I never once voted. I could/should have by absentee ballot, but it never seemed important enough for me to go through the process of obtaining one from the US Embassy, researching the issues/candidates from afar (without the internet), voting, and getting it sent in time to be counted. It just didn't seem to matter to me that much while I was living literally on the other side of the world.

Even when we were home on furlough, I didn't vote, as we were never in one place long enough to establish proof of residence, which was needed in those days. It wasn't until we permanently returned to the US that I began to exercise my voting privileges. I now take time to learn about those who are running and prayerfully consider which candidates deserve my support – and then vote!

But voting is more than a privilege – it is a duty, and every vote is important. Stories are told of the difference just one or a handful of votes have made in the outcomes of elections, especially at the local level. I am so grateful that the Westminster Towers bus will take anyone who wants to vote to our local polling venue. Since we have the time to do our research and a way to vote, let's do it! Let's keep our bus driver very busy on election day – but not so busy he doesn't have time to vote himself!



Celebrate with Savanna!

Sunday, Nov. 22

Join the chorus of cheer as we support our own Voices of Experience maestro, Savanna Grigg, at her Senior Recital! It's all happening at Winthrop's Barnes Recital Hall on Sunday, Nov. 22nd. The curtain rises at 2 PM, and our bus rolls out at 1:30 sharp.

Let's give Savanna a standing ovation she'll never forget!

Veterans Day at the Towers

11/11/26

8-9am Breakfast

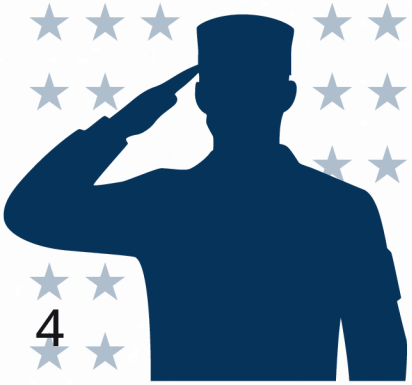
- for all Veterans and spouses of Veterans in the dinning room.

9am Flag Raising Ceremony at the Flagole out Front

- Remembering Veterans who have touched out lives.
- Celebrate: America's history, freedom, and the women and men that fought to keep us free.

9:15 am Veterans Day Presentation featuring All Voices Choir

- Singing patriotic songs in Heritage Hall.



Joyce Mincey UISNR

by Ed FitzGerald



Joyce Mincey UISNR

Generally, when we visualize women and men joining the military service, they are young and in their late teens or early 20's. When Joyce Mincey enlisted in the Navy, she was 34 years old! She had grown up in Chester S.C. and worked locally in various manufacturing operations. A desire to expand her horizons, see the world, and experience new friendships led her to enlist in the U.S. Navy for a 4 year tour. At Boot Camp in Florida, many of her fellow trainees would remark: "Joyce, you are the same age as my mother!" After training, she was assigned to a floating dry dock at the Naval facility in Norfolk, VA. Personnel school followed. She was then assigned to the Base Technical Library. There, she was involved in organizing the massive technical documents such as architectural drawings and construction details on all the ships currently in the fleet. After a year, Joyce was assigned to the Naval base in Naples, Italy. There, she was involved in personnel matters. Finishing her active duty service in Jacksonville, Florida, she transferred to the Naval Reserve as a second class petty officer. Joyce would remain in the Reserves for 20 years, rising to a rank of Master Chief Petty Officer, the highest rank few enlisted sailors can attain.

Returning to Chester, she was assigned to drill one weekend a month at the Reserve Unit in Columbia S.C. Her day job was with several local companies. She joined Homelite manufacturing at Carowinds, and finally retired after 6 years with Belden Wire and Cable Company. She also earned her BS from Montreat College, Charlotte extension. For 20 years, she was active in 5 separate Reserve Units and assigned to a cargo handling battalion. The unit was activated for 8 months during Desert Storm. Finally, fully retired, plans changed when a fall caused a broken hip and recovery time in the Towers Health Center. Joyce is still undergoing extensive therapy and currently resides on the second floor. Welcome aboard Master Chief Mincey!

Meet Your Neighbor

by Arlene Jenkins



Betty Ann "Bee Bee" McGill Westmoreland

Betty Ann "Bee Bee" McGill Westmoreland was born on December 15, 1933, in York County. She attended Bethany Elementary and graduated from Clover High School. After marrying Jack Westmoreland in 1952, she worked at Boshammer Shipping Company and later opened a florist shop, "Petals and Stems." Betty also pursued a career in real estate.

She and Jack were members of the First Presbyterian Church in Clover, where they celebrated their marriage and baptized their children:

- Daughter Debbie (71) is married with two children in Clover.
- Son Frank (70) lives in Myrtle Beach with his wife and three sons.
- Son Douglas (65) resides in Clover with his wife and two daughters.

Betty has seven grandchildren and eleven great-grandchildren. After moving to Westminster Manor for family support, her plans changed due to health issues. She enjoys hobbies like bridge, ball games, and spending time with loved ones, and is known for her friendly, outgoing nature.

Pianist Extraordinaire

by Lou Ardrey

Scott Griffin, a talented pianist from Jacksonville, Florida, showcases his extraordinary musical ability, having played by ear since childhood. His musical journey began early, with lessons starting at age 3½ and a commitment to faith at age four. After graduating from Moody Bible Institute, he served as the pianist and music coordinator at Moody Church in Chicago for eight years, touring internationally and performing notable pieces like Rachmaninoff's Concerto No. 2. Later, he toured as part of the duo "Captivating Keyboards" and moved to Fort Mill to produce radio programs. Now, he connects with local churches and accompanies voice students at Winthrop University, enriching the community with his musical talents. We are indeed fortunate to have such a talented musician to entertain us.



Scott Griffin, Pianist Extraordinaire

Linda Williams invites Towers' residents to a special concert, Wednesday, Nov. 11, at 3:30 pm in Heritage Hall.

NURSE TURNED VETERNARIAN

by NanaycAnderson

During our first term of missionary service in the Philippines, we lived for a time in a small house with a fenced-in yard in Bogo, a town on the northern end of the island of Cebu. We were caring for a beautiful German shepherd dog named Fighter while his family was in the States. Unfortunately, the yard was too small for him, and he was constantly looking for ways to get out and roam the neighborhood.

One day, our gate was inadvertently left open and out he went. He stopped at our neighbors' house where a small pig lived in their back yard tied to a stake with a Y-shaped rope knotted through his ears. Fighter proceeded to bite him on his right hind leg. The dog was barking and the pig was squealing so loudly that we all went outside to see what was happening. Wendell rushed over to try to catch the dog, which proved to be difficult, as the pig frantically ran around and around him, tying up his legs so he couldn't move! Our helper and I stood on our side of the fence and laughed until tears ran down our cheeks at the sight until I realized I needed to rescue Wendell.

When we finally got the dog back into our yard, we discussed with our neighbors what was to be done. They mentioned that if it were just 10 days later, they would slaughter the pig for inasal (roast pig) for their Christmas celebration. But that wouldn't work, as they had no refrigeration to preserve it in the interim. I remembered that I had a container of Sulpha powder somewhere in our house. when I returned with the Sulfa powder, I poured some of it in and squeezed the wound and advised the family to keep the pig under the house (built up on stilts) where it was cleaner and drier so he wouldn't wallow in mud.

Our neighbors never did eat that pig for their Christmas celebration! Amazingly, the wound healed perfectly, and the pig grew up to be very fat and healthy. You can be sure that Fighter never managed to get out of our yard again!

This story is just one example of how situations and circumstances stretch a person on the mission field and create opportunities to make do with what is on hand. Much more difficult decisions – including life and death ones – sometimes had to be made when no one else was around to consult or give advice:.



God is Good

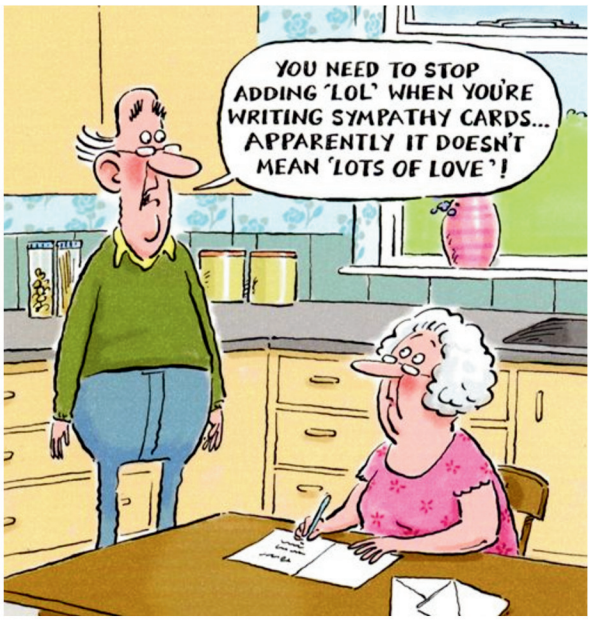
And on the 8th day, God created seniors. Most seniors never get enough exercise. In His wisdom, God decreed that seniors become forgetful so they would have to search for their eyeglasses, keys, and other things, thus doing more walking. And God looked down and saw that it was good.

Then God saw there was another need. In His wisdom, He made seniors lose coordination so they would drop things, requiring them to bend, reach, and stretch more. And God looked down and saw that it was good.

Then God considered the function of bladders and decided seniors would have additional calls of nature, requiring more trips to the bathroom, thus providing more exercise. God looked down and saw that it was good.

So if you find, as you age, you are getting up and down a lot more times, remember it's God's will. It is all in your best interest even though you mutter under your breath.





Nine Important Facts to Remember as We Grow Older

#9 Death is the number 1 killer in the world.

#8 Life is sexually transmitted.

#7 Good health is merely the slowest possible rate at which one can die.

#6 Men have two motivations: hunger and sex, and they can't tell them…apart. If you see a gleam in his eyes, make him a sandwich.

#5 Give a person a fish and you feed them for a day. Teach a person to use the Internet and they won't bother you for weeks, months, maybe they won't bother you for years.

#4 Health nuts are going to feel stupid someday, lying in the hospital, dying of nothing.

#3 All of us could take a lesson from the weather. It pays no attention to criticism.

#2 In the 60's, people took LSD to make the world weird. Now the world is weird, and people take Prozac to make it normal.

#1 Life is like a jar of jalapeno peppers. What you do today may be a burning issue tomorrow.

That is why you always have ice cream for desert.

Submitted by Linda Williams

THANKSGIVING DAY

by Lou Ardrey

Thanksgiving is the special holiday when we pause and give thanks for all the blessings we enjoy and celebrate with loved ones around a table filled with our favorite foods. For many, it's a time to travel to be with family and friends.

When did it start? Why do we observe it?

The Pilgrims celebrated the first Thanksgiving in 1621. Gov. Bradford called them together to celebrate God's goodness in bringing them through the difficulties they encountered after landing at Plymouth, Massachusetts.

President George Washington issued the following proclamation on Oct. 3, 1789: "Whereas it is the duty of all nations to acknowledge the providence of Almighty God, to obey His will, to be grateful for His benefits, and humbly to implore His protection and favor. Whereas, both the houses of congress have, by their joint committee, requested me to recommend to the people of the United States a day of public thanksgiving and prayer, to be observed by acknowledging, with grateful hearts the many and signal favors of Almighty God, especially by affording them an opportunity to peaceably establish a form of government for their safety and happiness. Now, therefore, I do recommend and assign Thursday the 26 th day of November next to be devoted by the people of these States to the service of that great and glorious Being who is the beneficent author of all the good that was, that is or that will be, that we may then all unite in rendering unto Him our sincere and humble thanks."

Then, in 1863 President Abraham Lincoln at the urging of Sara Josepha Hale, proclaimed the last Thursday of November to be " a day of thanksgiving and praise to our beneficent Father." He said "We have been the recipients of the choicest bounties of heaven. We have been preserved these many years in peace and prosperity. We have grown in numbers, wealth and power as no other nation has grown. But we have forgotten God. We have forgotten the gracious hand that preserved us and we have vainly imagined in the deceitfulness of our hearts that all these blessings were produced by some superior wisdom and virtue of our own."

Thanksgiving is a good time to recognize God's blessings….but, actually, every day is a blessing and a time to give thanks.

The Activity Committee will meet on Monday, Nov. 2nd, at 2:00 pm in the 4th floor lounge. Please come and share your suggestions for lunches, dinners, and other fun outings. Hope to see you there!!

Linder Tucker,
Activity Committee
Chairwoman



Antarctica: A Trip to the Bottom of the World

by Milt Jellum

Continued from October 2026 edition of Windows.



Paradise Harbor
This was our first stop in order to let off an injured lady to be air lifted back to Ushuaia. A research station operated by Chile is located here, and it is surrounded by mountains and glaciers. In summer, it is like a small village with a small church, bank, grocery store, hospital, gym, and maintenance buildings.

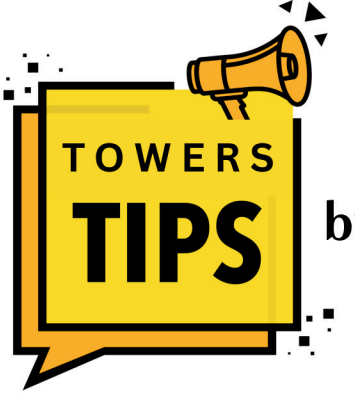
Cuverville Island
Our first stop was to observe a large rookery of Gentoo penguins. It is estimated that there are 7,000 Gentoo pairs living here. There are 18 species of penguins, and the Gentoo is noted by its bright orange bill and a white spot on the head. We were instructed not to pet or touch the penguins, but if we sat on the ground (or ice) the penguins would come and nibble on our rubber pants. Gentoos can swim at a rate up to 22mph.





Port Lockroy
The only post office and the most southern P.O. in Antarctica is located here. Postcards can be stamped and mailed at $1.00 each. They handle 70,000 pieces per year. In addition, there is a small museum where souvenirs can be purchased. There is a Gentoo rookery of 1,500 penguins near the P.O. From Port Lockroy to Petermann Island, we cruised through the 6.8 mile scenic Lemaire Channel also known as Kodak Alley. The Lemaire Channel is a narrow waterway with high mountain cliffs on both sides, and it is one of the top destinations of all of the tour companies.

Antarctica: A Trip to the Bottom of the World by Milt Jellum will continue next month, in the December edition of Windows.



by Ed FitzGerald

- Need a Notary? Contact Pam Engle in CEO office.
- The Towers Alzheimer's Walk generated over $2300. Thank you, Dawn Anderson, for leading the fundraising, and resident support.
- The City Ride Around with Gary Williams focused on the Murals that decorate new and restored buildings in the downtown. There will be another ride around scheduled for residents who wanted to make the tour event. Rock Hill is becoming famous for its murals.
- Once again, the bus to IHOP was full and all enjoyed the special morning breakfast. It is a good outing for residents—fast and economical.
- Congratulations, Joanne Cauthen. You are currently the longest residing resident in independent living! Joanne moved into the Towers in 2013. Gaylon Syrett is the longest residing resident on campus, having moved in during 2012.
- Pop's Café on Ebenezer and Biscuitville are now on the Activities restaurant list. Both are a short ride from the Towers and are reasonably priced.
- Towers management encourages the wearing of resident name tags when out of the living units. Residents who do not wear their tags send a signal of not caring to join the community of retired residents who are creating a new life of friendship and participation in their new home. Wearing your name tag sends the message "That You Are Happy Here". Please wear your tag with pride and respect for our caring residence and staff. Thank You!
- Our new Voices of Experience choir director, Savanna Griggs, will be a featured director at a Barnes Auditorium choral presentation in November. The event is part of her studies at Winthrop University. Watch the activities board for the time and date. Hopefully, there will be a bus signup sheet appearing on the Activities Desk.



The next meeting of the Food Services Committee will be held on Thursday, November 19, at 2:30 pm in the Community Room.
All are welcome to attend and share their thoughts about the meals and services provided by Unidine.



Etta Kett says....

Cell Phones

Common Courtesy

Turn off your cell phone (and screen) in theaters or darkened auditoriums. Put your cell phone away during business transactions (check-out counters, appointment desks, interviews, meetings, etc.) and when you are seated at a dining or restaurant table. (Editor's note: or Bingo!)

Do not block the view of people behind you by holding up a camera or recording device for extended periods of time, especially during presentations of any kind.



Vespers is Moving!

Pastor Lee

Beginning the first Sunday in November (November 1), Vespers is moving from Heritage Hall to the Community Room. We had one Vespers service in the Community Room in October, and those attending felt it was a better location for the evening worship service. It provides a more intimate setting, the singing sounds much better in a smaller space, and we are not all spread out in the Community Room.

If you have never been to Vespers or if it has been a while, please plan to join us on November 1 in our new location. Same time, 4:00 PM, and the service lasts 30-40 minutes. Hope to see you there.



In Loving Memory



Dr. Hartwell Hildebrand

Acknowledging Those Who Donate

In Remembrance/Honor

Jody & Ed FitzGerald	Betty Love's 90th Birthday	Employee Appreciationt
Kimberlee Keener	Eunice Hood Knox	Employee Appreciation
David Martin	Charles & Weltha Martin	Endowment
Ann & Dan Love	Eunice Hood Knox	Employee Appreciation
James Thomason		Endowment
Jim Bright	Dr. Hartwell Hildebrand	Edowment
Julie & David Lawrence	Jody FitzGerald's Birthday	Employee Appreciation
Jody FitzGerlad		Employee Appreciation

If you want to make a donation to any of our funds (Endowment, Employee Appreciation, or General Fund), please bring cash/check to Pam Engle in the business office. You can make checks out to Westminster Towers, and in the memo section, indicate the fund you are supporting.

November Outings

Signup at the Bulletin Board

Tuesday, November 3
7:00 pm Winthrop Collegiate Choir

Wednesday, November 4
10:45 am Lunch at Garden Cafe in York

Thursday, November 5
5:00 pm Shoppes at River's Edge Holiday Open House

Friday, November 6
3:45 pm Dinner at Ray Azteca

Tuesday, November 10
11:45 am Movie Outing to see Drummer Boy

Wednesday, November 11
10:30 am Brunch at Biscutville

Wednesday, November 11
2:00 pm Rock Hill Mural Ride Around wtih Gary Williams

Friday, November 13
3:45 pm Dinner at Bear Walrus

Friday, November 13
6:00 pm Showtime Theatre: Dare To Dream

Sunday, November 15
2:30 pm Rock Hill Music Club, String in the Holiday at the Women's Club of Rock Hill

Tuesday, November 17
10:45 am Lunch at City BBQ

Wednesday, November 18
3:45 pm Dinner at Pier 51

Wednesday, November 18
6:00 pm Winthrop Basketball Game

Friday, November 20
10:45 Lunch at Flipside

Saturday, November 21
10:00 am Yap Ye Iswa Catawba Festival

Sunday, November 22
VofE Choir Director, Savanna Griggs Student Recital

Wednesday, November 25
10:45 am Lunch at Olive Garden

Friday, November 27
9:45 am Shopping at The Plow

Friday, November 27
3:45 Dinner at Ledos

Monday, November 30
3:00 pm Shopping at Target

OCTOBER 2026 MEMORIES

